

## Rainbow Chicken Salad

Serves 4

2 poached chicken breasts, shredded

¼ purple cabbage, shredded

½ cup sundried tomatoes, finely chopped

Handful of parsley, chopped

¼ cup goji berries

½ cup pumpkin seeds

1 full stalk of celery, finely chopped

1 large handful of snow peas, finely sliced

2 large handfuls of spinach/watercress, chopped

1 cup walnuts, roughly chopped

1 small sweet potato, julienned or grated (raw)

Dressing: 1 heaped tablespoon nut butter, 6 tablespoons olive oil, 1 teaspoon Dijon mustard, juice from ½ lemon, 1 teaspoon honey, pinch of salt and pepper.

Combine all of the salad ingredients into a large bowl. Make up the dressing and then pour over the salad.

Vegetarian: Omit the chicken and replace with chickpeas.

