

The Allison — One sandwich

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You will need:

- Two slices of multigrain bread (I recommend sunflower bread)
- Raspberry jam (preferably with seeds)
- Sliced brie cheese
- Two eggs
- Microgreens (I love using a mixture of sprouts)

Steps:

1. Toast the bread.
2. Meanwhile, cook the eggs however you prefer. (I love mine scrambled and fluffy.)
3. When the bread is toasted, spread the jam on one side and lay the brie on the other. Place the eggs on top of the brie, pile the sprouts on top of the eggs, and then put the jammy toast on top. Serve immediately.