

## Protein balls

Makes approx 20

1 cup cashews

1 cup almond meal

1/2 cup desiccated coconut + extra to roll in

1/2 cup tahini

1 cup dates

1/4 cup maple syrup/rice malt syrup

pinch of salt

Vanilla: Add 1/4 cup vanilla protein powder, 1 teaspoon vanilla essence

Chocolate: Add 1/4 cup vanilla protein powder, 1/4 cup cacao powder

Place all ingredients in a high speed blender/ food processor and blend until combined. Roll into small balls and coat in coconut.

