

Child Support Plan Daily Routine - Sample

Child's Name: C

Date: 8/4/2014

Participants: Teacher A, Teacher B, Teacher C, Site Supervisor, Mom, Inclusion Specialist

Routine	Strategies to be tried
Arrival	<ul style="list-style-type: none"> • Warm Greeting (Hi, how are you? How are you feeling today? I see that you're smiling! It is so good to see you this morning) • Reminders: <ul style="list-style-type: none"> ○ Wash hands/Health check ○ Breakfast ○ Clean up breakfast/Brush teeth ○ Where do you want to play? Who do you want to play with?
Free choice	<ul style="list-style-type: none"> • When there is a conflict <ul style="list-style-type: none"> ○ Speak to all children to clarify what happened ○ Validate what she's feeling ○ Break down the situation – what is everyone feeling and why ○ Offer two solutions and allow her to choose • Clean up <ul style="list-style-type: none"> ○ Say "Its clean up time", avoid telling her what to do ○ Remind her that her friends are helping too ○ Remind her where she was playing
Circle Time	<ul style="list-style-type: none"> • Offer her the chewy • Show her where her mat is • Use movement activities throughout • Give her opportunities to speak/participate/lead • Always acknowledge her when she raises her hand • Remind her to wait till someone else is finished speaking • Remind her to use her indoor voices
Small Group	<ul style="list-style-type: none"> • Offer her the chewy • Give her opportunities to speak/participate/lead • Review steps of activity with visuals "First small group and then you can play at the table" • Use pictures to remind her where to sit
Outdoor time	<ul style="list-style-type: none"> • Heavy work <ul style="list-style-type: none"> ○ Rope on slide to pull up ○ Trapeze from monkey bars ○ Pulling/pushing heavy items (blocks, sand, crates, tug of war) ○ Cardboard boxes • When there is a conflict <ul style="list-style-type: none"> ○ Speak to all children to clarify what happened ○ Validate what she's feeling ○ Break down the situation ○ Offer two solutions and allow her to choose • Allow her to remove her shoes after going inside <i>before</i> lunch
Lunch	<ul style="list-style-type: none"> • Remind her to slow down while eating, you can always have more • "Time to stop eating when you feel full"

Nap Time

- Offer her the chewy
- Use her nap chart
 - Liquid timer
 - Book on tape (only one)
 - Read a book with a teacher
- Offer her 2 blankets and 3 stuffed toys
- Remind her that once the book is finished that you will not be speaking with her/engaging with her – it is time for her to rest her body
- Offer noise-cancelling headphones when it is time to rest
- 1 ticket = staying on her cot for all of nap time
- 2 tickets = falling asleep
- 5 tickets = a prize from the prize box

Progress made: