
Meredith taught in UCLA Clinical School and UCLA Extension Division and worked in the UCLA physiological psychology laboratory. Upon graduation from CalTech, he worked for Collins Radio Company in Human Factors Engineering, Lockheed, and firms offering engineering psychological consultations. After receiving his Ph.D., Dr. Mitchell worked in a clinic and two hospitals while developing a private practice, which was fully undertaken from 1968 to 2004.

Meredith will be sadly missed by wife and soul mate Roberta (Bernard) Mitchell (m. 2/21/93), daughters Julie Mitchell and Gina (Mitchell) Reyes, stepdaughter Jodi Mindell and stepson-in-law Scott McRobert, grandchildren Ayla and Alex Reyes and Caelie McRobert, brother Allen Mitchell, and countless other relatives and friends.

After retiring as a clinical psychologist in LA and moving to Sun City, Meredith returned to his great love for sculpting, creating the numerous works that adorn his home. He could often be found at the Clay Club working on his latest creation. He loved art, music, writing, learning, teaching, and helping others with their inner needs. He sought beauty, peace, and mindfulness.

Celebration of life open house on Saturday, October 28 from 1 to 5 pm at the Mitchell residence. Memorial donations to Georgetown Symphony Orchestra, KMFA, or Kuikahi Mediation Center. Special thanks to the caring staff of Wesleyan Hospice.

Shortly before his death, Meredith wrote, “After spending most of my life in self-analysis, I finally came to a place of inner peace and tranquility where I live in harmony with the soul as much as is humanly possible.”