






December 2021	Hapeville Charter Middle School			Breakfast Menu
Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cheesy Grits with Bacon and Toast with Jelly OR Chicken Biscuit with Jelly	2 Breakfast Pizza with Turkey Sausage OR Assorted Muffins with Yogurt	3 Assorted Pop Tarts OR French Toast Sticks with Syrup
		6 Hash Brown Triangles with Chicken Patty OR Whole Grain Cereal with Milk	7 Turkey Sausage Biscuit with Jelly OR Whole Grain Waffles with Turkey Sausage Link	8 Cheesy Grits with Bacon and Toast with Jelly OR Mini Maple Pancakes with Syrup
13 Hashbrown Casserole with Turkey Sausage and Toast with Jelly OR Whole Grain Cinnamon Roll with Cereal	14 Nutri Grain Bar with Yogurt OR Hash Brown Triangles with Turkey Sausage	15 Cheesy Grits with Bacon and Toast with Jelly OR Whole Grain Bacon, Egg and Cheese Biscuit with Jelly	16 Fresh Baked Blueberry Muffin with Yogurt OR Chicken and Egg McMuffin with Jelly	17 Assorted Pop Tarts OR French Toast Sticks with Syrup
20 No School!! Happy Holidays!				
		<div data-bbox="820 1444 1416 1507" style="background-color: #1a3d4d; color: white; padding: 5px; margin-bottom: 5px;">All meals Include 100% Juice</div> <div data-bbox="820 1522 1416 1585" style="background-color: #1a3d4d; color: white; padding: 5px; margin-bottom: 5px;">Fresh Whole Fruit</div> <div data-bbox="820 1600 1416 1663" style="background-color: #1a3d4d; color: white; padding: 5px;">Local Farm to School Fruit Salad</div>		



December 2021		Hapeville Charter Middle School			Grab n Go Menu
Monday	Tuesday	Wednesday	Thursday	Friday	
		1 Chicken Biscuit with Jelly	2 Whole Grain Assorted Pop Tart	3 Nutri Grain Bar with Yogurt	
		6 Cinnamon Roll with Cereal	7 Assorted Muffin with Yogurt	8 Apple Frudal	9 Turkey Sausage Biscuit with Jelly
13 Assorted Grain Pop Tart	14 Assorted Whole Grain Bagel with Cream Cheese	15 Chicken Biscuit with Jelly	16 Fresh Baked Muffin with Yogurt	17 Nutri Grain Bar with Yogurt	
20 No School!! Happy Holidays!!					
		<div style="background-color: #1a3d4d; color: white; padding: 5px; margin-bottom: 5px; display: inline-block;">100% Juice Served with All Meals</div> <div style="background-color: #1a3d4d; color: white; padding: 5px; margin-bottom: 5px; display: inline-block;">Fresh Whole Fruit</div> <div style="background-color: #1a3d4d; color: white; padding: 5px; display: inline-block;">Local Farm to School Fruit Salad</div>			



December 2021		Hapeville Charter Middle School			Lunch Menu
Monday	Tuesday	Wednesday	Thursday	Friday	
		1 Creamy Chicken Alfredo Turkey and Cheese Sandwich on Whole Grain Bun Roast Beef and Cheese Sandwich on Whole Grain Bun Pineapple Cottage Cheese Plate Featured Sides: Steamed Broccoli Florets Steamed Peas and Carrots	2 Baked Spaghetti with Italian Sausage and Cheese All American Sub on Whole Grain Bun Ham and Cheese Wrap on Whole Grain Tortilla Strawberry Yogurt Fruit Plate Featured Sides: Garlic Green Beans Caesar Salad with Croutons and Tomatoes	3 Chicken Nuggets with BBQ Sauce Tuna Salad Sandwich on Whole Grain Bun Chicken Caesar Wrap on Whole Grain Bun Vanilla Yogurt Fruit Plate Featured Sides: Baked Potatoes with Sour Cream and Cheese Steamed Carrots Three Bean Salad	
		6 All American Beef Hot Dog Turkey and Cheese Sandwich on Whole Grain Bun Chicken Caesar Salad Wrap on Whole Grain Tortilla Peachy Cottage Cheese Plate Featured Sides: Baked Beans Celery Sticks with Hummus Assorted Baked Sun Chips	7 Baked Ziti with Mozzarella Cheese Chicken Salad on Whole Grain Bun Turkey and Cheese Sandwich on Whole Grain Bun Strawberry Yogurt Fruit Plate Featured Sides: Romaine Garden Salad with Italian Dressing Steamed Broccoli Florets	8 Fish Sticks with Tartar Sauce Buffalo Chicken Wrap on Whole Grain Tortilla Roast Beef Sandwich on Whole Grain Bun Vanilla Yogurt Fruit Plate Featured Sides: Sweet Potato Tots Steamed Mixed Vegetables	9 Homemade Beef Chili with Corn Bread Turkey and Cheese Wrap on Whole Grain Tortilla Ham and Cheese Sandwich on Croissant Strawberry Yogurt Fruit Plate Featured Sides: Whole Kernel Corn with Roasted Red Peppers Steamed Lima Beans
13 Salisbury Steak with Gravy and Corn Bread Chicken Salad Sandwich on Whole Grain Bun Buffalo Chicken Wrap on Whole Grain Tortilla Pineapple Cottage Cheese Plate Featured Sides: Mashed Potatoes Steamed Peas and Carrots Sautéed Cabbage and Onions	14 Whole Grain Mini Corn Dogs Turkey and Cheese Sandwich on Whole Grain Bun Ham and Cheese Sandwich on Croissant Strawberry Yogurt Fruit Plate Featured Sides: Oven Roasted Tater Tots Garlic Green Beans Zesty Three Bean Salad	15 Sack Lunch! Whole Grain Pepperoni Pizza Celery Sticks with Dill Dip Zesty Three Bean Salad Goldfish Crackers Assorted Whole Fruit	16 Sack Lunch! Turkey and Cheese Sandwich on Whole Grain Bun Broccoli Florets Baby Carrots with Ranch Dressing Assorted Baked Sun Chips Assorted Whole Fruit	17 Sack Lunch! Whole Grain Corn Dog Baked Cheez Its Mozzarella String Cheese Celery Sticks with Dill Dip Corn and Black Bean Salad Assorted Whole Fruit	
					

Soup and Panini Station

- Monday– Ham and Cheddar Panini with Chicken and Rice Soup
- Tuesday- Chicken and Pepper Jack Panini with Creamy Tomato Soup
- Wednesday– Turkey and Cheese Panini with Broccoli and Cheese Soup
- Thursday– Chicken and Cheddar Panini with Chicken Noodle Soup
- Friday-Pepperoni Pizza Panini with Creamy Potato Soup

Fresh Baked WG Bread Basket

Fresh Whole Fruit

Local Farm to School Fruit Salad