



Look Back

- Group check in...spend some time visiting about what things you've been praying for this past week.
- Last week, we talked about being "exiles", as well as seeking and praying for the those whom we live among. How did this look this past week for you?
- From what we talked about last week, how did you seek "*Shalom*" or balance in your life and for the people around you? How did that turn out so far?

Look Up

So much of Jeremiah has been God pronouncing judgment on his people for their disobedience. They had listened to false prophets. They had abandoned their relationship and covenant with God and had worshiped other false gods. For this, they were conquered by the Babylonians and taken (i.e. "sent" as we learned last week) into exile. All seemed hopeless! Their divine discipline was upon them.

Oh but God is also full of hope. Tozer once wrote that "we must take refuge from God, in God". He meant that though God is sovereign and expects obedience from his people, His justice is also full of hope and mercy. This is what makes Him the Chief Shepherd! As we read today, rest in the hope that God is sovereign. That His ways are not our ways...and be thankful!

Read Jeremiah 31:10-14 and 32:31-34.

- What do you learn about God?
- What do you learn about people and yourself?
- What do you find difficult or challenging?

Look Forward

- Where in your life has God "redeemed" and "ransomed" you? Share with the group how God has done this.
- What does the word "covenant" mean in your life? Do you feel you have made a "covenant" with God about your life? If so, how do you live out that covenant?
- Verses 33 - 34 talk about God's people will "know Him". What does this mean? How do you seek to know God in your life? How do you seek to help others know God?
- This week, who can you share this message of hope with? Challenge one another to each share with one person how God has redeemed and rescued you from darkness. This could be someone you know or even a complete stranger you meet this week!

Pray for one another as you each look to share this with one person this week!