

Sarah Y. Vinson, M.D.

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Education

Bachelors of Science, Chemistry, Summa Cum Laude April 2004

Florida A & M University

Medical Degree May 2007

University of Florida College of Medicine

- One of twelve accepted through the Junior Honors Medical Program, an early entry admissions program

Residency and Fellowship Training

General Psychiatry Residency July 2007 – June 2011

Harvard Medical School/Cambridge Health Alliance

- Public hospital setting with culturally, ethnically and socioeconomically diverse patient population
- Clinical training and in psychopharmacology, psychotherapy, emergency psychiatry, geriatric psychiatry, consult and liaison psychiatry, community psychiatry, addiction psychiatry, and a partial hospitalization dialectical behavioral therapy (DBT) program

Child and Adolescent Psychiatry Fellowship July 2010 - June 2012

Emory University School of Medicine

- Worked in diverse settings including community hospitals, private hospitals, a grade school, colleges, juvenile court, outpatient clinics, and four Atlanta area psychiatric hospitals
- Clinical training in child and adolescent development, mental health, the diagnosis and treatment of mental illness, psychopharmacology, psychotherapy, family therapy, consult and liaison psychiatry, inpatient and outpatient psychiatric care

Forensic Psychiatry Fellowship July 2012 – June 2013

Emory University

- Clinical training and/or didactics in criminal and civil forensic psychiatry including the assessment and report-writing for competency to stand trial, criminal responsibility, education and school rights, evaluations and mitigation reports for juvenile defendants being tried as adults, child custody, independent medical examinations, disability evaluations, political asylum psychological evaluations, treatment of inmates with psychiatric illness, sexual harassment claim evaluations, and veteran PTSD evaluations

Specialized Training

Victims of Violence Program September 2009 – June 2010

Harvard Medical School / Cambridge Health Alliance

- Clinical training with individualized and group supervision with Dr. Judith Herman in addition to seminars focused on the psychology, care, and recovery of victims of abuse and/or violence, with an emphasis on survivors of interpersonal violence

Medical and Psychological Documentation of Asylum Seekers February 6, 2010

Physicians for Human Rights Training Course

- Course regarding the political asylum process, psychological evaluations of asylum seekers, legal report writing, and providing court testimony

Forensic Interview Protocol for Children, Adolescents and Vulnerable Adults August 24-28, 2015

Cornerhouse On-Site Training Course



Licensure and Certification

Board Certified in General/Adult Psychiatry, American Board of Psychiatry and Neurology in General Psychiatry as of September 13, 2012

Board Certified in Child Psychiatry, American Board of Psychiatry and Neurology as of September 23, 2013

Board Certified in Forensic Psychiatry, American Board of Psychiatry and Neurology as of October 15, 2013

Georgia Medical License as of April 1, 2010

Controlled Substance Registration as of May 19, 2010

Florida Expert Witness Certificate as of July 8, 2015

Academic Appointments

Assistant Professor of Clinical Psychiatry at Morehouse School of Medicine August 2013 – present

Assistant Professor of Clinical Pediatrics at Morehouse School of Medicine July 2016 – present

Clinical Adjunct Faculty at Emory University School of Medicine July 2012 – present

- Supervision and Case-Based Teaching of Emory Child and Adolescent Psychiatry Fellows and Forensic Psychology and Psychiatry Trainees, June 2015 - Present
- Rotation Director, Supervision and Teaching of Emory Child and Adolescent Psychiatry fellows' forensic rotation; teaching forensic report writing and reviewing practice guidelines regarding forensic issues/evaluations in child and adolescent psychiatry, July 2012 – June 2015
- Supervision and teaching of Emory Forensic Psychiatry fellows in a jail-based competency restoration program, July 2013 – June 2015

Work Experience

Private Practice Psychiatrist July 2013 – Present

- Clinical care including assessment, diagnosis and treatment of children, adolescents and adults
 - Treatment for patients with mood disorders such as depression and bipolar disorder, anxiety disorders, Post Traumatic Stress Disorder and adjustment/life transition issues. Treatment modalities including but not limited to psychotherapy, environmental and lifestyle interventions and/or psychiatric medications.
- Forensic Psychiatric Consultation Services

Assistant Professor of Clinical Psychiatry at Morehouse School of Medicine (MSM) August 2013 – Present

- Department of Juvenile Justice Regional Youth Detention Center Psychiatrist, July 2015 – present
 - Psychiatric assessment, psychopharmacology treatment, and team treatment plan participation for detained youth



- Outpatient Child and Adolescent Psychiatry Educational Clinic, July 2014 – present
 - Assessment, treatment and referrals for behavioral health complaints in children and adolescents and teaching and supervision of Morehouse School of Medicine psychiatry residents in a psychopharmacology clinic located within a public sector setting.
- Rotation Director for Child And Adolescent Psychiatry Rotation for Pediatric Residents, July 2015 - present
- Course Director for Forensic Psychiatry Lecture Series for Psychiatry Residents, July 2015 – present
- Rotation Director for Forensic Psychiatry Elective for Medical Students and Residents, July 2015 – present
- Co-Course Director for Fundamental of Medicine, Human Behavior Section, 1st Year Medical Student Course, July 2015 – present
- Faculty Advisor for PGY3 Resident, July 2016 – present
- Annual Resident Retreat Facilitator, Spring 2017
- Satcher Health Leadership Institute, July 2015 – June 2016
 - Child and Adolescent Psychiatry consultation regarding primary care and behavioral health integration projects, July 2015 – present
 - Needs assessment, program development and service delivery in co-located pediatric/child and adolescent psychiatry clinic, August 2013 – June 2014
- Assertive Community Treatment (ACT) Team Psychiatrist, August 2013 – June 2015
 - ACT serves patients with severe, persistent mental illness by providing multidisciplinary care in community as well as clinic settings. Many ACT patients are forensically involved and were referred directly from jails or the forensic units of Georgia Regional Hospital.
- Co-Course Director Forensic Psychiatry Lecture Series for Psychiatry Residents, July 2014 – June 2016
- Co-Course Director and Creator Forensic Psychiatry Rotation for Medical Students, July 2014 – June 2016
- Psychotherapy Supervisor July 2014 – July 2015

Carter Center Consultant, January 2017 - present

- Development and Instruction of Child and Adolescent Substance Use Disorder Curriculum used in the training for the development of a mid-level credentialed mental health workforce in Liberia

BIG Technology Founder Incubator Mental Wellness Consultant, June 2017 – September 2017

- Mental wellness educational group programming and group facilitation as well as providing individual coaching sessions for black and latinx female tech entrepreneurs

Mental Health Integrated Care Consultant at the HEALing Community Center July 2015 – June 2017

- HEALing Community Center is a Federally Qualified Health Clinic providing primary care services in a socioeconomically disadvantaged area of Atlanta. Duties included mental health needs assessment, mental health clinic policy and procedure development, treatment and referral algorithm development, learning activities for primary care clinicians, and consultation to primary care clinicians via phone, case review and direct patient care and consultation.

National Alliance on Mental Illness, Georgia Consultant October – April 2017

- Development of National Alliance on Mental Illness GA Crisis Intervention Training Youth Curriculum



Medical Director of the Fulton County Jail Competency Restoration Program August 2013 – June 2015

- The program served up to 16 inmates in Fulton County Jail and provides services including psychiatric treatment, legal education groups, individualized legal education, and cognitive remediation.
- Responsibilities included overseeing the psychiatric care of the inmates in the program, supervising the Emory Forensic Psychiatry Fellows who provided patient care, working with an interdisciplinary treatment team, contributing to program development and assessment, and reviewing and editing correspondence to the court regarding the inmates in the program.

Contract Child and Adolescent Psychiatrist February 2013 – February 2014

Progressive Consumer Counseling 5536 Old National Hwy #100, College Park, GA 30349

- Outpatient child and adolescent psychiatry evaluation and treatment for consumer receiving wrap-around services through Medicaid in Georgia.

Psychiatric Admissions Unit/On-Call Psychiatrist March 2013 – December 2013

Georgia Regional Hospital 3073 Panthersville, Rd. Decatur, GA 30034

- Psychiatric emergency room coverage, assessments and admissions
- Psychiatric adult mental health and forensic unit physician coverage

In-patient Weekend Rounding Psychiatrist July 2011 – December 2012

Anchor Hospital 5454 Yorktowne Dr. Atlanta, GA 30349

- Psychiatric rounds for patients on a variety of inpatient units specializing in psychotic disorders, substance abuse, mood disorders and geriatrics

Psychiatrist July 2010 – June 2011

Premier Psychiatry 1360 Peachtree St. NE Atlanta, GA 30309

- Admissions and emergency coverage for an adolescent crisis stabilization unit that served adolescents who either had Medicaid or no insurance

Professional Memberships and Organizations

Georgia Council on Child and Adolescent Psychiatry, Summer 2010 - present

- **President** February 2016 – Present
- **Vice-President / President Elect** June 2015 – February 2016
- **Secretary /Treasurer** June 2014 – June 2016
- **Advocacy Liaison** July 2013 – June 2014
- **Trustee-At-Large** July 2013 – June 2014
- **Executive Board Resident Representative** July 2011- June 2012
- **Member** Summer 2010 – present

American Association of Community Psychiatrists

- **Member** Spring 2016 – present
- **Early Career Psychiatrist Board Member** Summer 2010 - present

Georgia Psychiatric Physicians Association

- **Co-Chair of the Early Career Psychiatrist Committee** July 2016 – present



- **Trustee** Spring 2014 – present
- **Member** Summer 2010 - present

American Psychiatric Association (APA)

- Appointee to the Council on Communications, May 2016 – present
- Appointee to the Scientific Program Committee of the Institute on Psychiatric Services, January 2018 - present
- Co-Chair of APA Knowledge Exchange Committee at the National Annual APA Meeting, May 2016
- APA SAMHSA Fellow Appointee to the Council on Advocacy and Government Relations 2009 – 2011
- Member 2005 – present
- Fellow 2015 – present

American Academy of Child and Adolescent Psychiatry, Fall 2007 – present

- Appointed to **Policy Statement Advisory Committee**, Winter 2010 – Fall 2012
- **Member** 2007 – present

Amerigroup Georgia Medical Advisory Committee, August 2016 - present

American Academy of Psychiatry and Law Member, Spring 2012 – 2013

Children’s Healthcare of Atlanta 1998 Society Behavioral Health Steering Committee, September 2014 – present

Physicians for Human Rights 2009 – 2011

Cambridge Health Alliance Committee of Interns and Residents Patient Care Fund Committee 2007 – 2010

University of Florida Medical College Council 2005 – 2007

- **President** 2006 – 2007
- **Vice-President** 2005 – 2006

University of Florida College of Medicine Admissions Committee Fall 2006 – Spring 2007

- One of ten 4th year medical students selected by College of Medicine Faculty

Publications

Waldman, R., Vinson, S., Howard, J., Addressing the Mental Health Needs of Youth in the Justice System, Florida Coastal School of Law Law Review, Fall 2015. Vol. 17 No.1

Editorial Review Team Member for “A Core Set of Outcome Measure for Behavioral Health Across Service Settings. Supplement to Fixing Behavioral Health Care in America: A National Call for Measurement-Based Care in the Delivery of Behavioral Health Services” published by the The Kennedy Forum in 2016

Vinson, S., (2015) 2015 Mental Health Contribution to the Kelly Report on Health Disparities in America

Vinson, S., (2012) BlackMentalHealthNet.com A Forum for Culturally-Sensitive Psychoeducation and Mental Health Discussion. AACAP News. March/April Vol. 43 Issue 2.

Vinson S., (2008) Caught between my Rock and a hard place: the boundary dilemma of a Christian psychiatrist-in-training. *American Journal of Psychiatry Resident’s Journal*, 3(8), pg. 3-4.



Vinson S., Graham N., Gold M. (2006) Socioeconomic Inequities Often Translate into Health Inequities. *Journal of the National Medical Association*, 98, pg. 816-817.

Vinson S., Foote K, Okun M. (2006) The Past Present and Future of Psychosurgery: Is there a Role for Deep Brain Stimulation? In: Laderman G and Eisen A, eds. *Science, Religion And Society : An Encyclopedia of History, Culture, And Controversy*, ME Sharpe, New York.

Jacobs W., Repetto M., **Vinson S.**, Pomm R., Gold M., (2004) Random Urine Testing as an Intervention for Drug Addiction: Drug Screening Can Play a Critical Role in the Treatment of Physicians with Substance Abuse Disorders. *Psychiatric Annals*, 3, pg. 781-785.

Presentations

Social Exclusion and Health Disparities, Invites Speaker for the Western Psychiatric Institute and Clinic Center for Public Service Psychiatry Community Psychiatry Forum, November 2017

An Expert's Opinion: Making the Most of Expert Witnesses, 2018 Georgia Association of Black Women Attorneys 14th Annual CLE at Sea Conference and Retreat, October 2017

Big Goals, Small Steps: The Psychiatrist's Journey to Advocate, American Psychiatric Association Institute on Psychiatric Services, October 2017

Development of a Psychiatry Mini-Rotation for Pediatric Interns, American Psychiatric Association Institute on Psychiatric Services, October 2017

An Expert's Opinion: Making the Most of Expert Witnesses, 2017 Southern Juvenile Defender Regional Summit – Invited Speaker, June 2017

Media Presentation: 3 ½ Minutes, Ten Bullets: Psychiatric Perspectives on Race-Based Shooting Deaths in America, American Psychiatric Association Annual Meeting, May 2017

The Adverse Childhood Experience (ACE) Studies and Their Implications for Medical Ethics, Grady Ethics Grand Rounds – Invited Speaker, May 2017

Child and Adolescent Psychiatric Emergencies, Pediatric Emergency Medicine Lecture at Children's Healthcare of Atlanta – Invited Speaker, May 2017

Advocacy: An Ethical Responsibility with a Myriad of Avenues, Alfred Dewitt C. Alfred, Jr. Psychiatric Research Symposium – Invited Speaker, April 2017

Black Attorneys and the Case for Self-Advocacy: Population Specific Considerations in the Risk, Prevention and Treatment of Depression and Alcohol Use Disorder, National Bar Association Young Lawyer's Division Conference and Retreat, February 2017



Pediatric Depression for General Pediatricians: Screening, Treatment and Referral, Children's Healthcare of Atlanta Continuing Medical Education Event – Invited Speaker, November 2016

Myths and Realities of Correctional Psychiatry, Georgia Psychiatric Physicians Association Summer Meeting – Invited Speaker, 2016

Media Presentation: What Happened Miss Simone?, Session Chair and Panelist, American Psychiatric Association Annual Meeting, May 2016

Black Lives and the Juvenile Justice System, Session Chair, American Psychiatric Association Annual Meeting, May 2016

Attention Deficit Hyperactivity Disorder, National School-Based Health Care Convention – Invited Speaker, Summer 2016

Child and Adolescent Psychiatry 101, Juvenile Defender Training Conference – Invited Speaker, Spring 2016

Adolescent Mental Health, State Bar of Georgia Child Advocacy and Protection Seminar – Invited Speaker, Winter 2016

Our Sisters, Ourselves: Special Considerations in the Mental Health of Black Women Attorneys, Georgia Association of Black Women Attorneys Continuing Legal Education Conference, Fall 2015

Child and Adolescent Forensic Psychiatry, Georgia Association of Black Women Attorneys Continuing Legal Education Conference, Fall 2015

Congressional Black Caucus Health Annual Legislative Conference Health Braintrust Townhall, Panelist, Fall 2015

Attention Deficit Disorder in Children and Adolescents, Presenter, Grady Hospital Ambulatory and Community Medicine Grand Rounds, Spring 2015

Addressing the Mental Health Needs of Youth in the Justice System, Co-Presenter along with Randee Waldman, J.D. Youth and the Law Florida Coastal School of Law Symposium, Spring 2015

Typical or Troubled? Child and Adolescent Mental Health. Speaker and Panelist. Fulton DeKalb Hospital Authority Community Health Summit. Atlanta, GA Winter 2014

Psychointegration of Psychotherapeutic and Pharmacological Approaches for Children and Adolescents, Psychologist CEU Event, Atlanta, GA Winter 2014

Screening for Pediatric Depression in Primary Care, Morehouse School of Medicine Department of Pediatrics Grand Rounds, Atlanta, GA Winter 2014



Screening for Pediatric Depression in Primary Care, Georgia Chapter of the American Academy of Pediatrics Pediatrics on the Perimeter Conference, Atlanta, GA Fall 2014

Psychiatric Emergencies, Emory School of Medicine Pediatric Emergency Medicine Conference, Atlanta, GA Fall 2014

Child and Adolescent Bipolar Disorder, Morehouse School of Medicine Department of Pediatrics Grand Rounds, Atlanta, GA SPRING 2014

Child and Adolescent Mental Illness and Treatment in a Nutshell, Lecture for the Child Attorneys of Fulton County, Fall 2013

“Love is All that Made Sense: A Mother Daughter Memoir.” Chair and Panelist of Media Presentation. American Academy of Child and Adolescent Psychiatrist Annual Meeting. Orlando, FL Fall 2013

E-Psychiatry: How Innovative Websites Reach Diverse Populations. Speaker and Panelist. American Psychiatric Association Annual Meeting. San Francisco, CA Spring 2013

Putting Parents to the Test: Do They Know Enough to be Effective Educational Advocates? American Academy of Psychiatry and Law Poster Session. Montreal, QC Fall 2012

Breast Cancer: Beyond the Body. Keynote Speech for the ZAMI National Organization of Black Lesbians on Aging Conference - Black Lesbians and Breast Cancer: A Model for Wellness and Resilience. Fall 2012

Survey of Massachusetts Psychiatrists Regarding Massachusetts Healthcare Reform. Minority Fellows Evening of Excellence Poster Session. American Psychiatric Association Annual Meeting. Honolulu, HI Spring 2011

Interpersonal Violence in a Cross-Cultural Treatment Setting. Co-chair and Speaker. American Psychiatric Association, Institute on Psychiatric Services. Boston, MA Fall 2010

Changing Paradigms of Psychiatric Care in an Era of Healthcare Reform. Co-chair and Speaker. American Psychiatric Association Annual Meeting. New Orleans, LA Summer 2010

Mental Health Utilization Pre and Post Incarceration and Undiagnosed Mental Illness in a Nationally Representative Sample of Black and Latino Prisoners with White prisoners as Controls. Black Psychiatrist of America 2008 Transcultural Conference. St. Croix, U.S. Virgin Islands Fall 2008.

The Racial Integration of Postgraduate Medical Education in Florida. American Medical Association 2006 Regional Conference. Jacksonville, FL. Winter 2006.

Awards

2018 University of Florida College of Medicine Outstanding Young Alumni Award, January 2018

Community Preceptor Teaching Award, Morehouse School of Medicine, July 2017

Community Preceptor Award, Morehouse School of Medicine, July 2016



Morehouse School of Medicine Psychiatry Faculty of the Year 2014-2015 Academic Year, Summer 2015

AACAP Life Members Child Fellow Travel Award for 2011 AACAP/CCAP Toronto Meeting, Fall 2011

Georgia Council on Child and Adolescent Psychiatry Advocacy Fellowship Award Winner, Spring 2011

Jean Spurlock Outstanding Resident Award from Black Psychiatrists of America, Winter 2010

American Psychiatric Association/SAMHSA Minority Fellowship Award, 2009-2011

- Resident member of the Committee for Advocacy and Government Relations
- Collaborative community outreach event with the National Alliance on Mental Illness Dorchester/Roxbury/Mattapan branch in MA to recognize minority mental health month
- Programming with minority medical student groups to encourage consideration of psychiatry careers at Tufts and Boston Medical School
- Collaborative community outreach event with the National Alliance on Mental Illness DeKalb branch to recognize minority mental health month
- Created www.BlackMentalHealthNet.com, a culturally tailored psycho-educational website

American Association of Child and Adolescent Psychiatry Education Outreach Program Travel Scholarship Award (one of 20 residents selected nationwide)

Graduation from University of Florida College of Medicine with Honors in Research, Spring 2007

- Project Title: Obesity and BMI, Height and Weight Z- scores in a Community-based sample of pre-adolescents and adolescents at high Risk for ADHD

Distinguished Service Award from the University of Florida College of Medicine, Spring 2007

- One of three students awarded through peer nominations

Outstanding Achievement in the History of Medicine Award from the University of Florida College of Medicine, Spring 2007

Emerald Award for Outstanding Mentorship from the University of Florida Chapter of the Student National Medical Association, Spring 2007

American Psychiatric Association Program for Minority Research Training Grant Recipient, Spring 2007

Ann Copeland Award for Outstanding Service and Mentorship from the University of Florida College of Medicine Office of Minority Affairs, Spring 2007

Richard C. Christensen Humanism in Psychiatry Award, Spring 2007

Selected by medical school peers for the Chapman Chapter of the Gold Humanism Honors Society at the University of Florida, Fall 2006

Richard C. Christensen Humanism in Psychiatry Award, Spring 2006

American Psychiatric Association Minority Travel Scholarship Award to Attend the APA National Conference, Spring 2006

American Psychiatric Association Minority Travel Scholarship Award to Attend the Institute on Psychiatric Services, Fall 2005

R.I.S.E. Award and Scholarship in Recognition of Outstanding Community Service and Dedication to Addressing Disparities in Healthcare, Awarded by two U.F. College of Medicine Alumni, Spring 2005

Commendation for Outstanding Leadership, University of Florida, College of Medicine Office of Minority Affairs, Spring 2005



Activities and Community Service

Peer Reviewer for The Community Mental Health Journal, September 2017 - Present

www.OurselvesBlack.com (formerly BlackMentalHealthNet) Founder, Senior Editor May 2011 – Present

Invited Contributor to the 2016 Kelly Report on Health Disparities in America, a report published by the Congressional Black Caucus Health Braintrust Chair, United States Congresswoman Robin Kelly

FM Talk Radio Host – Dr. Sarah’s Hourglass, Spring 2015 – Fall 2015

Mental Health expert on the Family Caregivers Unite “A Psychiatrist and Family Caregiver Review Resilience” Air date December 9, 2013.

Keynote speaker at the 6th Annual National Minority Mental Health Breakfast sponsored by the Helen Blocker Adams Group. Augusta, GA. July 18, 2013.

Invited Panelist/Mental Health expert in “Saving Our Sons” Panel discussion at the National Urban League Conference. Philadelphia, PA. July 2013.

Mental Health expert on the “Speaking With...” radio show hosted by Carl Thornton on May 21, 2012.

Mental Health expert on the Helen Blocker Adams Radio Show on May 16, 2012.

Mental Health expert on “In Contact: Schizophrenia in the Black. Community” WPBA-TV30, PBS Atlanta. May 2012

Panelist at the Delta Sigma Theta Delta Days "Your Blues Aint Like Mine - Depression in Black Women" Session at the Georgia State Capitol March 2012

Vinson S., Vinson E. (2009) No you’re not crazy – know you’re not crazy. Opinion article regarding mental health help seeking behaviors in the black community. The Bay State Banner, 44 (44). July 2009.

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