

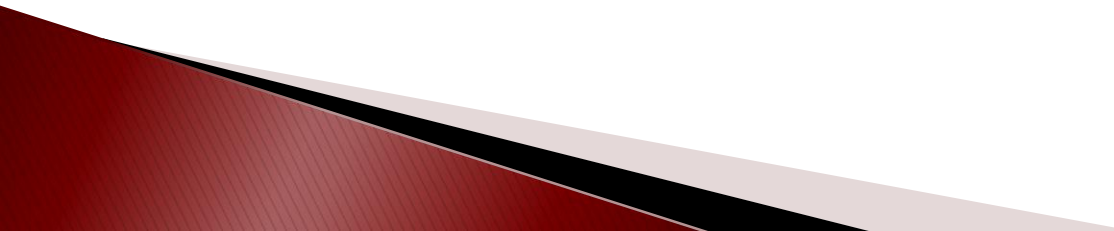


V-Hawk Xtreme

2016 Informational Meeting

OUR PHILOSOPHY

V-Hawk Xtreme has been created to provide an environment where, highly motivated and athletically talented, young athletes can get the training and competition needed to help them excel at the high school and collegiate level.



GOALS

- ▶ The goal of V-Hawk Xtreme is to train and educate young athletes in the sport of volleyball.
- ▶ We are dedicated to the development of each athlete as a player and also as a person, focusing on teamwork, communication, sportsmanship, character, and work ethic.
- ▶ Through high level training, by college coaches, along with high school coaches and college athletes and strong competition we strive to give all seniors an opportunity at obtaining college opportunities.
- ▶ For players still in high school, our goal is to provide top level training which will allow each player to participate successfully on their varsity high school teams.
- ▶ For players in middle school, our goal is to provide top level training which will allow each player to participate at their schools and become a more skilled volleyball player.
- ▶ Our desire is to teach every athlete to be the best player they can be, in a positive, productive environment.

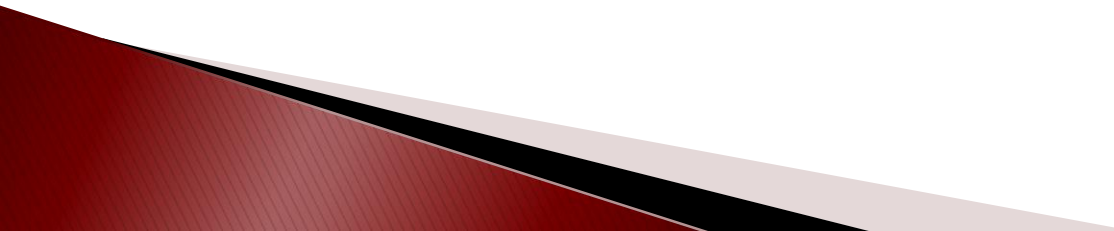
Why V-Hawk Xtreme??

- ▶ Coaching
 - collection of college, high school, and college players
- ▶ We are a club that trains and teaches the game
 - OUR PASSION is coaching the game of volleyball
- ▶ Positive Female Role Models
 - They know the game and are positive females that your daughter can look up to.
- ▶ Quality Schedule
- ▶ Connection to many coaches and colleges

V-Hawk Xtreme in College

- ▶ Erin Kelly (UW-Oshkosh)
- ▶ Morgan Stittleburg (Augustana)
- ▶ Mary Kurish (Northern Illinois Univ.)
- ▶ Hannah Ripp (Viterbo University)
- ▶ Katie Flock (Viterbo University)
- ▶ Jordan Blaken (Viterbo University)
- ▶ Kassie McGettigan (Viterbo University)
- ▶ Jenna Piche (Lawrence)
- ▶ Anna Flock (Cardinal Stritch)
- ▶ Rachel Williams (Goshen College)
- ▶ Erica Willadsen (Viterbo University)
- ▶ Savannah Mayberry (Viterbo University)
- ▶ Alexis Dorschner (Luther College)
- ▶ Julie Steckel (Viterbo University)
- ▶ Katelyn Bjerke (Luther College)
- ▶ Kate Willadsen (Viterbo University)
- ▶ Alicia Tracy (Viterbo University)
- ▶ Michaela Neuzil (Wartburg College)
- ▶ Allison Klug (Viterbo University)
- ▶ Deziree Earney (Western Tech. College)
- ▶ Megan Conley (Lawrence University)
- ▶ **Aubrey Aspen (Viterbo University)**
- ▶ **Hannah Erickson (Viterbo University)**
- ▶ Natasha Swiggum (Madison College)
- ▶ Monica Wherry (Western Tech. College)
- ▶ **Sophie Wilker (Winona State Univ.)**
- ▶ Abby Loken (Madison College)
- ▶ Bri Brueggen (Madison College)
- ▶ Rachel Mazzola (Gustavus College)
- ▶ **Hannah Hoesley (UW-Green Bay)**
- ▶ **Paige Hyer (Viterbo University)**
- ▶ **Breah Drazkowski (Viterbo University)**
- ▶ **Abby Klos (North Dakota State Univ.)**
- ▶ **Bell Sand (Syracuse University)**
- ▶ Jamie Schmitz (UW-Stevens Point)
- ▶ **Erin Roou (St. Mary's Univ., San Antonio)**

OUR STAFF

- ▶ Ryan DeLong– Club Director
 - ▶ Eric Kunick– Assistant Director
 - ▶ Kelly Aspen– Special Assistant
 - ▶ Dave Simon– Specialized Coach
 - ▶ Eric Eade– Website Administrator
- 

LEAD COACHES

- ▶ Ryan DeLong (Viterbo University)
- ▶ Eric Kunick (Viterbo University)
- ▶ Dave Simon (Viterbo University)
- ▶ Jake Kujak (Coulee Christian High School)
- ▶ Brian and Kelly Aspen (Viterbo University)
- ▶ Bri Ebenhoe (Aquinas High School)
- ▶ Amanda Meyer (Viterbo University)
- ▶ Jen Krentz (Viterbo University)
- ▶ Julie Stekel (Viterbo University)
- ▶ Laura Weber (La Crosse Central High School)

What club volleyball looks like..

- ▶ Practices
- ▶ Specialized Coaching Sessions
- ▶ Single Day Tournaments
 - La Crosse, Eau Claire, Wisconsin Dells, Rochester
- ▶ Multiple Day Tournaments
 - Wisconsin Dells, Rochester, Twin Cities, Madison, Milwaukee

PRACTICE STRUCTURE

- ▶ 2 practices a week
 - 1 weekday and 1 weekend
 - Practices can be held on any day of the week
 - Times can vary and will be posted online
- ▶ Locations
 - Viterbo
 - First Lutheran Elementary School
 - Local middle and high schools
- ▶ Practice schedule and tournament schedule is found on website under calendar tab

Tentative Teams by Level

- ▶ 12 (2)
 - ▶ 13 (2)
 - ▶ 14 (3)
 - ▶ 15 (3)
 - ▶ 16 (2)
 - ▶ 17 (2)
 - ▶ 18 (1)
- ▶ The number of teams depends on
 - How many athletes try out
 - ▶ Developmental Opportunity
 - Practice, no tournaments

CLUB STRUCTURE

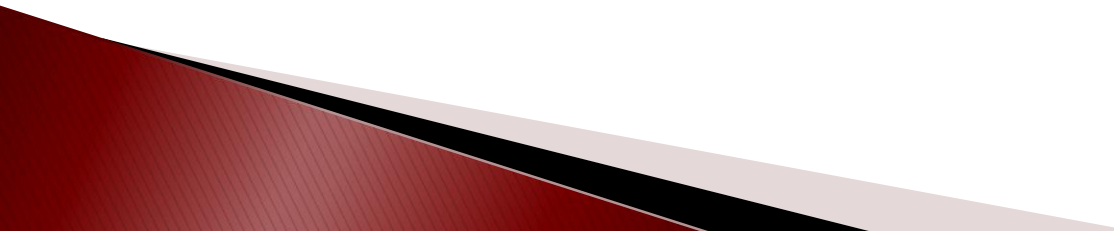
- ▶ 12U
 - 5–6 travel dates
 - Season ends late March
 - ▶ 14–18 Adidas Teams
 - 10–12 travel dates, with at least 3–4 tournaments that are overnight
 - Season ends late March to mid–April
 - ▶ 13s, 14–17 Silver teams
 - 8–9 travel dates, with at least 2 overnight tournaments
 - Season ends late March to early April
-
- Hotel/Travel expenses are not included in our fees

PRICE STRUCTURE

- ▶ 12U
 - \$575.00 per Player (9–11 on team)
- ▶ 14–18 Adidas Teams
 - \$975.00 (9–11 on team)
- ▶ 13s, 14–17 Silver Teams
 - \$750.00 (9–11 on team)
- ▶ Developmental Program
 - \$350.00
- ▶ 13U–18U Player Package (\$175)
 - 2 Adidas Jersey
 - Adidas Spandex
 - Adidas Kneepads
 - 2 Adidas Socks
 - Adidas Travel Gear (top and bottom)
- ▶ 12U Player Package (\$75)
 - Adidas Jersey
 - Adidas Spandex
 - Adidas Kneepads
 - 2 Adidas Socks



What club dues go towards...

- ▶ Coaches
 - Pay, Hotels, Training, Background check
 - ▶ Gym rental
 - ▶ Equipment
 - ▶ Tournament fees
 - ▶ Administrative costs
- 

Fundraisers

- ▶ There is a tab on the web which will have all of the fundraiser information
 - Emails will also be sent out to remind of fundraisers
- ▶ Examples of fundraisers done in past:
 - Coffee, Cookie dough, Birdseed, Serve A Thon
- ▶ All Proceeds go directly back to you
- ▶ Kelly Aspen is your fundraising coordinator

Tryout Dates

14 and Under

- ▶ **October 9th**
 - 12 & 13
 - Check In 10:00am
 - Tryout 10:30–12:00pm
 - 14s
 - Check In 11:30am
 - Tryout 12–1:30pm
- ▶ **Alternative date** (only if unable to attend on 9th)
 - All ages
 - Time TBA

15 and Older

- ▶ **November 13th**
 - 15s
 - Check In 9:45 am
 - Tryout 10:30–12:30pm
 - 16s
 - Check In 12:00–12:45 pm
 - Tryout 12:45–2:45 pm
 - 17/18s
 - Check In 2:15 pm
 - Tryout 3:00–5:00 pm
- ▶ **Alternative date TBA**
 - Time TBA

STEPS FOR TRYOUTS

- ▶ Go to Badger Region volleyball at <http://badgervolleyball.org/register-with-badger-region-usav/>
- ▶ Tryout membership \$10.00
 - Will upgrade once you are offered a spot on a team and accept
 - Then you will pick V-Hawk Xtreme as your club
 - Must BRING Membership Card to tryouts (print out)
- ▶ Fill out Player Medical Release Form Concussion Form
 - <http://badgervolleyball.org/wp-content/uploads/2015/01/ConcussionInfoSigForms.pdf>
 - <http://badgervolleyball.org/wp-content/uploads/2014/09/tbi-conc-parath-agree.pdf>
- ▶ Register for V-Hawk Xtreme Tryouts
 - Online at www.vhawkvolleyball.com by credit card (**Coming soon**)
 - Mail in to Viterbo Volleyball 900 Viterbo Drive La Crosse, WI 54601
 - Bring check or cash to day of tryouts
- ▶ Tryout Fee is \$35.00

All paperwork MUST be brought to tryouts or filled out at tryouts

WHAT TO BRING TO TRYOUTS

2016/17 Medical Release Form

Athlete/Parent Concussion Form

Badger Region membership card from Webpoint

Check or Cash if you haven't registered

When given an offer...

- ▶ 14 and Under
 - Returning V-Hawk Xtreme players Tues. Oct 11th
 - New V-Hawk Xtreme players Thurs. Oct 13th
- ▶ 15 and Older
 - Returning V-Hawk Xtreme players Tues. Nov 15th
 - New V-Hawk Xtreme players Thurs. Nov 17th
- ▶ You can accept your offer right away if you know you want to play for V-Hawk Xtreme
- ▶ Your official acceptance is when you pick V-Hawk Xtreme on Webpoint

CONTACT INFORMATION

- ▶ Ryan DeLong
 - 608-796-3823
 - rpdelong@viterbo.edu
- ▶ Eric Kunick
 - ejkunick@viterbo.edu
- ▶ Club email and website
 - vhawkxtreme@gmail.com
 - www.vhawkvolleyballclub.com