



# 18th ANNUAL DAN CARDILLO MEMORIAL 5K

Sunday, Sept. 11, 2016 | Falmouth HS  
 Registration: 7:30 AM | Start: 9:00 AM

Course records:

Men's – Kirby Davis (2013) 15:27 | Women's – Sheri Piers (2012) 17:49

**SPONSORS:** The Ryan Family / Homestead Mortgage Loans / The Morris Family / The Van Dolsen Family / Earle W. Noyes & Sons / Bath Savings Institution / Becky's Diner / Law Offices of Joe Bornstein / Atlantic Sportswear / Foreside Tavern / Oakhurst Dairy / Skillins Greenhouses / Town Landing Market / Woodlands Homeowners Association / The Town of Falmouth / Bencar General Contractors / Many more to come!

All Proceeds Support:

## THE DANIEL CARDILLO CHARITABLE FUND

Administered by

The Maine Community Foundation

DCCF Has awarded nearly \$200,000 in

scholarships to talented,

compassionate young Mainers

reaching for their dreams in the arts,

athletics, and non-traditional

educational endeavors.

**RACE TIMING:**

Split-Time Race Management

**RACE DIRECTOR:**

Ken Cardillo (646)761-4596 | ken.cardillo@gmail.com

**COST:**

\$20.00 | Pre-registration received by **Sept. 09**

(Free tee-shirt for 1<sup>st</sup> 100 registrants)

**RACE DAY**

\$25.00

**REGISTRATION**

7:30 – 8:30 a.m.

Falmouth High School, 52 Woodville Road

Register online at [www.active.com](http://www.active.com)



**RUNNING AWARDS:**

1<sup>st</sup> / 2<sup>nd</sup> Open Overall | Masters Division | Team  
 Age Groups 14-Under, 15-19, 20-29, 30-39, 40-49,  
 50-59, 60-69, 70+

**COURSE:**

Starts on Woodville Road to Woods Road through the Woodlands, back to Woodville and finishes on the track behind the schools. Awards and refreshments will take place in front of the high school.

Visit [danielcardillo.com/events](http://danielcardillo.com/events) for more information

**DAN CARDILLO MEMORIAL 5K**

**2016**

**Pre-Registration:** \$20.00 by September 9 / \$25.00 Race Day

**Mail form to:** Jonah Cardillo, 185 Hall St. 1518, Brooklyn, NY 11205

Name \_\_\_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Tel \_\_\_\_\_ Team Name \_\_\_\_\_ T-Shirt: S M L XL

(Members must pre-register individually)

I understand that running a road race is a potentially hazardous activity. I further understand that I should not enter the road race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with running this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat or humidity, traffic and conditions of the road, all such risks being understood and appreciated by me. Having read this waiver and understanding these facts, and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf waive and release The Maine Community Foundation, Town of Falmouth, the Woodlands and all sponsors, their representatives and successors from any claims or liabilities or causes of action of any kind arising out of my participation in this event.

Signature \_\_\_\_\_ Date \_\_\_\_\_ Email \_\_\_\_\_

Parent's Name & Signature if under 18 \_\_\_\_\_ **Checks payable to: Daniel Cardillo Charitable Fund**