

SACY Parent & Family staff work with schools and families to strengthen connections with youth and to support their healthy social, emotional & physical development. SACY is available across the district to collaborate on referrals to community services for families, as well speakers and supports for enhancing parent and family engagement for schools.

Parent Presentations and Resources

Organization	Topic	Contact
Capacity Café	Youth Voices: Parents have the opportunity to hear directly from youth about the stresses and pressures youth face and learn from youth perspectives.	Alexandra Wilson ajwilson@vsb.bc.ca www.vsb.bc.ca/SACY
FamilySmart and Parent in Residence	Mental Health: FamilySmart empowers families and works collaboratively with professionals to meet the mental health needs of families. Parent in Residence may be available to speak	www.familysmart.ca 604-878-3400
Parents Together	Parent Support: A mutual support group for parents to develop skills to end conflict in their homes. A facilitator & parents from the groups are available for presentations / Q & A on surviving some of the challenges of the teen years.	604-325-0556 parentstogether@bgcbc.ca
VCH C.A.R.T.	Child & Adolescent Response Team: A Vancouver Coastal Health child and youth clinician may be available to speak on topics related to youth mental health and parenting. Contact your school counsellor or Blazhena Leigh.	Blazhena Leigh Interim Coordinator Blazhena.Leigh@vch.ca
Richmond Addiction Services	Internet Gaming: Information sessions for parent groups regarding responsible and/or problem gambling awareness.	Clarence Chan Phone: 604-270-9220
Safe Online	Internet Safety: internet 101, cyberbullying, online pornography and social media basics, examples of positive technology use, tips for parenting wired kids.	info@safeonline.ca NOTE: there is a fee for presentation.
BC Problem Gambling	Problem Gambling (& Gaming) Prevention: public education, consultation to professionals, and prevention activities related to problem gambling, including some online gaming presentations.	1-888-795-6111 info@bcresponsiblegambling.ca
VSBC Diversity Mentor	Inclusive Practice: Providing education and support designed to build capacity within schools & individuals with respect to issues of diversity & inclusive practices.	diversity@vsb.bc.ca
Secondary Counsellors	Guidance Counsellor: Talk to your administrator about having a school counsellor come in to talk with parents about supporting youth (especially grade 8 parents) in secondary school, both academically & emotionally.	Your Secondary School Website
Options for Sexual Health (OPT)	Becoming an Askable Adult: for adults who want the skills to be approachable, non-judgmental sources of reliable sexual health information.	www.optionsforsexualhealth.org/education/booking-form

Please contact Alexandra Wilson, SACY Parent Stream Lead at ajwilson@vsb.bc.ca to explore supports available to schools and families of secondary students.

Visit www.vsb.bc.ca/SACY for more information