

## Basic Easy Hummus

1 x 400g can chickpeas, rinsed

1 clove garlic

1 tablespoon tahini

Juice of half a lemon

4 tablespoons olive oil

Good pinch of salt and pepper

Dash of water (if needed)



Combine all ingredients apart from the oil in a food processor. Slowly add the oil while the motor is running until a smooth consistency is achieved. Top with olive oil and a pinch of chilli flakes if preferred.