



## GRANT APPLICATION

The Yellow Heart Trust was founded by Alex Fontaine in 2002 and she was awarded an MBE in 2007 for her work. The Trust offers ongoing support for clients leaving primary psychiatric treatment. Men and women with financial restrictions, who need further help for issues relating to single incident post-traumatic stress disorder and/or addiction, can apply for a grant. More than 400 people have been helped in some way by The Yellow Heart Trust and funding in excess of £80,000 has been awarded.

### Am I eligible?

Please read through the following points to see if you qualify for a grant from the Yellow Heart Trust.

- Are you able to make some sort of financial contribution to your treatment?
- Do you have a specific need for treatment which is not provided by the NHS?
- Is your application supported by a qualified practitioner, i.e. your General Practitioner?

### What can I apply for?

We currently have two funding schemes available:

#### ***The Antonio Vasconcellos Fund***

Antonio Vasconcellos, along with 50 others, died on the occasion of his 26<sup>th</sup> birthday in the Marchioness Riverboat tragedy on the River Thames in 1989. A fund has been established in the memory of this remarkable man who balanced a career as a successful fund manager with the roles of entrepreneur, writer, musician and philanthropist.

As so many of those who survived the sinking of the Marchioness benefited from post-traumatic stress disorder therapy, the fund's aim is to provide help for those coming to terms with unresolved issues resulting from single incident trauma.

#### ***Rob's Wish Fund***

The life experience of Rob Sparks, who was adopted at the age of 2, caused him to move to Bournemouth in his late 30s. Bournemouth was becoming known as an established centre for addiction rehabilitation, and Rob progressed to an excellent position with a pharmaceutical firm and embarked upon college studies to become a counsellor. In the third year of his counselling studies his demons finally caught up with him and he lost his battle with alcohol. At the time of his death in January 2012, his dearest wish was to help others: "I want to help *people* not profit margins; to feel good about my life and help others feel good about theirs."

The aim of this fund is to support people who need therapy for addiction issues.

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The Yellow Heart Trust has awarded grants for the treatment of depression, anxiety disorders, alcoholism, drug addiction and post-traumatic stress disorders.

Treatments received include:

- psychotherapy
- cognitive behaviour therapy (CBT)
- eye movement desensitization and reprocessing (EMDR) therapy
- trauma counselling

**Private & Confidential**

*All information sent to the Yellow Heart Trust is treated with absolute confidentiality. However, we cannot be responsible for information whilst in transit via post or email.*

**YELLOW HEART TRUST APPLICATION FOR FUNDING**

***This section to be completed by the Applicant***

Name of Applicant ..... Date of Birth .....

Name of parent/spouse/partner\* ..... Tel .....

Address .....

.....Postcode .....

tel no ..... mobile.....email .....

Occupation .....

How did you hear of the Yellow Heart Trust (Antonio Vasconcellos Fund / Rob's Wish Fund)? .....

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Have you applied to other bodies for funding? .....

If so, where and what was the outcome? .....

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Please state the reason you require treatment: .....

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**Signature of Applicant:** .....

**Date:** .....

\*this information is optional and depends on your circumstances.

***This Section to be completed by your Doctor or Therapist:***

Name: .....

Speciality: .....

If a therapist, your professional registration details .....

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Address: .....

tel: ..... email: .....

Diagnosis and Treatment Received to Date:

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Type and Course of Treatment now being recommended: .....

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Cost of treatment per session: ..... Number of sessions anticipated: .....

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What is your charitable rate? .....

What percentage of the treatment can the patient/patient's family fund? .....

**Please attach a signed letter from you, the recommended Doctor/Therapist, stating your support for the patient's application for funding and that you pledge to write (in broad terms) to the Trustees of the Yellow Heart Trust to give feedback about the applicant's treatment.**

**Signature of Doctor/Therapist:** .....

**Date:** .....

Please return this form, together with the letter, as above, to:  
**Mrs Dee Bixley, Old Fox Cottage, Heath End Road, Great Kingshill, Bucks HP15 6HS**  
**dmbixley@icloud.com**

All personal information held by the Yellow Heart Trust is stored and processed in accordance with the Principles of Data Protection to meet operational and charitable goals.

