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Interim Pastor: Tom Forster-Smith, tomfs@pcsudbury.org

[about us](#) [master calendar](#) [sermons](#) [upcoming events](#) [contact us](#)

THIS WEEK ...
at the Presbyterian Church in Sudbury

Fifth Sunday after Pentecost, July 9, 2017

Rev. Tom Forster-Smith will preach on "Finding Rest for Your Soul," using the poetic scriptural passage from Song of Solomon 2:8-13, which admonishes the hearer to "arise... and come away." Too often in this driven American culture of ours we neglect to take the time to create space in our lives to restore our souls by getting in touch God's Spirit in the natural world all around us. Summertime is the perfect time to make a conscious effort to do so!

Summer Preaching Schedule

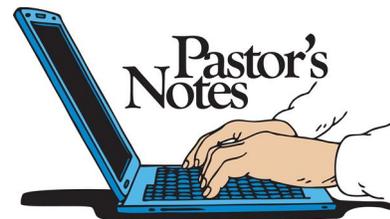
In planning for this summer's worship, we are inviting a variety of guest preachers and speakers to stimulate our spiritual journeys. We will also have a hymn sing Sunday in July. Our part-time interim pastor, Tom Forster-Smith, will preach two Sundays per month during the summer, and those guests named below will lead our worship on the other Sundays. Please also note that in July, August, and September, our Communion will be celebrated on the second Sunday of the month, rather than the norm of the first Sunday.

July 16	Hymn Sing
July 23	Christiane Dutton, Honorably Retired Clergy
July 30	Tom Forster-Smith
August 6	Judy Mongiardo, Family Promise
August 13	(Communion Sunday) Tom Forster Smith
August 20	Guest
August 27	Tom Forster-Smith

Be sure to check the weekly bulletin or our [website](#) and the [master calendar](#) for additional news about [study groups](#), [upcoming events](#) and [updates](#).

Dear Friends,

July is a great time of year in this part of the world, a time to get away from the routine of our lives and re-create ourselves spiritually. Sometimes it takes changing our common pathways to see the world differently and to renew our sense of gratefulness and praise.



If you're like me, whenever I travel up to Maine, as I cross the Piscataqua River bridge on I-95 at Kittery, I begin to breath easier. The air seems fresher, the pace slower. In fact, I always count on seeing the big blue sign,

"Welcome to Maine, the Way Life Ought to Be"(or something close to that). At one level Maine bills itself as Vacationland, and rightfully so. Tourism is its biggest source of revenue, and it's what infuses its economy with liquid resources. Yet at another level, as any of you who have gone on the PCIS mission trips to Mission At the Eastward (M.A.T.E.) in former years know, there's a whole different Maine than meets the eyes of the tourists barreling up the Maine Turnpike who usually stick close to the coast. There's rural Maine, the northern extension of Appalachia, much of which languishes in poverty in the midst of the forests and natural beauty surrounding it on all sides.

This month PCIS is fielding a team of about 35 eager missionaries who will be traveling together July 15-22 to M.A.T.E. to work together with residents of impoverished communities in the mountains of western Maine to help build and refurbish housing. It's an opportunity to offer Christian love in tangible ways to those people who will be helped, but it's also an opportunity to grow in understanding of the human community and the economic inequities that lead to the imbalance of poverty and wealth.

Our thoughts and prayers will be with the people of M.A.T.E. and with our members who travel there. May the time be a time of spiritual renewal as well as a time to grow and learn what it means to be a disciple of Jesus Christ in today's world.

Safe travels!

Rev. Tom



Next Week's Prayers

Morning: Loving God, I receive this new day as a gift from you. Help me to see signs today of your compassion, which is over all that you have made. Please keep me mindful to watch for ways today in which I can ease others'

Please keep me mindful to watch for ways today in which I can ease others' burdens and give them rest, in Jesus' name. Amen.

Evening: Caring God, thank you for my journey through this day. Whatever conflict I may feel within about what I did and did not do I give to you to carry for me now, and I let you give me rest. Amen.

Salvation Army Miracle Kitchen Next Friday, July 14, 6:00 pm



Miracle Kitchen next Friday, July 14 at 6:00pm. Volunteers are needed to make casseroles and serve dinner at the Salvation Army Center in Framingham. Sign-up sheets and this month's recipe Spanish Rice Casserole are posted on the Mission / Outreach & Service bulletin board outside the sanctuary. If you are unable to help serve but would like to contribute to the meal, please bring your casserole to PCIS before 2:00 pm next Friday and leave it in the refrigerator. As a reminder, this will be the only meal of the day for our large group of guests. Contact Dottie Keene at 508-245-6659 or dottiekeene@gmail.com if you have questions. Thank you, in advance, for participating in this important ministry!

For the recipe, please click [here](#).

MATE Mission Trip Baked Goodies

The MATE Mission Team would love to have some home-made goodies for our trip to Maine! If you would like to make us a treat, please leave it in the church kitchen and label them for the MATE Mission Team. Please bring your donations to the church any time between now and July 16. Although the dates of this mission trip are July 15-22, some people will be going to Maine after the service on July 16.



Hymn Sing and Picnic Sunday, July 16

Join us during worship Sunday, July 16 to experience an old fashioned Hymn Sing and then enjoy a wonderful

Love! summer picnic. Following the Hymn Sing, a hot dog picnic which will include homemade cole slaw, potato salad and an ice cream sundae bar will follow.

Concord River Cruise

Tentatively scheduled for August 6, the 18 passenger pontoon craft will depart the Concord River dock at 12 noon for a one hour and 15 minute cruise. Meal included. About \$40pp but details to follow soon.

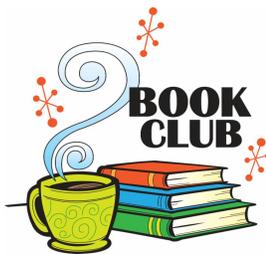


Men's Monthly Breakfast and Bible Study

Calling all Men! The Mens' Monthly Breakfast and Bible Study meets 6:30-8 AM the second Friday of the month. This is a great opportunity to feed both body and soul and "sit at meat" with Tom Forster-Smith, our interim minister, who will also be our resident Biblical scholar. Plan to attend either as a regular, getting back into the habit, or a first timer. All are welcome! The next meeting will be August 4.



PCIS Book Group



The Book Club will break for July and August, and reconvene in September.

Here is the tentative schedule:

Sept 29: A Tree Grows in Brooklyn (classic) by Betty

Smith; Aline Rober, leader

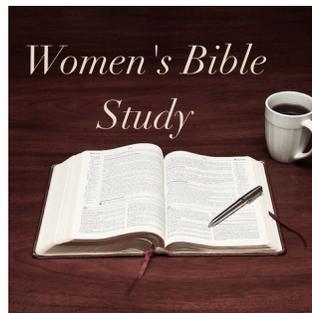
Oct 27: Good Omens (humor) by Terry Pratchett and Neil Gaiman; Catherine Crow, leader

Dec 1 or 8 (depending on Women's Christmas Party): A Christmas Carol (classic) by Charles Dickens; who wants to lead?

Jan 26, 2018: Misquoting Jesus: The Story of Who Changed the Bible and Why (non-fiction) by Bart D. Herman; Linda Smith, leader.

Compassionate Knitting

Compassionate Knitting will meet this Tuesday, July 11 at 7:00 pm in the Chapel. Knitters of any skill level are welcome--in fact, if you don't knit and would like to learn, patient teachers are always on hand. Beautiful yarn and needles have been donated, so bring your willing spirit and join us for an evening of knitting and conversation. Questions? Email Rose at rosedeboer@gmail.com.



Wednesday Women's Bible Study

Wednesday Women's Bible Study will resume meeting in September - watch for the date.

If you are an amateur artist, or would like to become one, consider coming to the Artists Group, which meets most Mondays from 7:00-9:00pm (check the calendar below or at www.pcsudbury.org for updates). Contact the church office for more information or just join us!



VOLUNTEERS NEEDED!



Coffee Fellowship

Summer is here -- And we need volunteers! Feeling lighter in step, enjoying that summer freedom? What a perfect opportunity to join friends and meet new ones while enjoying a cup of coffee. The sign-up sheet is in Fellowship Hall with a full set of guidelines posted below. And, we need a little more spring dance on that sign-up sheet! Please fill the "empty" slots with all your newfound spring energy. Open Sundays are: July 23 and 30. August 6 and 13. For questions, please contact Megan

Hollembaek (chefnutmeg_25@hotmail.com).



YOUTH MINISTRY CORNER

High School Cafe, Middle School Sunday School & High School Youth Group will not meet Memorial Day through Labor Day. All three will reconvene on Sunday, September 17!

Our next Middle School YouthServe Day is next Friday, July 14, from 4:30 pm-7:30pm! Our middle school students & youth leaders will serve at the Salvation Army's Miracle Kitchen in Framingham. We will meet at PCIS at 4:30pm & return to PCIS at 7:30pm. We will stop for dessert on the way home, so please bring a few dollars for food.

Maine Mission Trip, July 15-22! Our high school & college students will be joining many of our adult members & friends as we journey again to Maine to serve our friends in around the Farmington community who are in need of a helping hand. We'll be staying on the UMaine-Farmington campus for the week and serving at various sites throughout the area.

High School Summer Cookouts! Our high school students will be getting together a couple of times this summer to hang out & cook out at the homes of willing & brave PCIS families who will be hosting our students & youth leaders. Dates & times are TBD!

Calendar for the Week of July 9, 2017

(PCIS events only, outside events listed on master calendar on church website)

Sunday, July 9

10:00 am Worship - Communion

11:00 am Refreshments & Fellowship

Monday, July 10

7:00 pm Artist Group
7:00 pm Pastor Nominating Committee

Tuesday, July 11

7:00 pm Compassionate Knitting

Friday, July 14

4:30 pm Middle School YouthServe - Miracle Kitchen
6:00 pm Salvation Army Miracle Kitchen

Saturday, July 15

Maine Mission Trip Begins

Sunday, July 16

10:00 am Worship - Hymn Sing
11:00 am All Church Picnic
1:00 pm Worship at Wingate

CHURCH OFFICE is open Tuesday through Friday from 9:00 am to 2:00 pm. Contact email: pcsudbury@pcsudbury.org, phone: 978-443-9151 x10.

LEARN MORE ABOUT PCIS

Stay Connected



Richard E. Otty, Interim Pastor
Matthew Crane, Director of Christian Education
Matthew Guerrieri, Director of Music

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