




# September 2017

## Wadena-Deer Creek Elementary School

This institution is an equal opportunity provider.

\*Menu is subject to change due to availability\*

<p>4</p> 	<p>5</p> <p>snack bread, cracker <u>Fruit, juice, milk</u></p> <p>Chicken nuggets, mashed potatoes, bread, corn, Fruit, Milk</p>	<p>6</p> <p>stuffed bagel, fruit, juice, <u>milk</u></p> <p>Hamburger/bun, baked beans, cole Slaw. Fruit, Milk</p>	<p>7</p> <p>benefit bar, Fruit, juice, milk <u>_____</u></p> <p>Chicken Alfredo, bread, broccoli, Fruit, Veggies, milk</p>	<p>8</p> <p>string cheese, crisps, Fruit, <u>juice, milk</u></p> <p>grilled cheese/tomato soup, Fruit, Veggies, milk</p>
<p>11</p> <p><u>cereal, Fruit, juice, milk</u></p> <p>Chicken patty/bun, baked fries, baked beans, Fruit, Milk</p>	<p>12</p> <p>long john or cinn. roll, Fruit, <u>juice, milk</u></p> <p>Hot ham/cheese/bun, cubed potatoes, carrots, Fruit, Milk</p>	<p>13</p> <p><u>Fred, Fruit, juice, milk</u></p> <p>Fajita, fixings, corn, Fruit, Milk</p>	<p>14</p> <p>yogurt, cracker, Fruit, juice, <u>milk</u></p> <p>Mandarin Chicken/rice, broccoli, Fruit, Veggies, Milk</p>	<p>15</p> <p><u>waffle, Fruit, juice, milk</u></p> <p>Breakfast for lunch, try tators, green beans, Fruit, Milk</p>
<p>18</p> <p><u>cereal, Fruit, juice, milk</u></p> <p>Pizza, broccoli, Fruit, Veggies, Milk</p>	<p>19</p> <p>snack bread, cracker, Fruit, <u>juice, milk</u></p> <p>Corn dog, baked beans, bread, Fruit, Veggies, Milk</p>	<p>20</p> <p><u>cereal bar, Fruit, juice, milk</u></p> <p>BBQ beef/bun, cole slaw, corn, Fruit, Milk</p>	<p>21</p> <p><u>donut, Fruit, juice, milk</u></p> <p>TatorTot hot dish, broccoli, breadstick, Fruit, Veggies, Milk</p>	<p>22</p> <p><u>strudel stick, Fruit, juice, milk</u></p> <p>Italian Dunkers, carrots, Fruit, Veggies, Milk</p>
<p>24</p> <p><u>cereal, Fruit, juice, milk</u></p> <p>Hamburger/bun, tiny whole potatoes, Fruit, Veggies, Milk</p>	<p>25</p> <p><u>pop tart, Fruit, juice, milk</u></p> <p>Nacho's, chips, fixings, baked beans, Fruit, milk</p>	<p>26</p> <p><u>bagel/cream cheese, Fruit, juice, milk</u></p> <p>Mac 'n cheese, green beans, Fruit, veggies, Milk</p>	<p>27</p> <p><u>benefit bar, Fruit, juice, milk</u></p> <p>Chicken tenders, mashed potatoes, bread,, Fruit, Veggies, Milk</p>	<p>28</p> <p><u>Late Start</u></p> <p>Quesadilla, carrots, Fruit, Veggies, milk</p>
<p>2</p> <p><u>cereal, Fruit, juice, milk</u></p> <p>Beef hot dog./bun, baked fries, fruit, Veggies, Milk</p>	<p>3</p> <p><u>long john, or cinnamon roll, Fruit, juice, milk</u></p> <p>Pizza crunchers, baked beans, Fruit, Veggies, Milk</p>	<p>4</p> <p><u>muffin, Fruit, juice, milk</u></p> <p>Turkey gravy, mashed potatoes, green beans, Fruit, Milk</p>		

Milk choice each day: skim, choc. skim & 1%.