

Class Descriptions

Class	Ages	Description
Creative Movement	2-3.5 yrs old	An entry level ballet class that involves basic movement skills and vocabulary in a fun and playful way for our youngest dancers.
DancerGarten	2-4 yrs old	DancerGarten is for the young dancers ages 2-4 whose love for learning can hardly keep them sitting still! Teaches the basic building blocks of dance, basic gymnastic skills, and preschool learning concepts such as shapes, numbers and more.
Preballet	3.5-5 yrs old	An entry level ballet class that involves basic ballet skills and ballet vocabulary for our young dancers in a creative atmosphere for their young minds.
Beginning Hip Hop	4-6 yrs old	An entry level hip hop class for our younger dancers that involves basic hip hop movements and skills.
Beginning Ballet	5-8 yrs old	A class for dancers who have 0-4 years of experience. This class teaches dancers ballet vocabulary and class etiquette appropriate for their age and physical development.
Beg. Jazz/Tap Combo	5-8 yrs old	A class for dancers who have 0-4 years of experience. This class teaches dancer basic jazz and tap vocabulary and class etiquette. Half of the class will focus on jazz and half on tap. Dancers will need to change shoes within the classroom. This is a great way to see which style your dancer likes best!
Boys Hip Hop Crews	4-12 yrs old	Just for the boys, this hip hop crew works on hip hop skills and routines. Some performance opportunities may be available to this group.
Girls Hip Hop Crew	6-9 yrs old	Just for the girls, this hip hop crew works on hip hop skills and routines. Some performance opportunities may be available to this group.
Elem/Teen Jazz/Lyrical	10+ yrs old	A class for older dancers who have 0-4 years of experience or have been out of dance for a while. This class will teach jazz vocabulary as well as work with the expressive lyrical style. Jazz technique will primarily taught but the different styles will be worked on through choreography.
Elem/Teen Ballet	10+ yrs old	A class for older dancers who have 0-4 years of experience or have been out of dance for a while. This class will teach ballet vocabulary and etiquette.
Junior Hip Hop	7-10 yrs old	A class for dancers who have 0-4 years of experience. This class will teach hip hop movement from all styles of hip hop.
Hip Hop	11+ yrs old	A class for dancers who have 0-4 years of experience. This class will teach hip hop movement from all styles of hip hop. Any dancer currently in our Hip Hop A or higher classes may enroll.
Stretch & Strengthen	11+ yrs old	This class will work on developing flexibility and strength specifically for dancers. Our goal is increased flexibility, increased mobility and developing the correct muscles needed to prevent injuries in dance. This class will be geared towards serious students and dancers will be challenged.

*Dancers must be placed by the director in all classes not listed above.

**Dancers who danced at A Step Above during the 2017-2018 school year must enroll in the same level. 2018-2019 placements do not take effect until August 2018.

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