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Background

- Extravasation is the erroneous delivery of medication into extravascular tissue caused by poor placement/ displacement of a cannula or leakage
- Children are at increased risk of extravasation injuries (EI) & complications
- Early identification and quick management with pharmacological antidotes are critical to minimize tissue damage
- The DIVE study¹ conducted in 2008 at BC Children's and Women's Hospitals (C&W) described:
 - EI incidence of 0.04% per patient day
 - Correct management for 50% of EI
- A protocol to improve the management of EI was developed and implemented
- This study examined how implementation of the extravasation management protocol has impacted the incidence, management and complications of EI at C&W.

Objectives

Primary: Describe the incidence of EI at C&W

Secondary:

- Identify agents most commonly involved with EI
- Describe the circumstance when EI occurred
- Describe the antidotes used in the management of EI
- Describe the incidence, types and severity of complications from EI
- Describe adverse drug effects (ADEs) from antidotes administered

Methods

Design: Retrospective cohort descriptive study

Inclusion:

- Pediatric patients (0 to 19 years inclusive)
- Admitted to C&W from September 2008 to August 2020
- Experienced an EI

Chart Identification: Pharmacy dispensing records for antidotes and Patient Safety & Learning System (PSLS) reports

Extravasation Injury Categorization Definitions:

- Mild: recovered without complication (no follow up required)
- Moderate: required plastics consult/ management, scar or superficial injury
- Severe: requiring long-term follow up for extravasation injury post discharge
- Critical: resulted in loss of limb or life due to extravasation injury
- Unknown: not reported in chart or patient transferred before outcome known

Extravasation Injury Incidence Calculation: Number of extravasation injuries divided by the number of patient days during study period multiplied by 100%

ADEs: Identified from chart review. If identified, Naranjo score was calculated to determine association between ADE and antidote

Statistics: Descriptive statistics

Sample Size: Convenience sample

Results

| Characteristic | Value |
|---|---------------------|
| Median age, years (range) | 0.15 (0.00 – 17.92) |
| Age group, n (%) | |
| • Premature neonate (<37 weeks GA) | 26 (20) |
| • Neonate (37-44 weeks GA) | 28 (21) |
| • Infant (1-12 months) | 33 (25) |
| • Child (1-12 years) | 34 (26) |
| • Adolescent (12-19 years) | 11 (8) |
| Sex, male (%) | 73 (55) |
| Median weight, kg (range) | 4.60 (0.83 – 100) |
| Program area, n (%) | |
| • General Pediatrics | 50 (38) |
| • NICU | 37 (28) |
| • PICU | 36 (27) |
| • Emergency Department | 4 (3) |
| • Surgery | 3 (2) |
| • Oncology | 2 (2) |
| Type of line, n (%) | |
| • Peripheral IV (PIV) | 127 (96) |
| • Vascular Access Device (VAD) | 2 (2) |
| • Peripherally Inserted Central Catheter (PICC) | 1 (1) |
| • Intraosseous access (IO) | 1 (1) |
| • Central Venous Catheter (CVC) | 1 (1) |
| Location of IV access, n (%) | |
| • Hand | 53 (40) |
| • Foot | 45 (34) |
| • Arm | 23 (17) |
| • Scalp | 8 (6) |
| • VAD | 2 (2) |
| • Femoral Line | 1 (1) |

| | |
|--|-------------------|
| Extravasation incidence (% per patient day) | 0.04 |
| Median time to extravasation after line in situ, hours, (range) [n=66] | 27 (0.5 – 134) |
| Median time to treatment after extravasation, hours (range) [n=75] | 1.4 (0.25 – 7.25) |

Figure 1: Circumstance of Medication Extravasation

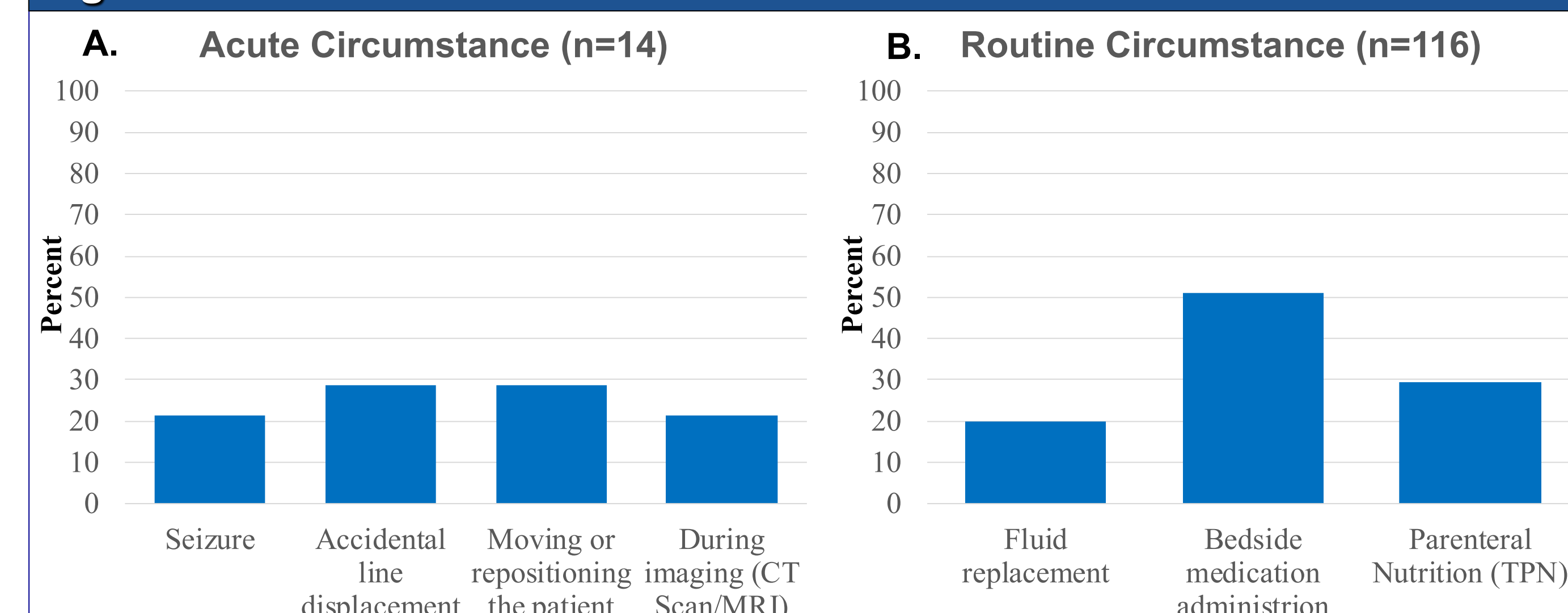


Figure 2: Medications Extravasated (n=149)

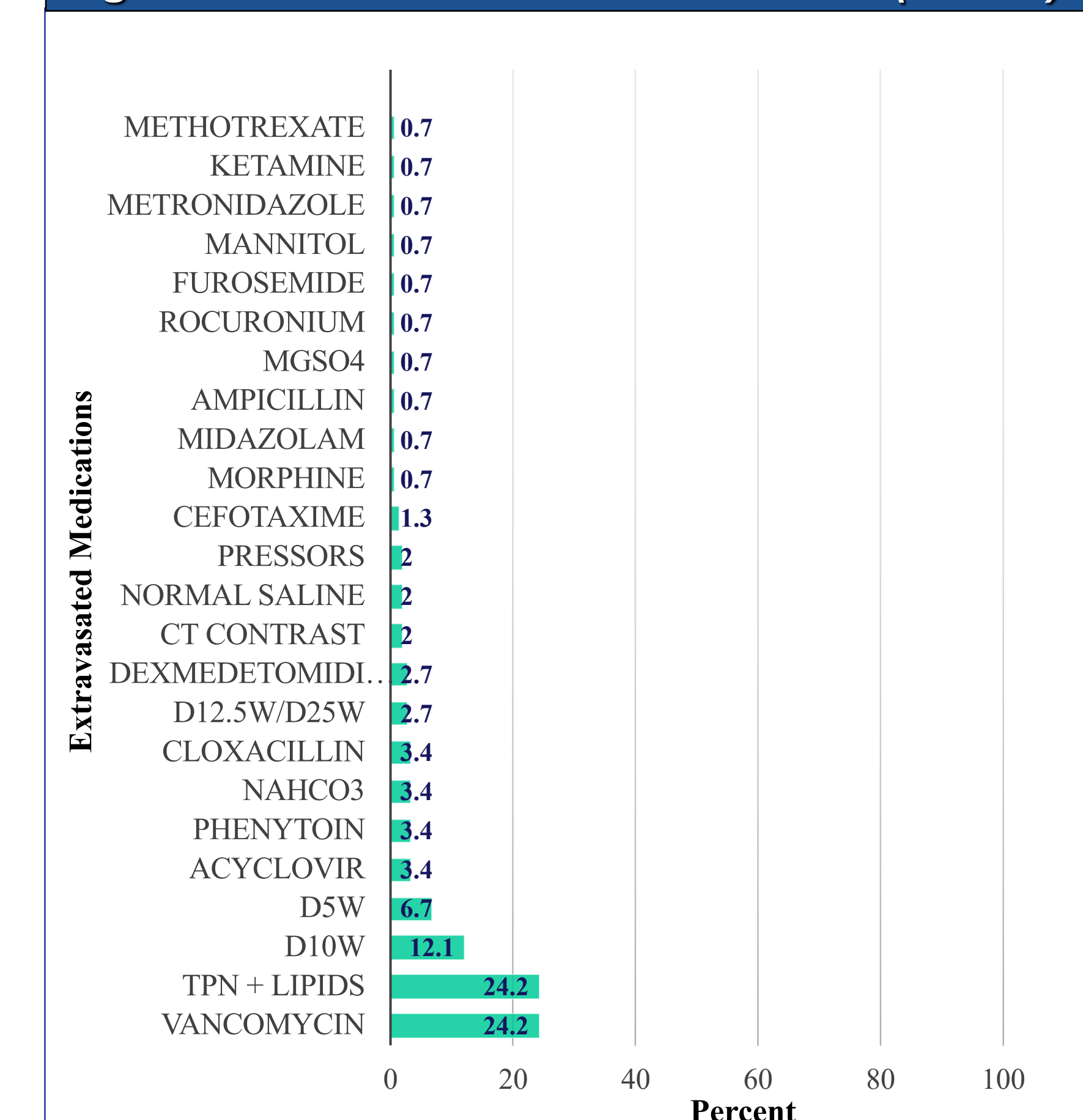


Figure 3: Antidotes (N=132)

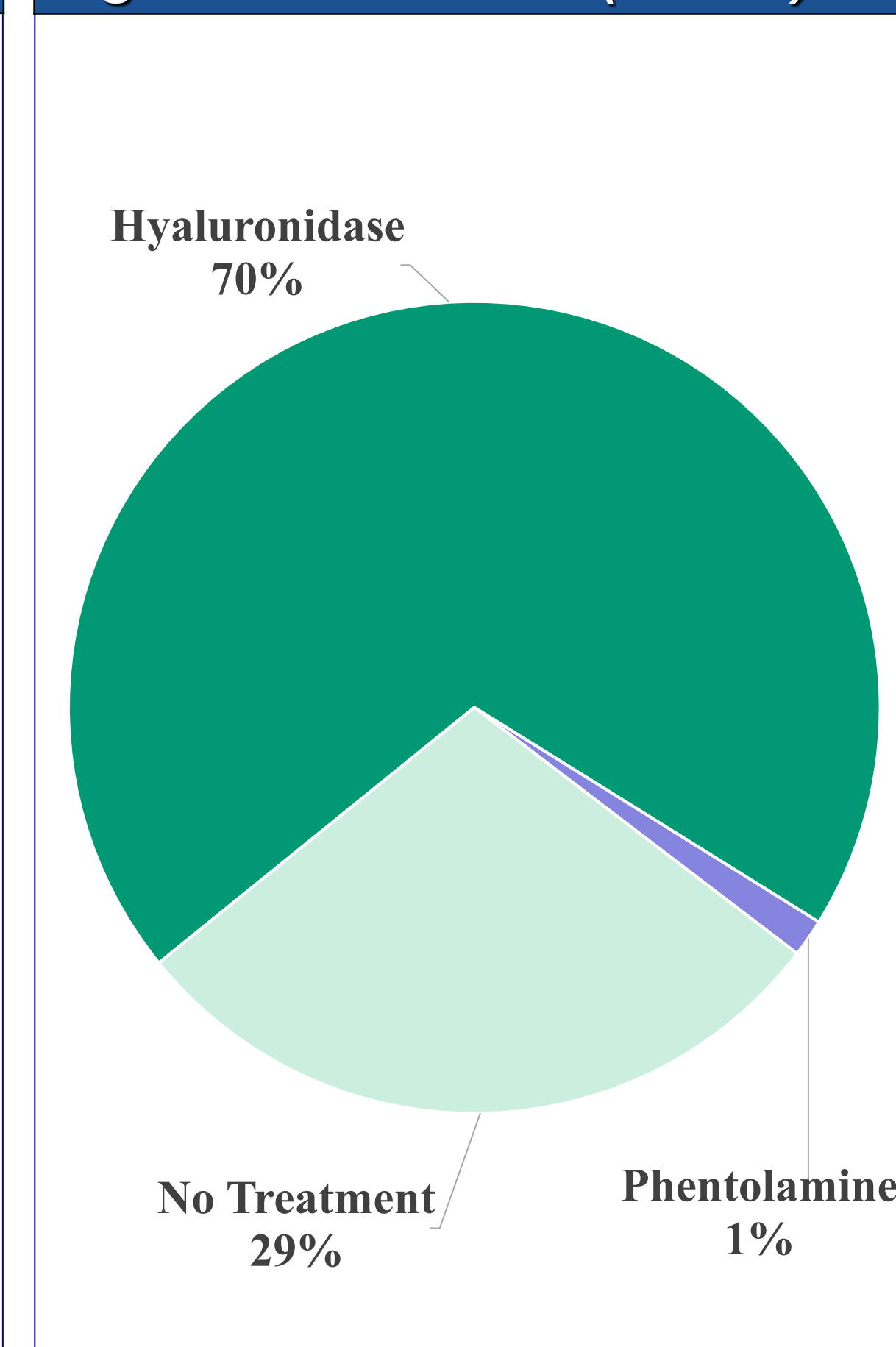
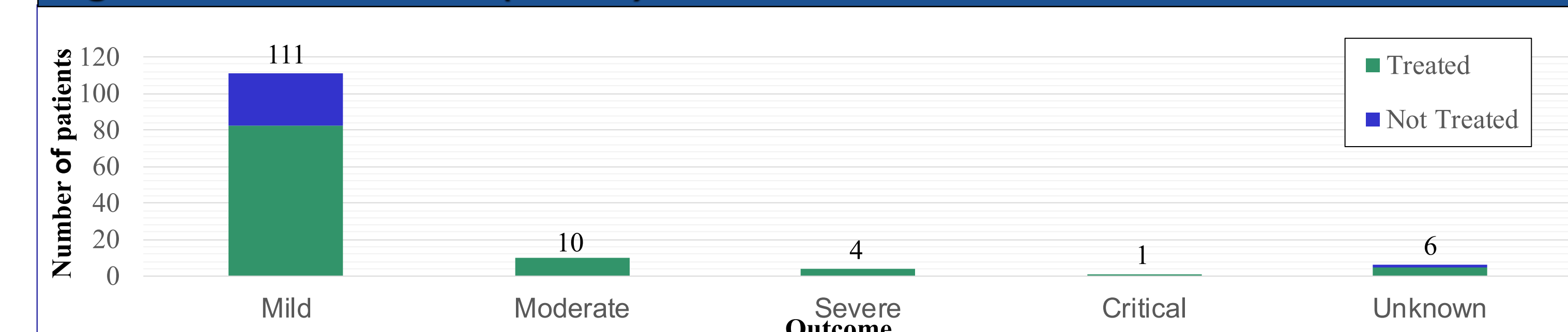


Figure 4: EI Outcomes (N=132)



EI Management & ADEs

- 78% of EI were managed as per institutional protocol
 - All moderate, severe and critical injuries received antidote
- Reasons protocol not followed included physician choice, recommendation against by the plastic surgery service and patient/family refusal
- All antidotes were correctly selected when used
- There were no ADEs to antidotes reported

Limitations

- Extravasation injuries that did not receive an antidote order or those that were not documented in PSLs were not captured
- Inconsistencies in documentation and standardized documentation times

Conclusions

- EI incidence remained unchanged from 2008 study
- Patient characteristics and circumstances were similar to that reported in the literature and the majority of injuries were mild recovering without complication
- Management of EI according to institutional protocol improved (from 50% to 78%)
- Additional studies needed to understand the impact of treatment of EI with antidotes on patient outcomes.