

# PLAN7/DS Cycling Team

[plan7coaching.com](http://plan7coaching.com)

Welcome to the PLAN7/DS Cycling Team. We hope you enjoy your association with the club and build on the camaraderie that led to the reemergence of this team. As a member you receive a basic package of benefits including:

1. High quality custom team DNA Cycling clothing at significant savings off the retail price
2. Discounts at Infinite Cycles during club nights & throughout season
3. Special PLAN7 DS Team pricing on Cannondale Bicycles
4. Discounts for Coaching and Nutrition Services from PLAN7
5. Discounts on 1st Endurance nutrition products
6. Discounts on DZNuts chamois cream products
7. Special offerings from Utah Sports and Wellness clinic
8. Supportive atmosphere to develop cycling/racing skills
9. Club rides and skills practices on the road, MTB and CX
10. Club social events

We will be formulating a rider agreement detailing specific sponsored benefits provided by the team to qualifying riders. Those qualifications will be based on race days and/or level of club involvement

For communication we use the Facebook group PLAN7 DS Cycling Team to communicate amongst ourselves about, group rides, race reports & results, ride information, etc. It is a closed group so you must ask to join.

Finally, if you have questions or concerns about club/team policies or programs, please contact the following PLAN7 DS Team Officials:

Dave Harward - [dave@plan7coaching.com](mailto:dave@plan7coaching.com)

Breanne Nalder - [breanne@plan7coaching.com](mailto:breanne@plan7coaching.com)

Mike Macci - [mmacci26@gmail.com](mailto:mmacci26@gmail.com)

Thomas Fowler - [tfowler@gmail.com](mailto:tfowler@gmail.com)

Thanks, PLAN7 DS Cycling Team

MEMBER APPLICATION - \$50 per member, 2<sup>nd</sup> family member \$35, children (under 18) of members are free. You can pay with cash, check or credit card. Make checks to PLAN7 DS

Name \_\_\_\_\_ Telephone  
number \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_ Racing Age \_\_\_\_\_

USAC Road Category \_\_\_\_\_ USAC MTB Category \_\_\_\_\_ USAC CX Category \_\_\_\_\_

In consideration of my membership, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows: (A) Waive, Release and Discharge the PLAN7DS Cycling club, their directors, officers, employees, volunteers, agents, event holders, event promoters, event sponsors, event volunteers, event permit grantor's, event property owners, and event participants, from any and all liability for my death, disability, personal injury, property damage, property theft or loss, income, or any other losses, costs or actions of any kind which hereafter may accrue to me by virtue of my participation in this club.

Signature \_\_\_\_\_

Date \_\_\_\_\_