

Monday

Tuesday

Wednesday

Thursday

Friday



1



5
Whole Grain Turkey Sausage, Egg and Cheese Biscuit

OR

Whole Grain French Toast Sticks with Syrup

6
Cheesy Grits with Whole Grain Toast

OR

Fresh Baked Whole Grain Chocolate Chip Muffin with Yogurt Cup

7
Strawberry Yogurt Parfait with Fresh Made Granola

OR

Whole Grain Cinnamon Roll with Icing and Cereal

8
Apple and Brown Sugar Oatmeal with Whole Grain Toast

OR
Whole Grain Pancake Stick with Syrup

OR
Whole Grain Cinnamon Toast Breakfast Bar

11
Fresh Baked Banana Muffin
OR
Bacon and Cheese Scramble with Whole Grain Toast
OR

Whole Grain Strawberry Pop Tart

12
Whole Grain Chicken Biscuit

OR

Whole Grain French Toast Sticks with Syrup

13
Cheesy Grits with Whole Grain Toast

OR

Fresh Baked Whole Grain Blueberry Muffin with Yogurt Cup

14
Wholesome Blueberry and Banana Smoothie

OR

Whole Grain Cinnamon Roll with Icing and Cereal

15
Whole Grain Ham and Cheese Biscuit
OR

Whole Grain Nutri Grain Bar and Yogurt Cup

OR

Whole Grain Strawberry Pop Tart

18
Fresh Baked Blueberry Muffin
OR
Bacon and Cheese Scramble with Whole Grain Toast
OR

Whole Grain Strawberry Pop Tart

19
Whole Grain Turkey Sausage Biscuit

OR

Whole Grain French Toast Sticks with Syrup

20
Cheesy Grits with Whole Grain Toast

OR

Fresh Baked Whole Grain Chocolate Chip Muffin with Yogurt Cup

21
Sausage and Cheese Scramble with Whole Grain Toast

OR

Whole Grain Cinnamon Roll with Icing and Cereal

22
Whole Grain Apple Frudal Bar

OR
Whole Grain Trix Cereal Breakfast Bar
OR

Whole Grain Ham and Cheese Biscuit

25
Fresh Baked Apple Cinnamon Muffin
OR
Bacon and Cheese Scramble with Whole Grain Toast
OR

Whole Grain Strawberry Pop Tart

26
Whole Grain Chicken Biscuit

OR

Whole Grain French Toast Sticks with Syrup

27
Cheesy Grits with Whole Grain Toast

OR

Fresh Baked Whole Grain Banana Muffin with Yogurt Cup

28
Sausage and Cheese Scramble with Whole Grain Toast

OR

Whole Grain Cinnamon Roll with Icing and Cereal

29
Apple and Brown Sugar Oatmeal with Whole Grain Toast

OR
Whole Grain Strawberry Pop Tart

OR
Whole Grain Cinnamon Toast Breakfast Bar

FOUR DAY ORDERING DEADLINE: <https://chefadvantage.boonli.com/>

ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals. Locally sourced ingredients included whenever possible.

No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

770-421-9550

www.ChefAdvantage.com

This institution is an equal opportunity provider.

Milk is Included with All Meals

Choose 1% White or Skim/ Fresh Fruit and 100% Juice Served Daily