



from the garden

upgrade salad with chicken - 5 beef filet or salmon - 9

chardonnay poached salmon - 16

roasted yellow beets, dried cranberries, red onion, shaved brussels sprouts, candied pecans, goat cheese & champagne vinaigrette

asian beef short rib - 15

romaine, carrots, cucumber, green onion, edamame, crispy rice noodles & sesame-ginger vinaigrette

house salad - starter 5 • full 9

field greens, avocado, grape tomatoes, sunflower seeds, goat cheese & raspberry vinaigrette

crisp romaine heart caesar - starter 5 • full 9

shaved parmesan, croutons & garlic anchovy dressing

tossed cobb salad - 14

grilled chicken, bacon, avocado, tomato, bleu cheese, egg & ranch dressing

small plates

grilled artichokes - 9

parmesan & garlic crusted with lemon aioli

hot wings - 8

celery & bleu cheese dipping sauce

frito misto - 15

calamari, rock shrimp, lemon, shishito peppers, onion & fire roasted chile aioli

ale steamed black mussels - 14

calabrese sausage, smoked paprika & grilled toast

bacon wrapped sea scallops - 16

soy ginger glaze & sriracha cream

crab cakes - 14

fire roasted chile aioli & micro-greens

fish tacos - 9

beer battered cod, cabbage & pico de gallo

cheesy baked focaccia bread - 6

mozzarella, garlic, parsley & balsamic-olive oil dipping sauce

corn bisque - cup 5 • bowl 7

chile oil

black bean chili - cup 4 • bowl 6

pico de gallo & sour cream

large plates

grilled chicken breast - 16

prosciutto, oven roasted tomatoes, sage-cream & angel hair pasta

braised short rib stroganoff - 18

shallot mushroom gravy, creme fraiche & truffled pappardelle

smoked pork chop - 24

whiskey apple sauce & sage roasted baby sweet potatoes

pan seared bistro steak - 24

brandy-crimini mushroom pan sauce, mashed potatoes & grilled broccolini

blackened salmon paella - 20

mussels, rock shrimp, calabrese sausage, peas, saffron risotto & smoked paprika beurre blanc

chicken & gnocchi - 18

pancetta, broccolini, roasted garlic, white wine & parmesan

market specials

daily offerings from the land & sea

flatbreads

bbq chicken - 11

mozzarella, caramelized red onions & cilantro

pesto margarita - 10

roasted tomatoes, mozzarella & fresh parmesan

bacon garlic - 12

white garlic sauce, crispy bacon, mushrooms, green onion & truffled oil

sandwiches

foundation classic burger - 10

house sauce, lettuce, tomato, red onion & pickle
add cheese, bacon or avocado - 2

the gorgonzola burger - 14

thick cut bacon, caramelized shallots & creamy gorgonzola sauce

slow roasted french dip - 15

thinly sliced roast beef with provolone, onion spread & au jus

grilled chicken club - 13

thick cut bacon, lettuce, tomato, avocado & rosemary aioli on toasted hoagie

crab cake po' boy - 16

cabbage, tomato, pickle & chile aioli on sourdough

rib-n-cheese - 15

shredded short rib, fontina, bacon shallot jam on grilled sourdough

bahn mi - 14

soy ginger marinated beef, cabbage, mint, jalapeno, cilantro & sriracha mayo

portobello - 14

pesto, provolone, roasted peppers & arugula

cubano - 16

grilled pork, tasso ham, bacon, fontina, pickles, lettuce, pepperoncini & spicy mayo



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Thank you for visiting Foundation Restaurant & Bar

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