

Monday

Tuesday

Wednesday

Thursday

Friday



1

Teacher Work Day!

4
Bacon and Cheese Scramble with Whole Grain Toast
OR
Cinnamon Raisin Bagel with Cream Cheese
OR
Nutri Grain Bar with Yogurt

5
Whole Grain French Toast with Syrup
OR
Whole Grain Chicken Biscuit with Jelly

6
Cheesy Grits with Bacon and Whole Grain Toast
OR
Hash Browns Triangles with Chicken Patty

7
Sausage and Cheese Scramble with Whole Grain Toast
OR
Whole Grain Cinnamon Roll with Icing and Whole Grain Cereal

8
Apple and Brown Sugar Oatmeal with Toast and Jelly
OR
Whole Grain Strawberry Pop Tart
OR
Whole Grain Ham and Cheese Biscuit

11
Cheese Omelet with Whole Grain Toast
OR
Blueberry Bagel with Cream Cheese
OR
Whole Grain Blueberry Pop Tart

12
Whole Grain French Toast with Syrup
OR
Whole Grain Sausage, Egg and Cheese Biscuit

13
Cheesy Grits with Bacon and Whole Grain Toast
OR
Whole Grain Waffles with Syrup

14
Whole Grain Apple Strudel Breakfast Bar
OR
Whole Grain Chicken and Cheese Biscuit with Jelly

15
Apple Cinnamon Muffins with Yogurt
OR
Whole Grain Trix Bar
OR
Whole Grain Ham and Cheese Biscuit

26
Fresh Baked Chocolate Chip Muffin with Yogurt
OR
Cinnamon Raisin Bagel with Cream Cheese
OR
Whole Grain Strawberry Pop Tart

28
Whole Grain French Toast with Syrup
OR
Hash Brown Triangles with Turkey Sausage Patty

25
Cheesy Grits with Turkey Sausage and Whole Grain Toast
OR
Whole Grain Pancake Stick with Syrup

21
Sausage and Cheese Scramble with Whole Grain Toast
OR
Whole Grain Cinnamon Roll with Icing and Whole Grain Cereal

happy holidays



FOUR DAY ORDERING DEADLINE: <https://chefadvantage.boonli.com/>

Milk is Included with All Meals
Choose 1% White or Fat Free Chocolate Milk

ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals.
Locally sourced ingredients included whenever possible.
No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.
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