


October 2017

Hapeville Charter Career Academy

Grab n Go Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Whole Grain Strawberry Pop Tart</p>	<p>3</p> <p>Fresh Baked Banana Muffin with Yogurt</p>	<p>4</p> <p>Whole Grain Nutri Grain Bar with Yogurt</p>	<p>5</p> <p>Whole Grain Turkey Sausage Biscuit with Jelly</p>	<p>No School!</p>
<p>No School!</p>	<p>10</p> <p>Whole Grain Cinnamon Toast Cereal Bar</p>	<p>11</p> <p>Whole Grain Apple Cinnamon Muffin with Yogurt</p>	<p>12</p> <p>Whole Grain Chicken Biscuit with Jelly</p>	<p>13</p> <p>Whole Grain Cinnamon Toast Breakfast Bar</p>
<p>16</p> <p>Whole Grain Strawberry Pop Tart</p>	<p>17</p> <p>Whole Grain Cinnamon Toast Breakfast Bar</p>	<p>18</p> <p>Whole Grain Orange Blossom Breakfast Muffin</p>	<p>19</p> <p>Wholesome Blueberry Banana Smoothie with House Made Granola</p>	<p>No School!</p>
<p>23</p> <p>Whole Grain Strawberry Pop Tart</p>	<p>24</p> <p>Whole Grain Trix Breakfast Bar</p>	<p>25</p> <p>Whole Grain Chocolate Chip Cereal Bar</p>	<p>26</p> <p>Whole Grain Chicken Biscuit with Jelly</p>	<p>27</p> <p>Whole Grain Nutri Grain Bar with Yogurt</p>
<p>30</p> <p>Whole Grain Strawberry Pop Tart</p>	<p>31</p> <p>Whole Grain Orange Blossom Muffins with Yogurt</p>			

Whole Fruit and 100% Juice Served with Breakfast
 Choose 1% White or Skim Milk

ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals. Locally sourced ingredients included whenever possible. No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.
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