



# October 2017

\*Menu is subject to change due to availability\*

## Wadena-Deer Creek Middle/High School

This institution is an equal opportunity provider.

2 Stuffed crust bagel, Fruit, juice, milk <hr/> Beef hot dog/bun, or hamburger/bun, baby baked potatoes, Fresh veggies, fruit choice, milk	3 pancake sausage, Fruit, juice, milk <hr/> Chicken dipper/mac'n cheese, or Lasagna rollups, peas, Fresh veggies, fruit choice, milk	4 cinnamon roll, Fruit, juice, milk <hr/> Taco or Fajita, fixings, baked beans, Fresh veggies, fruit choice, milk	5 Omelet, Fruit, juice, milk <hr/> Turkey gravy, mashed potatoes, or pork chop patty, carrots, Fresh veggies, fruit choice, milk	6 Breakfast pizza, Fruit, juice, milk <hr/> Homemade pizza, broccoli, Fresh veggies, fruit choice, milk
9 egg patty, biscuit, Fruit, juice, milk <hr/> Crunchy chicken tender wrap, or pizza, tiny whole potatoes, Fresh veggies, fruit choice, milk	10 Breakfast burrito, Fruit, juice, milk <hr/> chicken chompers/au gratin potatoes, or max sticks, green beans, Fresh veggies, fruit choice, milk	11 Donut, Fruit, juice, milk <hr/> build a bruger, or chicken patty/bun, baked fries, cole slaw, Fresh veggies, fruit choice, milk	12 Oatmeal/toast, Fruit, juice, milk <hr/> Meatballs, or pork gravy, mashed potatoes, green beans, Fresh veggies, fruit choice, milk	13 waffle, Fruit, juice, milk <hr/> Grilled cheese or corn dog, tomato soup, baked beans, Fresh veggies, fruit choice, milk
16 Dutch waffle, Fruit, juice, milk <hr/> Santa Fe combo or spicy chicken patty/bun, waffle fries, veggies, fruit choice, milk	17 Breakfast bites, Fruit, juice, milk <hr/> Mandarine chicken, rice, carrots, Fresh veggies, fruit choice, milk	18 long john, Fruit, juice, milk <hr/> chicken nuggets, or bratwurst, baked beans, Fresh veggies, fruit choice, milk	19 	20 
23 Stuffed crust bagel, Fruit, juice, milk <hr/> Tatortot hot dish or pizza, broccoli, Fresh veggies, fruit choice, milk	24 Pancake/sausage, Fruit, juice, milk <hr/> Chicken or Beef Nacho's, green beans, Fresh veggies, fruit choice, milk	25 cinnamon roll, Fruit, juice, milk <hr/> popcorn chicken or pizza crunchers, mashed potatoes, corn, Fresh veggies, fruit choice, milk	26 Omelet, juice, milk <hr/> Hot ham/cheese/pretzel bun, or meatball sub, baked beans, Fresh veggies, fruit choice, milk	28 Breakfast pizza, Fruit, juice, milk <hr/> chicken slider/bun or riblet / bun, tater tots, carrots, Fresh veggies, fruit choice, milk
30 Egg patty, biscuit, Fruit, juice, milk pulled pork/bun or Quesadilla, baked beans, Fresh veggies, fruit choice, milk	31 breakfast pizza, Fruit, juice, milk Build a burger or chicken drummies, potato cubes, Fresh veggies, fruit choice, milk	1 donut, Fruit, juice, milk Spaghetti, breadstick or bosco stick, green beans, Fresh veggies, fruit choice, milk	<u>Breakfast Entrées:</u> • Main Entrée, Pop-Tart, Snack Bread, Waffle, Cereal, Cereal Bar, Cheese Stick, Yogurt	<u>Lunch Entrées:</u> • Main Entree • Sub Sandwich • Yogurt Parfait • Pre-made Salad