
Expressive Arts Program

Expressive Arts Information and monthly calendar can be found online @ wsccccenter.org

WEST SIDE CATHOLIC CENTER
**Healing Through Art**
Changing the world one person at a time.

**Art-in-Action**
Art classes taught by local artists. Projects can include pottery, paint, collage, and jewelry. Refer to Resource Center calendar • 1-3PM

**Rhythm of the Heart**
Drumming circle that will help relax the tense and energize the tired. 2nd Tuesday • 1-3PM

**Earth Connection Garden**
Peaceful garden experience, growing wonderful vegetables. (Seasonal) May through September Mondays and Thursdays • 9:30-10:30AM

**Yoga**
Will soothe the body and mind. Fridays • 1-2PM

**Creative Writing**
Opportunity to write poetry and short stories about life experiences. Fridays • 2-3PM

Class schedules can change. Check the Resource Center monthly calendar & daily activity board for current schedule.

The West Side Catholic Center’s Expressive Arts Program is made possible through the generosity of:

West Side Catholic Center 3135 Lorain Avenue Cleveland, OH 44113 216-631-4741 www.wsccenter.org