

# WHAT'S IN SEASON AT THE MARKET? SEASONALITY GUIDE

Our farmers only sell what is growing locally at this time of year. Crop production depends heavily on weather patterns, but we can predict a general time of the year when seasonal items will return to the market.

## WINTER



- Apples
- Brussels sprouts
- Citrus
- Grapefruit
- Limes
- Kiwis
- Hard squash
- Sweet potatoes etc.

## SPRING



- Apricots
- Artichokes
- Asparagus
- Blueberries
- Brussels sprouts
- Cherries
- Fava beans
- Peas
- Peaches
- Plums
- Pluots
- Pomelos
- Rhubarb
- Strawberries etc.

## SUMMER

You'll see more vendors in the summer at the peak of harvest. If a vendor you like is missing, it might be because their crops are not currently producing.



- Bitter melon
- Cactus pads
- Corn
- Cucumbers
- Eggplant
- Figs
- Grapes
- Green beans
- Mulberries
- Melons
- Okra
- Peas
- Peppers
- Raspberries
- Summer squash
- Stone fruit
- Tomatoes etc.

## FALL



- Apples
- Asian pears
- Grapes
- Kiwi
- Pears
- Persimmons
- Pomegranates
- Quince
- Hard squash etc.

**Many items grow year round in California** because of our warm weather and strategies to extend the growing season.

Avocados, bok choy, beets, broccolies, cabbages, carrots, cauliflower, celeries, chard, collard greens, fennel, garlic, herbs, kale, leeks, lemons, lettuces, mushrooms, onions, oranges, strawberries, etc.

**Questions?** Ask for a seasonality chart at our info tent.