

FORTE'S AMERICAN KARATE

1011 MEADOWLANDS DRIVE WHITE BEAR LAKE, MN 55127

EFFECTIVE : FEBRUARY 28TH - MARCH 8TH

651-653-5725

KIDS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WHITE	6:00		6:30	7:00		
GOLD	7:00		6:30	7:00		
GREEN	7:00	6:00		6:30		
PURPLE		6:00	7:00	6:30		
BLUE	6:30		7:00	7:30		
RED		7:00	7:30	6:00		
SPARRING						

ALL BROWN BELTS	7:30	7:30	8:00	8:00		
1ST DEGREE BLACK	7:30	7:30	8:00	8:00		
2ND DEGREE BLACK	7:30	7:30	8:00	8:00		
SUPERKIDS		6:30	6:00			
COMPETITION TEAM						
MASTERS CLASS						

ADULTS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WHITE		8:15	8:45			
GOLD	8:15	7:30	8:00			
GREEN	8:15	7:30	8:00			
PURPLE	8:15	7:30	8:00			
BLUE	7:30	7:30	8:00	8:00		
RED	7:30	7:30	8:00	8:00		
SPARRING						

WWW.FORTESAMERICAN KARATE.COM

FORTESKARATE@ROCKETMAIL.COM