


Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Whole Grain Apple Frudal OR Whole Grain Trix Cereal Bar OR Whole Grain Pumpkin Spice Muffin with Yogurt Cup</p>	<p>3 Whole Grain Sausage, Egg and Cheese Biscuit OR Whole Grain French Toast with Syrup</p>	<p>4 Cheesy Grits with Bacon and whole Grain Toast OR Strawberry Yogurt Parfait with House Made Granola</p>	<p>5 Whole Grain Cinnamon Roll with Icing and Cereal OR Sausage and Cheese Scramble with Whole Grain Toast</p>	<p style="text-align: center;">No School!</p>
<p style="text-align: center;">No School!</p>	<p>10 Whole Grain Chicken Biscuit with Jelly OR Whole Grain French Toast Sticks with Syrup</p>	<p>11 Cheesy Grits with Bacon and Whole Grain Toast OR Fresh Baked Chocolate Chip Muffin with Yogurt</p>	<p>12 Hash Brown Triangles with Turkey Sausage OR Whole Grain Cinnamon Roll with Icing and Cereal</p>	
	<p>16 Bacon and Cheese Scramble with Whole Grain Toast OR Nutri Grain Bar with Yogurt OR Whole Grain Strawberry Pop Tart</p>	<p>17 Whole Grain Turkey Sausage Biscuit with Jelly OR Whole Grain French Toast with Syrup</p>	<p>18 Cheesy Grits with Turkey Sausage and Whole Grain Toast OR Nutri Grain Bar with Yogurt Cup</p>	<p>19 Whole Grain Chocolate Chip Breakfast Bar OR Sausage and Cheese Scramble with Whole Grain Toast</p>
<p>23 Bacon and Cheese Scramble with Whole Grain Toast OR Nutri Grain Bar with Yogurt OR Whole Grain Strawberry Pop Tart</p>	<p>24 Whole Grain Chicken Biscuit with Jelly OR Whole Grain Waffles with Turkey Sausage and Syrup</p>	<p>25 Cheesy Grits with Bacon and Whole Grain Toast OR Whole Grain Pumpkin Spice Muffin with Yogurt Cup</p>	<p>26 Whole Grain French Toast with Syrup OR Blueberry and Banana Smoothie with House Made Granola</p>	
<p>30 Bacon and Cheese Scramble with Whole Grain Toast OR Fresh Baked Blueberry Muffin with Yogurt OR Whole Grain Strawberry Pop Tart</p>	<p>31 Whole Grain Cinnamon Roll with Orange Glaze and Cereal OR Hash Brown Casserole with Cheese and Bacon with Whole Grain Toast</p>			

**Milk and 100% Juice is Served with Breakfast
Choose 1% White or Skim Milk**

ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals. Locally sourced ingredients included whenever possible. No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

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