

Child/Adolescent Personal History Form



**A. Identification Data**

Child/Adolescent's name \_\_\_\_\_ SSN \_\_\_\_-\_\_\_\_-\_\_\_\_  
Address \_\_\_\_\_ City/State \_\_\_\_\_ Zip \_\_\_\_\_  
Gender \_\_\_\_\_ Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_ Phone# \_\_\_\_\_  Home  Cell  
Nationality or Ethnic Background \_\_\_\_\_ Email \_\_\_\_\_  
Parent or Guardian Name(s) and relationship to child/Adolescent \_\_\_\_\_  
\_\_\_\_\_  
Address if different than above \_\_\_\_\_  
City/State \_\_\_\_\_ Zip \_\_\_\_\_

**B. Education (circle last year completed)**

Grade School 1 2 3 4 5 6 7 8 High School 9 10 11 12  
School \_\_\_\_\_  
Are any of the concerns bringing you to counseling related to academic/social problems at school?  Yes  No  
If so, what are these concerns? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Church/Synagogue \_\_\_\_\_ Pastor/Rabbi \_\_\_\_\_  
Usual Church Attendance \_\_\_\_ times per  Week  Month  Year  Am not attending currently  
How important is your faith/spirituality to your family? \_\_\_\_\_

**C. Health History**

Rate your physical health (check)  Very good  Good  Average  Poor  
Your approximate weight (lbs.) \_\_\_\_\_ recent weight changes Lost \_\_\_\_ Gained \_\_\_\_ Height \_\_\_\_  
List all known allergies \_\_\_\_\_  
List all significant present or past illnesses, injuries, hospitalizations, or disabilities \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
Current Primary Care Physician \_\_\_\_\_ Date of last medical exam \_\_\_\_\_  
Other Physicians treating you presently or in last five years \_\_\_\_\_  
Date of Last visit \_\_\_\_\_ Recent Medical Reports? \_\_\_\_\_  
What kinds of physical exercise do you get? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ How often? \_\_\_\_\_  
Do you try to restrict your eating in any way?  No  Yes. If yes, how and why? \_\_\_\_\_  
\_\_\_\_\_  
Do you have any problems getting enough sleep?  No  Yes. If yes, what problems? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you taking any medications prescribed by a physician?  No  Yes If yes, please list below.

Medication	Date began	Daily Dose	Condition treated	Prescribing physician
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_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

“over the counter” medications or herbal supplements \_\_\_\_\_

\_\_\_\_\_

#### D. Treatment History

Have you ever had any psychotherapy before or counseling?  No  Yes If yes, please give details including name of hospital, length of stay, and reason for stay \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Have you ever attempted suicide?  No  Yes If so, when and in what manner? \_\_\_\_\_

\_\_\_\_\_

#### E. Legal History

Have you ever been arrested?  No  Yes If yes, describe the charges and circumstance \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Have you ever been physically abusive or been treated in a physically abusive manner in an intimate (marital/dating) relationship?  No  Yes If yes, please describe \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Have you ever sought a protection order against anyone or had a protection order taken out against you?  No  Yes If yes, when/who? \_\_\_\_\_

\_\_\_\_\_

Have you ever been afraid that a friend or family member would physically harm you?  No  Yes

#### F. Information about Other Family Members in the home.

Name	Age	Grade last completed	Relevant Comments
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_____	_____	_____	_____
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_____	_____	_____	_____
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_____	_____	_____	_____
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_____	_____	_____	_____
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_____	_____	_____	_____
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Other significant Family Members or Non-Family members NOT living in the home

Name	Age	Relationship to client	Relevant comments
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_____	_____	_____	_____
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_____	_____	_____	_____
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Other \_\_\_\_\_

_____	_____	_____	_____
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**G. Parental/Family History**

If raised by someone other than parents, please explain \_\_\_\_\_  
\_\_\_\_\_ Are you adopted?  No  Yes

Occupation of Father? \_\_\_\_\_ Mother \_\_\_\_\_

Does either parent/caretaker drink excessively or use drugs?  No  Yes if yes, explain \_\_\_\_\_

Has there been any recent deaths or losses? \_\_\_\_\_

**H. Strengths and Supports** (may be answered by parent/guardian or minor client)

Who do you consider to be part of your current support system? \_\_\_\_\_

What do you think your personal strengths/positive qualities are? What are you good at? \_\_\_\_\_

What concerns would you like addressed in counseling? \_\_\_\_\_

What have you done about these concerns to this point? \_\_\_\_\_

Is there anything that recently happened or a behavior that you were especially concerned about that caused you to seek treatment at this time? \_\_\_\_\_

Signature of person completing form: \_\_\_\_\_ Date: \_\_\_\_\_

Relationship to client: \_\_\_\_\_



## Consent to Treatment

I acknowledge that I have received, have read (or have had read to me), and understand the “Information for Clients” packet. I have had all my questions answered fully.

I do hereby seek and consent to take part in the treatment by the therapist named below. I understand that developing a treatment plan with this therapist and regularly reviewing our work toward meeting the treatment goals are in my best interest. I agree to play an active role in this process.

I understand that no promises have been made to me as to the results of treatment or of any procedures provided by this therapist.

I am aware that I may stop my treatment with this therapist at any time. The only thing I will still be responsible for is paying for the services I have already received. I understand that I may lose other services or may have to deal with other problems if I stop treatment. (For example, if my treatment has been court-ordered, I will have to answer to the court.) I understand the payment/fee for service policies of Mighty Oak Christian Counseling.

I know that I must call to cancel an appointment at least 24 hours before the time of the appointment. If I do not cancel and do not show up, I will be allowed to reschedule with a \$10.00 fee. Repeated no-show and no-call ahead missed appointments will lead to closure of services.

I am aware that an agent of my insurance company or other third-party payer may be given information about the type(s), cost(s), date(s), and providers of any services or treatments I receive. I understand that if payment for the services I receive here is not made, the therapist may stop my treatment.

**My signature below shows that I understand and agree with all of these statements.**

\_\_\_\_\_  
Signature of client (or person acting for client)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed name

\_\_\_\_\_  
Relationship to client (if necessary)

I, the therapist, have discussed the issues above with the client (and/or his or her parent, guardian, or other representative). My observations of this person’s behavior and response give me no reason to believe that this person is not fully competent to give informed and willing consent.

\_\_\_\_\_  
Signature of therapist

\_\_\_\_\_  
Date

Copy accepted by client     Copy declined by client

This is a strictly confidential patient medical record. Redisclosure or transfer is expressly prohibited by law.

