

## Here's What Co-Hosts Do:

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1. **Promise and plan to attend each week**, within reason, and stay for the whole meeting, for the duration of the quarter. (Quarterly Sabbath and reboot allows Co-hosts to opt out for a quarter, and opt back in the next quarter.) If you can't attend, let the Convener know as soon as you can.
2. Each quarter, **discern a covenant of participation** – for good listening; for respectful presence; for engagement in learning; for real relationship, no bullshit ever.
3. Each quarter, help the Facilitator discern the means by which this group will achieve the goal of **deepening discipleship of Jesus**. See “Resources for Study” in “Flow of a Typical Covenantal G-Group.”
4. Respect the leadership of the Facilitator and the hospitality of the Convener.
5. **See yourself as a Co-host** – each one welcoming each other, and all of you together welcoming the Spirit of the living Christ. This welcome requires each Co-host's participation, especially in:
  - a. **Rotated responsibility for food preparation or procurement**. See “When It's Your Turn to Make Dinner” below.
  - b. **Rotated responsibility for set-up and clean-up**.
6. Take responsibility for expressing what you need from the G-group – being as “no bullshit” as possible, insofar as it feels safe. Help the whole group **maintain the Covenant of Participation** you've written together.
7. **Keep confidentiality**. If something happens in the group that needs processing outside the group, start with the Facilitator, who may suggest that the conversation should return to the whole G-group. If that doesn't help, talk to your Shepherd from the Care and Feeding Team. Shepherds and Facilitators are regularly checking in with the Lead Evangelist.
8. **Leave on time**. The Convener loves you and will love you more if you leave on time.
9. Communicate clearly about your **dietary restrictions**. Help your Co-hosts learn how to provide good food for your body. When you are providing dinner, be respectful of the group's dietary restrictions. Show each other some mercy in this area: allergies are more serious than preferences or diets; each Co-host will sometimes have to make good choices from among what's offered.
10. **Use alcohol responsibly**. There is to be no underage drinking ever. It is not Galileo's practice to become drunk. Take responsibility to help each other on this.