

Caramelised Onions

2-4 brown onions
20g balsamic vinegar
20g brown sugar
20g butter
20g olive oil
Good pinch of salt

Hand slice your onions into 8ths. This will minimise the moisture in the bowl. Place all ingredients into the bowl and cook for **30 minutes at 120° Reverse Speed Soft**. (TM31 use Varoma Temp)

Scrape down the sides and go for another 10 minutes if desired.