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Interim Pastor: Tom Forster-Smith, tomfs@pcsudbury.org

[about us](#) [master calendar](#) [sermons](#) [upcoming events](#) [contact us](#)

THIS WEEK ...

at the Presbyterian Church in Sudbury

As our approaches (and, where did you go?) many of us will be scrolling through our literal or figurative spiritual playlists, thinking about hymns that have been imprinted on heart and soul over a lifetime as we prepare for the July 16th Hymn Sing.

Many of the hymns that come to mind were not first heard in church, but rather while watching a movie in a theater, sitting outdoors at a folk concert...or while listening to A Prairie Home Companion on the radio on a random Saturday afternoon in 2007. Martin Sheen was a guest and sang a capella, roughly but on key and straight from the heart:

"My life flows on in endless song;
Above earth's lamentation,
I hear the sweet, tho' far-off hymn
That hails a new creation..."

"How Can I Keep from Singing" is the hymn and Robert Lowry (American Baptist minister 1826-1899) was the composer. The origin of the lyrics is a bit less clear. One stanza in particular appears in some versions but not in others and over the years has appealed to social activists such as Martin Sheen, Pete Seeger and Bruce Springsteen:

"When tyrants tremble, sick with fear,
And hear their death-knell ringing,
When friends rejoice both far and near,
How can I keep from singing?
In prison cell and dungeon vile,
Our thoughts to them go winging;
When friends by shame are undefiled,
How can I keep from singing?"

Audrey Assad, Eva Cassidy, Victoria Clark and Enya are among those who have recorded versions of this hymn. All of them move me, but ultimately the inspiration comes from the words-- of comfort, courage and strength--rather than the undeniable beauty of those voices.

So...as you reflect on the role that sacred music plays in your life, think also upon Psalm 5:11, and "...let all who take refuge in you rejoice; let them ever sing for joy, and spread your protection over them, that those who love your name may exult in you."

Carol McKenna
Elder





Next Week's Prayers

Morning: I rise this day in the power of your Holy Spirit, O God. I lift up my hands, my heart, and my songs to praise you, O Christ. Be for me today, my Savior, the guardian in my weakness, a friend on my journey, and my aim for all I seek to do. May all who speak to me say, "Peace"; may all to whom I speak hear, "Love." Give visions of Christ in pied beauty around tables of meeting, along paths of dappling shadows, and in the faces of loved ones and strangers. Whether the day is bright or gloomy be my light. Then, when the night begins to fall, bid me home-be my home, that I may find my rest in you, O Three in One. Amen.

Evening:

Be my light, O Creator of light, as evening comes to my home and to me. Let me see your name written in sparkling stars, glowing planets, dancing cosmic wind. Let me hear you pass gently in the cool of the night's breeze, on the wings of the night-flying creatures. And if there are to be storms this night, so that I shall not see the sky, and a gale howls with fearful threats, let me still put my trust in you, rest in you. Or, because there is a need in the world, rise up as you give me strength to bear witness with heart and hands to the world's true light, in whose name I pray. Amen.



Update on Jim Fraser and Thank You

This is just an update on the progress of Jim's healing after the accident where he broke his kneecap and had surgery to repair it. At the Dr. appt. Friday he was given a smaller and more comfortable stabilizer for his knee. This week he resumes his outpatient PT for his shoulder for which he had surgery Mar. 30. He will also start PT for his injured leg. So he is healing well, for which we are grateful. The unfortunate news is that we won't be able to attend The Carmel Bach Festival in CA in July. This would be our 40th year to attend, and we will miss it a lot.

Thanks to all of you for your cards, e-mails, prayers and good wishes throughout this ordeal. Hopefully, we will soon be able to resume some of our regular activities. We miss all of you!

Salvation Army Miracle Kitchen Friday, July 14, 6:00 pm



Miracle Kitchen this Friday, July 14 at 6:00pm. Volunteers are needed to make casseroles and serve dinner at the Salvation Army Center in Framingham. Sign-up sheets and this month's recipe are posted on the Mission / Outreach & Service bulletin board outside the sanctuary. The recipe can also be accessed through this link. If you are unable to help serve but would like to contribute to the meal, please bring your casserole to PCIS before 2:00 pm next Friday and leave it in the refrigerator. As a reminder, this will be the only meal of the day for our large group of guests. Contact Dottie Keene at 508-245-6659 or dottiekeene@gmail.com if you have questions. Thank you, in advance, for participating in this important ministry!

Make a
Joyful
noise
Unto The
Lord!

Hymn Sing and Picnic Sunday, July 16

Join us during worship Sunday, July 16 to experience an old fashioned Hymn Sing and then enjoy a wonderful summer picnic. If you have a favorite hymn you would like to sing that day, it's simple. Submit your favorite hymns from the new purple or older blue hymnal to Peggy, pcsudbury@pcsudbury.org by July 5. Matthew Guerrieri will select 12-15 hymns. We will sing two verses of each selection. If you are one of the lucky ones selected, you will be asked to stand and briefly say why this hymn is important to you. If you know of some history of the hymn, please include that in your message.

Following the Hymn Sing, a hot dog picnic which will include homemade cole slaw, potato salad and an ice cream sundae bar will follow.

Concord River Cruise

Tentatively scheduled for August 6, the 18 passenger pontoon craft will depart the Concord



River dock at 12 noon for a one hour and 15 minute cruise. Meal included. About \$40pp but details to follow soon.

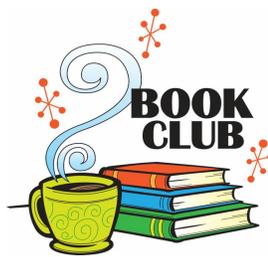


Men's Monthly Breakfast and Bible Study

Calling all Men! The Mens' Monthly Breakfast and Bible Study meets 6:30-8 AM the second Friday of the month. This is a great opportunity to feed both body and soul and "sit at meat" with Tom Forster-Smith, our interim minister, who will also be our resident Biblical scholar. Plan to attend either as a regular, getting back into the habit, or a first timer. All are welcome! The next meeting will be August 4.



PCIS Book Group



The Book Club will break for July and August, and reconvene in September.

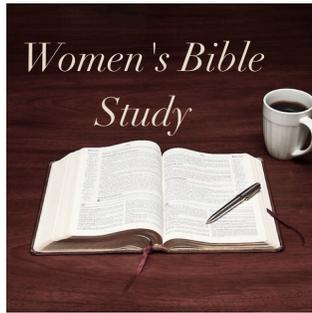
Here is the tentative schedule:

Sept 29: A Tree Grows in Brooklyn (classic) by Betty Smith; Aline Rober, leader
Oct 27: Good Omens (humor) by Terry Pratchett and Neil Gaiman; Catherine Crow, leader
Dec 1 or 8 (depending on Women's Christmas Party): A Christmas Carol (classic) by Charles Dickens; who wants to lead?
Jan 26, 2018: Misquoting Jesus: The Story of Who Changed the Bible and Why (non-fiction) by Bart D. Herman; Linda Smith, leader.

Compassionate Knitting

Compassionate Knitting will meet Tuesday, July 11 at 7:00 pm in the Chapel. Knitters of any skill level are welcome--in fact, if you don't knit and would like to learn, patient teachers are always on hand. Beautiful yarn and needles have been donated, so bring your willing spirit and join us for an evening of knitting and conversation. Questions? Email Rose at rosedeboer@gmail.com.





Wednesday Women's Bible Study

Wednesday Women's Bible Study will resume meeting in September - watch for the date.

If you are an amateur artist, or would like to become one, consider coming to the Artists Group, which meets most Mondays from 7:00-9:00pm (check the calendar below or at www.pcsudbury.org for updates). Contact the church office for more information or just join us!



VOLUNTEERS NEEDED!



Coffee Fellowship

Summer is here -- And we need volunteers! Feeling lighter in step, enjoying that summer freedom? What a perfect opportunity to join friends and meet new ones while enjoying a cup of coffee. The sign-up sheet is in Fellowship Hall with a full set of guidelines posted below. And, we need a little more spring dance on that sign-up sheet! Please fill

the "empty" slots with all your newfound spring energy. Open Sundays are: July 23 and 30, August 6 and 13. For questions, please contact Megan Hollembaek (chefnutmeg_25@hotmail.com).



YOUTH MINISTRY

JULY 15 - 22

CORNER

High School Cafe, Middle School Sunday School & High School Youth Group will not meet Memorial Day through Labor Day. All three will reconvene on Sunday, September 17!

Our next Middle School YouthServe Day is July 14 from 4:30pm-7:30pm!

Our middle school students & youth leaders will serve at the Salvation Army's Miracle Kitchen in Framingham. We will meet at PCIS at 4:30pm & return to PCIS at 7:30pm. We will stop for dessert on the way home, so please bring a few dollars for food.

Maine Mission Trip, July 15-22! Our high school & college students will be joining many of our adult members & friends as we journey again to Maine to serve our friends in around the Farmington community who are in need of a helping hand. We'll be staying on the UMaine-Farmington campus for the week and serving at various sites throughout the area.

High School Summer Cookouts!

Our high school students will be getting together a couple of times this summer to hang out & cook out at the homes of willing & brave PCIS families who will be hosting our students & youth leaders. Dates & times are TBD!

Calendar for the Week of July 2, 2017

(PCIS events only, outside events listed on master calendar on church website)

Sunday, July 2

10:00 am Worship

11:00 am Refreshments & Fellowship

Monday, July 3

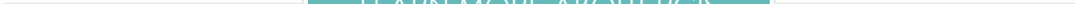
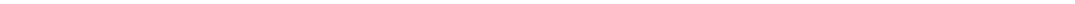
7:00 pm Artist Group

Sunday, July 9

10:00 am Worship

11:00 am Refreshments & Fellowship

CHURCH OFFICE is open Tuesday through Friday from 9:00 am to 2:00 pm. Contact email: pcsudbury@pcsudbury.org, phone: 978-443-9151 x10.



LEARN MORE ABOUT PCIS

Stay Connected



Richard E. Otty, Interim Pastor
Matthew Crane, Director of Christian Education
Matthew Guerrieri, Director of Music

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