



iOX

User Manual

# QUICK START GUIDE



Download the iOX app from the App Store or Google Play.



Connect the iOX to your device.

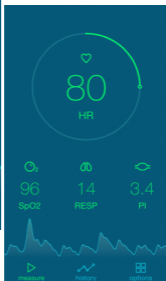
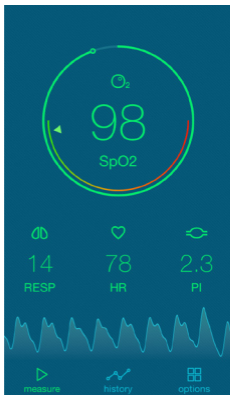


Insert your finger into the iOX. Make sure your finger is positioned properly.



View your results on your device.

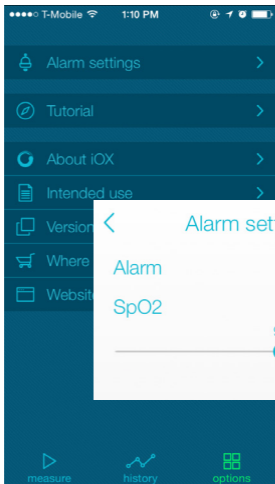
# READING YOUR RESULTS



Your SpO<sub>2</sub> will always be the main reading shown in the center.

To view your respiration, heart rate, or perfusion index as the main reading simply touch the number.

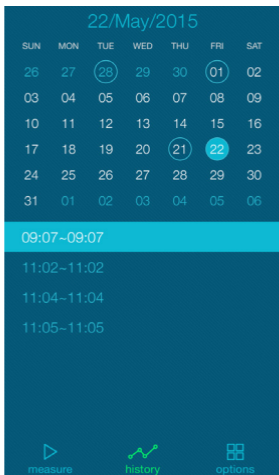
# SETTING YOUR ALARMS



To set your alarms, go to the “options” page and click on “Alarm Settings”

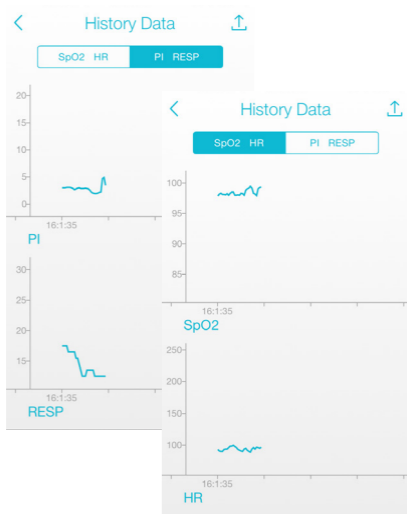
Once in the “Alarm Settings” you can program or reset your alarms.

# READING YOUR HISTORY



To view your history, go to the "history" page. Inside the history page you will be able to navigate through your data by choosing a month day and time.

# SEE YOUR DATA



Once you've selected a time frame of recorded data, you will see it graphed.

SpO<sub>2</sub> and HR are shown together. PI and RESP are shown on the second page. Press tab to show.

# EXPORT DATA

dry Data



Cancel iOX Recording May 22... Send

PI RESP

To:

Cc/Bcc:

Subject: iOX Recording May 22,...

Here are your iOX recordings.

Thank you for using the Safe Heart  
iOX!

[www.safeheartus.com](http://www.safeheartus.com)

Export  
Button

Email  
Message



iOX.csv

Sent f

CSV Data

time	heart_rate	spo2	pi	Respiration
2015-05-21 16:01:35	93	98	3.0	18
2015-05-21 16:01:39	91	98	3.0	18
2015-05-21 16:01:43	90	98	3.0	18
2015-05-21 16:01:47	90	98	3.1	18
2015-05-21 16:01:51	93	98	3.1	16
2015-05-21 16:01:55	94	98	3.1	16
2015-05-21 16:01:59	94	98	3.0	16
2015-05-21 16:02:03	96	98	2.8	16
2015-05-21 16:02:07	99	98	2.7	16
2015-05-21 16:02:11	99	98	2.8	16
2015-05-21 16:02:15	100	98	2.9	16
2015-05-21 16:02:19	98	98	3.0	14
2015-05-21 16:02:23	96	98	2.9	14
2015-05-21 16:02:27	93	98	2.9	12
2015-05-21 16:02:31	92	98	2.9	12
2015-05-21 16:02:35	91	98	2.9	12
2015-05-21 16:02:39	90	98	2.9	14
2015-05-21 16:02:43	94	98	2.8	14
2015-05-21 16:02:47	95	99	2.5	14
2015-05-21 16:02:51	92	99	2.1	14
2015-05-21 16:02:55	90	99	2.0	14
2015-05-21 16:02:59	89	99	1.9	12
2015-05-21 16:03:03	94	99	2.0	12
2015-05-21 16:03:07	96	98	2.0	12
2015-05-21 16:03:11	94	98	2.1	12
2015-05-21 16:03:15	97	98	2.2	12
2015-05-21 16:03:33	96	99	4.7	12
2015-05-21 16:03:37	95	99	4.9	12
2015-05-21 16:03:41	97	99	3.4	12

To export your data, press the export button. The app will create a CSV file that you can email to yourself or your doctor.



The iOX is a non-medical device designed for sports and aviation use only.

This device is not intended to treat or diagnose any medical conditions and should not be used to replace medical advice from a licensed physician.