

Registration Form

MEMBERSHIPS	COST	PAYMENT OPTIONS	
GROUP TRAINING			
Single unlimited weekly	\$55.00 per week	Direct debit (\$110 fortnightly)	<input type="checkbox"/>
10 session pass	\$225	Upfront	<input type="checkbox"/>
20 session pass	\$450 (+ 2 free sessions)	Upfront	<input type="checkbox"/>
FIT Membership	\$35.00 per week	Direct Debit (\$70 fortnightly)	<input type="checkbox"/>
PERSONAL TRAINING			
1-on-1		Upfront - 10 Session Pass	
1 hour session	\$77 per session	\$770	<input type="checkbox"/>
45 minute session	\$66 per session	\$660	<input type="checkbox"/>
30 minute session	\$55 per session	\$550	<input type="checkbox"/>
2-on-1		Upfront - 10 Session Pass	
1 hour session	\$45 per person, per session	\$450	<input type="checkbox"/>
45 minute session	\$40 per person, per session	\$400	<input type="checkbox"/>
30 minute session	\$35 per person, per session	\$350	<input type="checkbox"/>
3-on-1		Upfront - 10 Session Pass	
1 hour session	\$40 per person, per session	\$400	<input type="checkbox"/>
45 minute session	\$35 per person, per session	\$350	<input type="checkbox"/>
30 minute session	\$30 per person, per session	\$300	
<i>Small Private Group training available –contact us for prices.</i>			
TEEN TRAINING			
Teens (age: 13-17)	\$165	Upfront – 10 session pass	<input type="checkbox"/>
MATERNITY FITNESS			
Mums & Bubs - 10 Session Pass	\$150	Upfront – 10 session pass	<input type="checkbox"/>
Mums To Be - 10 Session Pass	\$150	Upfront – 10 session pass	<input type="checkbox"/>

TRAINING & NUTRITION PACKAGES	INCLUDES :	COST :	PAYMENT OPTIONS	
Group Training + Nutrition Pass	10/20 Group training sessions + 2 x nutrition consultations	\$355/\$565	Upfront	<input type="checkbox"/>
Personal Training + Nutrition Pass	10 PT sessions (45 minutes) + 2 x nutrition consultations	\$790	Upfront	<input type="checkbox"/>

Terms & Conditions:

Payments by direct debit (Weekly memberships)

- There is no joining fee for a Weekly Membership.
- There is no minimum term or commitment for a Weekly Membership.
- Direct debits are charged fortnightly on a Monday.
- To cancel a membership we require two weeks' notice before the date of cancellation.
- To suspend a weekly membership we require notice by 12:00pm Sunday before the week/s you wish for the suspension to commence.
- If notice is given for a week's suspension and the week has been paid for in advance, the next debit will be pushed back accordingly.
- Suspensions must be notified via phone call (0439619201) or email (info@thelinkedstudio.com.au) only (no txt messages accepted).
- Suspensions are only granted for full training weeks (Mon – Sun).
- There is no limit to the number of weeks of suspension.
- Direct debits during a closure period at Linked – Training and Nutrition will not be charged.

Focus Groups:

- 24 hours notice is required for cancellations, otherwise the session is forfeited.
- If a session has been paid for in advance but 24hours notice is given for a cancelation, the cost for that session will be applied as credit to the next scheduled payment.
- If one member of the group wishes to cancel a session the arrangement for the others members of the group will be confirmed with the trainer upon registration.

Upfront payments (10/20 session passes)

- Passes have a 6 month expiry from the date of the first session attended.
- Passes are not refundable.
- Passes are transferable to a non-linked member.
- Any free sessions included in the pass will be forfeited if payment is not received within two weeks.

Personal Training

- 24 hours notice is required for cancellations, otherwise the session is forfeited.

Nutrition Programs & Consultations

- Nutrition Programs are non-refundable from the 3rd day of the program onwards.
- Nutrition Consultations must be cancelled with 24 hours notice or a 50% cancellation fee will apply.