

Monday

Tuesday

Wednesday

Thursday

Friday



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**5**  
Whole Grain Turkey Sausage, Egg and Cheese Biscuit

OR

Whole Grain French Toast Sticks with Syrup

**6**  
Cheesy Grits with Whole Grain Toast

OR

Fresh Baked Whole Grain Chocolate Chip Muffin with Yogurt Cup

**7**  
Strawberry Yogurt Parfait with Fresh Made Granola

OR

Whole Grain Cinnamon Roll with Icing and Cereal

**8**  
Apple and Brown Sugar Oatmeal with Whole Grain Toast

OR  
Whole Grain Pancake Stick with Syrup

OR  
Whole Grain Cinnamon Toast Breakfast Bar

**11**  
Fresh Baked Banana Muffin  
OR  
Bacon and Cheese Scramble with Whole Grain Toast  
OR

Whole Grain Strawberry Pop Tart

**12**  
Whole Grain Chicken Biscuit

OR

Whole Grain French Toast Sticks with Syrup

**13**  
Cheesy Grits with Whole Grain Toast

OR

Fresh Baked Whole Grain Blueberry Muffin with Yogurt Cup

**14**  
Wholesome Blueberry and Banana Smoothie

OR

Whole Grain Cinnamon Roll with Icing and Cereal

**15**  
Whole Grain Ham and Cheese Biscuit

OR

Whole Grain Nutri Grain Bar and Yogurt Cup

OR

Whole Grain Strawberry Pop Tart

**18**  
Fresh Baked Blueberry Muffin  
OR  
Bacon and Cheese Scramble with Whole Grain Toast  
OR

Whole Grain Strawberry Pop Tart

**19**  
Whole Grain Turkey Sausage Biscuit

OR

Whole Grain French Toast Sticks with Syrup

**20**  
Cheesy Grits with Whole Grain Toast

OR

Fresh Baked Whole Grain Chocolate Chip Muffin with Yogurt Cup

**21**  
Sausage and Cheese Scramble with Whole Grain Toast

OR

Whole Grain Cinnamon Roll with Icing and Cereal

**22**  
Whole Grain Apple Frudal Bar

OR

Whole Grain Trix Cereal Breakfast Bar

OR

Whole Grain Ham and Cheese Biscuit

**25**  
Fresh Baked Apple Cinnamon Muffin  
OR  
Bacon and Cheese Scramble with Whole Grain Toast  
OR

Whole Grain Strawberry Pop Tart

**26**  
Whole Grain Chicken Biscuit

OR

Whole Grain French Toast Sticks with Syrup

**27**  
Cheesy Grits with Whole Grain Toast

OR

Fresh Baked Whole Grain Banana Muffin with Yogurt Cup

**28**  
Sausage and Cheese Scramble with Whole Grain Toast

OR

Whole Grain Cinnamon Roll with Icing and Cereal

**29**  
Apple and Brown Sugar Oatmeal with Whole Grain Toast

OR

Whole Grain Strawberry Pop Tart

OR

Whole Grain Cinnamon Toast Breakfast Bar

**FOUR DAY ORDERING DEADLINE: <https://chefadvantage.boonli.com/>**

ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals. Locally sourced ingredients included whenever possible.

No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

770-421-9550

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This institution is an equal opportunity provider.

**Milk is Included with All Meals**

Choose 1% White or Skim/ Fresh Fruit and 100% Juice Served Daily