






December 2021		Hapeville Charter Eighth Grade Campus			Breakfast Menu
Monday	Tuesday	Wednesday	Thursday	Friday	
		<b>1</b> Cheesy Grits with Bacon and Toast with Jelly	<b>2</b> Breakfast Pizza with Turkey Sausage	<b>3</b> Assorted Pop Tarts	
		OR  Chicken Biscuit with Jelly	OR  Assorted Muffins with Yogurt	OR  French Toast Sticks with Syrup	
<b>6</b> Hash Brown Triangles with Chicken Patty	<b>7</b> Turkey Sausage Biscuit with Jelly	<b>8</b> Cheesy Grits with Bacon and Toast with Jelly	<b>9</b> Canadian Bacon, Egg and Cheese McMuffin with Jelly	<b>10</b> Assorted Pop Tarts	
OR  Whole Grain Cereal with Milk	OR  Whole Grain Waffles with Turkey Sausage Link	OR  Mini Maple Pancakes with Syrup	OR  Whole Grain Pancake Stick with Syrup	OR  Assorted Whole Grain Bagel with Cream Cheese	
<b>13</b> Hashbrown Casserole with Turkey Sausage and Toast with Jelly	<b>14</b> Nutri Grain Bar with Yogurt	<b>15</b> Cheesy Grits with Bacon and Toast with Jelly	<b>16</b> Fresh Baked Blueberry Muffin with Yogurt	<b>17</b> Assorted Pop Tarts	
OR  Whole Grain Cinnamon Roll with Cereal	OR  Hash Brown Triangles with Turkey Sausage	OR  Whole Grain Bacon, Egg and Cheese Biscuit with Jelly	OR  Chicken and Egg McMuffin with Jelly	OR  French Toast Sticks with Syrup	
<b>20</b> No School!! Happy Holidays!					
		<div style="background-color: #1a3d4d; color: white; padding: 5px; margin: 5px auto; width: 80%;">All meals Include 100% Juice</div> <div style="background-color: #1a3d4d; color: white; padding: 5px; margin: 5px auto; width: 80%;">Fresh Whole Fruit</div> <div style="background-color: #1a3d4d; color: white; padding: 5px; margin: 5px auto; width: 80%;">Local Farm to School Fruit Salad</div>			



December 2021		Hapeville Charter Eighth Grade Campus			Grab n Go Menu
Monday	Tuesday	Wednesday	Thursday	Friday	
		<b>1</b> Chicken Biscuit with Jelly	<b>2</b> Whole Grain Assorted Pop Tart	<b>3</b> Nutri Grain Bar with Yogurt	
		<b>6</b> Cinnamon Roll with Cereal	<b>7</b> Assorted Muffin with Yogurt	<b>8</b> Apple Frudal	<b>9</b> Turkey Sausage Biscuit with Jelly
<b>13</b> Assorted Grain Pop Tart	<b>14</b> Assorted Whole Grain Bagel with Cream Cheese	<b>15</b> Chicken Biscuit with Jelly	<b>16</b> Fresh Baked Muffin with Yogurt	<b>17</b> Nutri Grain Bar with Yogurt	
<b>20</b> No School!! Happy Holidays!!					
		<div style="background-color: #1a3d4d; color: white; padding: 5px; margin-bottom: 5px;">100% Juice Served with All Meals</div> <div style="background-color: #1a3d4d; color: white; padding: 5px; margin-bottom: 5px;">Fresh Whole Fruit</div> <div style="background-color: #1a3d4d; color: white; padding: 5px;">Local Farm to School Fruit Salad</div>			



December 2021		Hapeville Charter Eighth Grade Campus			Lunch Menu
Monday	Tuesday	Wednesday	Thursday	Friday	
		<b>1</b> Creamy Chicken Alfredo Turkey and Cheese Sandwich on Whole Grain Bun Roast Beef and Cheese Sandwich on Whole Grain Bun Pineapple Cottage Cheese Plate <b>Featured Sides:</b> Steamed Broccoli Florets Steamed Peas and Carrots	<b>2</b> Baked Spaghetti with Italian Sausage and Cheese All American Sub on Whole Grain Bun Ham and Cheese Wrap on Whole Grain Tortilla Strawberry Yogurt Fruit Plate <b>Featured Sides:</b> Garlic Green Beans Caesar Salad with Croutons and Tomatoes	<b>3</b> Chicken Nuggets with BBQ Sauce Tuna Salad Sandwich on Whole Grain Bun Chicken Caesar Wrap on Whole Grain Bun Vanilla Yogurt Fruit Plate <b>Featured Sides:</b> Baked Potatoes with Sour Cream and Cheese Steamed Carrots Three Bean Salad	
		<b>6</b> All American Beef Hot Dog Turkey and Cheese Sandwich on Whole Grain Bun Chicken Caesar Salad Wrap on Whole Grain Tortilla Peachy Cottage Cheese Plate <b>Featured Sides:</b> Baked Beans Celery Sticks with Hummus Assorted Baked Sun Chips	<b>7</b> Baked Ziti with Mozzarella Cheese Chicken Salad on Whole Grain Bun Turkey and Cheese Sandwich on Whole Grain Bun Strawberry Yogurt Fruit Plate <b>Featured Sides:</b> Romaine Garden Salad with Italian Dressing Steamed Broccoli Florets	<b>8</b> Fish Sticks with Tartar Sauce Buffalo Chicken Wrap on Whole Grain Tortilla Roast Beef Sandwich on Whole Grain Bun Vanilla Yogurt Fruit Plate <b>Featured Sides:</b> Sweet Potato Tots Steamed Mixed Vegetables	<b>9</b> Homemade Beef Chili with Corn Bread Turkey and Cheese Wrap on Whole Grain Tortilla Ham and Cheese Sandwich on Croissant Strawberry Yogurt Fruit Plate <b>Featured Sides:</b> Whole Kernel Corn with Roasted Red Peppers Steamed Lima Beans
<b>13</b> Salisbury Steak with Gravy and Corn Bread Chicken Salad Sandwich on Whole Grain Bun Buffalo Chicken Wrap on Whole Grain Tortilla Pineapple Cottage Cheese Plate <b>Featured Sides:</b> Mashed Potatoes Steamed Peas and Carrots Sautéed Cabbage and Onions	<b>14</b> Whole Grain Mini Corn Dogs Turkey and Cheese Sandwich on Whole Grain Bun Ham and Cheese Sandwich on Croissant Strawberry Yogurt Fruit Plate <b>Featured Sides:</b> Oven Roasted Tater Tots Garlic Green Beans Zesty Three Bean Salad	<b>15</b> <b>Sack Lunch!</b> Whole Grain Pepperoni Pizza Celery Sticks with Dill Dip Zesty Three Bean Salad Goldfish Crackers Assorted Whole Fruit	<b>16</b> <b>Sack Lunch!</b> Turkey and Cheese Sandwich on Whole Grain Bun Broccoli Florets Baby Carrots with Ranch Dressing Assorted Baked Sun Chips Assorted Whole Fruit	<b>17</b> <b>Sack Lunch!</b> Whole Grain Corn Dog Baked Cheez Its Mozzarella String Cheese Celery Sticks with Dill Dip Corn and Black Bean Salad Assorted Whole Fruit	
					

**Soup and Panini Station**

Monday– Ham and Cheddar Panini with Chicken and Rice Soup  
 Tuesday- Chicken and Pepper Jack Panini with Creamy Tomato Soup  
 Wednesday– Turkey and Cheese Panini with Broccoli and Cheese Soup  
 Thursday– Chicken and Cheddar Panini with Chicken Noodle Soup  
 Friday-Pepperoni Pizza Panini with Creamy Potato Soup

Fresh Baked WG Bread Basket

Fresh Whole Fruit

Local Farm to School Fruit Salad