

The Heritage East Herald

Volume XXVI, Issue II October 2016



HEAR's Mission: Heritage East Association of Residents is committed to preserving and enhancing the beauty, safety, and enjoyment of our neighborhood.

Message from the President - It's the Little Things That Add Up

As John Heywood noted in 1562 "Many hands make light work". This is something that we all should remember as we think about what we can do to improve our neighborhood while meeting the many competing needs for our time, energy and interest. We have over 1200 homes in Heritage East, imagine what we can accomplish if each household contributes just a little effort to improving our neighborhood. Things like picking up litter while you are out for a walk, knocking on your neighbor's door to let them know that their garage door is open, volunteering to serve as point of contact for your block for crime prevention outreach, organizing a BBQ block party, or contacting the city to arrange for the installation of new dog waste bag containers. These are just a few examples of the things your neighbors are doing right now to make all of our lives better. The common thing that links all of these contributions is that our neighbors have found something that they can do that interests them and provides satisfaction for having made a contribution.

We have a tremendous group of volunteers in our neighborhood: the members of our Board who meet for a couple of hours each month to keep HEAR moving forward and benefiting from our status as a recognized neighborhood association, our neighbors who have stepped forward to volunteer as points of contact for their blocks, organizers and participants in multiple cleanup activities, and everyone that came out for our National Night Out gathering. While these volunteers have created great outcomes for HEAR, we can do much more - with your help.

We are looking for new Board members to bring new ideas and perspectives to the neighborhood leadership, new volunteers who see something that they would like to do to improve the neighborhood that HEAR as an organization can facilitate, and more participants in our neighborhood events (such as our October 20 general membership meeting at the North Domingo Baca Multi-generational Center). Through all of these contributions large and small each of us can make an incremental improvement in our neighborhood, which when totaled is a vast improvement for all of us.

We have several board members whose terms are coming to an end and we will be electing new board members to take their place. Please consider stepping up to fill one of these positions.

Karl Benedict, HEAR Board President

HEAR General Membership Meeting

HEAR will be holding the next general membership meeting in October. All Heritage East residents are invited and encouraged to attend!!

Date: Thursday October 20, 2016

Time: 7:00-8:00 pm (join us at 6:45 for a meet and greet).

Location: North Domingo Baca Multi-Generational Center, 7521 Carmel Ave NE (west of Wyoming, just north of Paseo del Norte).

Topics/Agenda: Election of new board members.

Guest speaker: Councilor Brad Winter

Aluminum Recycling Report

April/May 2016: 104 lbs., \$49.00
 June 2016: 74 lbs., \$30.53
 July 2016: 142 lbs., \$63.90
 August 2016: 91 lbs., \$39.91

Please save your recyclable aluminum for HEAR's monthly recycling collection every first Saturday of the month from 8:30-11:00 a.m. at Rotary Park (7725 Quintana Dr.). All proceeds benefit HEAR. If you can't make it to the park, call Susan Tackman, HEAR Recycling Chair at 822-8761 to arrange an alternative way to donate your aluminum.

Please note that the recycling company is under new management, and while it can still be recycled, **aluminum foil must now be separated from the aluminum cans.** Thanks for your help with separating the foil and cans prior to bringing them to the park.

Thanks to everyone who participates in our recycling program! -*Susan Tackman*



E-Recycling Event Hosted by Sandia Preparatory School

When: Saturday, November 12th, 9am-12pm

Where: Sandia Preparatory School, 532 Osuna Rd. NE. Truck will be parked in front of the school.

SOLD

Once you make the decision to buy or sell a home, you should call a trusted agent with experience. Dianna has 25+ years' experience and has been trusted by over 150 Heritage East homeowners.

Dianna Johnson

Dianna@JohnsonTeam.com

798-9222



This event is intended to provide the general public the opportunity to safely retire electronics to prevent them from ending up in the landfill. The students learn about protecting the environment and the importance of proper recycling.

Electronics accepted for recycling include:

Computers/Servers/Monitors/Laptops/Printers/ Scanners/Stereos/Copiers/Fax Machines/ Radios/Stereos/Rechargeable batteries/UPS batteries/Phones/Cell Phones/Cords & Wire/ Computer Peripherals/Ink and Toner Cartridges/ Cameras/Computer game assemblies/CD and DVD players.

Items not accepted: TV's, paper or light bulbs.

Fees: No charge for computing devices, except as follows: Hard Drive data destruction - \$5 per hard drive, Printers and Microwaves - \$5, CRT Monitors - \$10.

For more information visit:

ABQRecycling.com or call (505) 990-3732

For The Birds (and Planet Earth)

Fall is really here now after what felt like an early start in August. Many of the plants in the yard did not start to bloom until the really hot spell in July ended and the tardy summer rains started in August. There were hardly any Hummingbirds at the feeder until the Rufous males showed up in August on their way south, attacking any other species attempting to use the sugar water feeder. I saw very few Butterflies or Honey Bees, but there seemed to be a lot more Bumble Bees feeding on the flowers, especially Russian Sage and Purple Nightshade. All in all, a different kind of Summer, but I guess they all are if you look at them closely.

One thing I saw recently which is only the second time since I have lived here is the appearance in the back yard of an albinistic House Finch. It was not a full albino as he or she, though pure white, had enough pigmentation to show a dark eye and no pink as a true albino would have. The bill was yellow instead of dark. Keep an eye out, it may show up in your back yard.

Following are a dozen things listed by the Wildlife Land Trust that you can do in your home and yard to help protect wildlife and their habitats.

- Seek humane solutions when a conflict arises with wildlife in your home or yard.
- Support migratory birds and other wildlife by replacing unused areas of lawn with native trees, shrubs, wildflowers, and grasses that provide food and cover.
- Maintain a bird bath with clean, fresh water to help your backyard birds and migratory birds needing a rest stop.
- Install bat houses-happy bats, fewer bugs.
- Provide wildlife cover and shelter by creating a brush pile with cut or fallen branches.
- Don't allow hunting or trapping on your property.
- Recycle yard waste, but when doing Spring cleanup, leave behind twigs and leaves for nesting birds to use.
- Feed pets indoors, or keep pet food in securely covered containers to reduce temptation for raccoons and skunks.
- Keep cats indoors-for their own safety as well as for the sake of birds and other wildlife.
- Reduce your own energy consumption and help to promote policies to prevent climate change.
- Turn down the heat and put on a sweater-uses less energy and saves you money.

Enjoy our beautiful Southwestern Autumn.

Bob Buttery, Heritage East resident



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 contacted, day or night, at:
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505-515-0067
NIGHT (7pm-7am):
505-712-8721

While we encourage you to send
 an email to HEAR at
hear.newsletter@gmail.com
 about suspicious or criminal
 activity in the neighborhood, this
 should not take the place of
 calling 242-COPS for non
 emergency law enforcement
 issues, and 911 for
 emergencies.



All of us play a role in keeping
 our neighborhood safe!



HEAR is recruiting a new Newsletter Coordinator. This position will become vacant in October 2016. The Association would like to find a volunteer now so we can coordinate the transition before the next issue in March 2017. If you're interested, or want more information, please contact Karl Benedict at hear.president@gmail.com or call 289-3943.



Exclusive Security Service Offer
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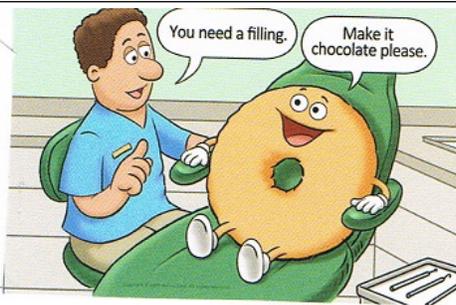
Volunteers Clean Trail

H.E.A.R would like to recognize Janet Aaron for organizing an event to clean up the paved trail that runs east from Ventura, between our neighborhood and the Tanoan gated community. On the east end, the trail links to a trail that continues through the Quintessence neighborhood, all the way to Eubank. The trail also cuts across Ventura to the west, along the edge of Heritage Hills park all the way to Barstow. Janet also took the initiative to contact the City of Albuquerque to arrange for the installation of a poop bag station along the trail and at Rotary Park, and to solicit help from the City's Parks and Recreation Department to participate in the clean up.

On August 27th, Janet and four other volunteers cleared the edges of the path of weeds and shrubs that were growing out over the path. The volunteers are residents of 3 different neighborhoods that border the trail; Jill and Brian Staveley (Quintessence), Sharon McKinney (Heritage East), and Patrick Mullane (Heritage Hills). What a great example of what can be accomplished when people get together to improve the neighborhood. We would also like to acknowledge the City's Parks and Recreation crew members Adolph Armijo, Sean R. Sanchez, and Dominic Lucero for bringing out the equipment and helping to clear the weeds and haul them away.



"Something to smile about."



Linda K. Nichols, D.M.D., P.A.
Cosmetic & Family Dentistry
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Albuquerque, NM 87111

WWW.drLindakaynichols.com
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Phone: (505) 292-3933

Words of Wisdom
Climb the mountains and get their good tidings. Nature's peace will flow into you as sunshine flows into trees. The winds will blow their own freshness into you, and the storms their energy, while cares will drop off like autumn leaves.

John Muir

**Renew or Sign Up For Your
HEAR
Membership Now !**



Through our new online
signup and secure
payment page



<http://hear-online.org/online-membership-form/>

HEAR Treasurers' Report Summary

At the end of August 2016, HEAR's membership stood at 519 households, and the Association had an account balance of \$11,797.84. Deposits for the year equal \$14,645.90, primarily from membership dues, recycling proceeds, and newsletter advertisements. Expenses for the year equal \$12,014.61, primarily for security patrol, newsletter printing and mailing, and beautification efforts.

Jeff Figiel, Treasurer

<http://hear-online.org/online-membership-form/>



Email Updates

HEAR sends out email updates with helpful information regarding things like lost and found animals and items of value, suspicious activity, upcoming events, and notifications of proposals that have a potential to impact our neighborhood. If you wish to receive these updates, please include your email address when you fill out the form to join or renew your membership. If your email address changes after you have sent in your membership form and dues, please contact the Newsletter Coordinator at: hear.newsletter@gmail.com and provide an updated address.



Image Credit: AJ Cano- CC-BY-SA 2.0
<https://iic.krip/cuzxqf>



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National Night Out Celebration

On the evening of August 2nd, HEAR and the Quintessence Neighborhood Association co-hosted a National Night Out event at Quintessence Park. It was attended by over 100 residents who enjoyed the lovely evening and refreshments, and had an opportunity to interact with APD Commander Randy Remiker and the Albuquerque Horse Mounted Police Unit.

The purpose of the event was to bring our neighborhoods together to strengthen our neighborhood spirit and community-police partnerships, get to know each other and make new friends, and continue to expand our neighborhood organization against crime. A big thanks to HEAR Board member Paul Jessen who arranged with APD to have their horse-mounted officers participate in the event. We also wish to thank Quintessence Neighborhood President Gary Stephens and HEAR Board members Brenda McKenna, Juelie Lofton, and Cynthia Benedict for helping to organize the event.



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HEAR Board Members & Committee Chairs

Karl Benedict-President 289-3943
hear.president@gmail.com

Neil Schwartz-Vice President 856-7956

Walter Blood- Secretary

Jeff Figiel-Treasurer 856-0042

Paul Jessen

Gloria Schwartz

Meredith Yost

Brenda McKenna

Dave Allen

Juelie Lofton

Cynthia Benedict-Newsletter Coordinator
hear.newsletter@gmail.com

Susan Tackman- Recycling 822-8761

Del Lindsay-Membership Database



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Time-Sensitive Material. Deliver Promptly.
Postmaster: Please deliver by October 14, 2016



Heritage East Association of Residents (HEAR) Membership Form

If you have already sent in your dues for 2016, **Thank You!**

You may use this form to *renew* your membership or *join for the first time*.

You can also sign-up and pay online at: <http://hear-online.org/online-membership-form>



Last Name(s) _____

First Name(s) _____

HEAR Street Address _____

Physical address in the neighborhood

Newsletter Delivery Preference:

- Paper Copy (via mail)
- Electronic Copy (via provided email)
- Both Paper & Electronic
- None

Email Address _____

For delivery of the Neighborhood Newsletter (if requested) and email updates. Please differentiate between "1" and "0" (zero) and similar letters

Alternative Mailing Address _____

If you would like the Neighborhood Newsletter delivered to a different address than your HEAR Street Address

Phone Number: Home _____ Other _____

Notes or Comments _____

Membership Dues are \$25/calendar year per household. Please make your check or money order out to HEAR and mail it, along with this form to:

HEAR, PO Box 92465, Albuquerque, NM 87199-2465