Yangming Fu/Organ Syndrome. Four Key Sx: 1. focal distention (obstructed epigastrium), 2. fullness (visible distention), 3. dryness (dry stools), and 4. hardness (constipation & abdominal pain). Sweating hands and feet. Thirst. T: Dry yellow or black, cracked, prickles. P: Deep, forceful, excessive.