

# *Old Colony Youth Cheerleading Association*

## Rules and Regulations

### Section A: Field Teams

Flag	Kindergarten and Grade 1 if no mighty mite team
Mighty Mites	Grades 1 and 2
Mites	Grades 3 and 4 (grade 2 may be included if there is no mighty mite team)
Pee Wee	Grades 5 and 6
Midget	Grades 7 and 8
Mixed Cheer	Grades 5-8: (amended to add field team for 2021 only)

Note: Towns that have 25 or less athletes registered in their Midget and Pee Wee levels without tryouts or cuts can combine Pee Wee and Midget Level athletes to create a Mixed Cheer Field Team that can cheer at either or both Pee Wee and Midget games..

\*No teams or athletes will be allowed to cheer up a level or cheer down a level

### Section B: Competition Teams

Competition teams are created from registered participants per level. Example, you have a pee wee cheerleader that cheers for the division 2 field team and a pee wee cheerleader that cheers for the division 1 field team but they can cheer together for competition because they are both pee wees.

Flag
Mighty Mite
Mite
Pee Wee
Midget
Mixed Cheer: Towns that have 25 or less athletes registered in their Midget and Pee Wee levels without tryouts or cuts can combine these levels and compete in a separate division called Mixed Cheer.

### Section C: Competition

1. No wall or hand signs
2. No noise makers.
3. Poms may be used by fans.
4. All teams must adhere to NFHS, competition penalties, divisions and rules as set forth by OCYCA.

5. An established fee of \$100 per team will be required upon registration.
6. All team members must sign the liability waiver form before participating.
7. All teams must register their division competing in at the October meeting, NO LATER!
8. Order of appearance will be posted no later than the November meeting.
9. Only 6 coaches, advisors or junior coaches will be allowed admittance per team. One of which will do music. They must be registered on the appropriate form and no changes will be made on the day of competition. If an emergency arises and changes need to be made, the officers will determine if that change will be allowed.

#### **Section D: Half Time**

1. All teams must adhere to NFHS rules and all rules of OCYCA.
2. Home team goes first on the home side. This will allow the home team to perform in the event that halftime is shortened for any reason.
3. Visiting teams will perform their halftime routine on the home side.
4. Make sure you have 2 CD's and a mp3 of your music. Also you should bring a radio with fresh batteries to ensure your team's music will be played. This will also allow you to place the microphone to your radio in extreme circumstances.
5. Spirit bags are no longer allowed. Too many allergies.
6. Routines must not be longer than 2 minutes per team participating in halftime.
7. Everyone should be respectful. All towns are at different levels and we should all be aware of that. No rude comments, etc. will be tolerated and is subject to discipline.

#### **Section E: Town Registration**

1. All towns must submit a Town Representative Registration form that stipulates who from their town will be their representative.
2. Each town gets one vote.
3. The first person noted on the registration form is the first contact for OCYCA.
4. Dues in the amount of \$100 are due with the registration form.
5. Towns must register by May of the current year.
6. If dues are not paid by May meeting then a \$10 late fee will be assessed for each month  
The fee is not paid up to a max of \$40.00
7. A \$50 fine will be assessed for each meeting missed after a town registers.

#### **Section F: Town Rosters**

1. Town rosters of each team must be on record with OCYCA by the September meeting.
2. Rosters must include Name, date of birth, grade and level cheering at.
3. You can add athletes only up to the September meeting.
4. All towns must have something that states the child's name and current year's grade from every registered cheerleader and must be available to OCYCA if requested to certify grade requirements. The document must come from your school department like class assignment or school schedule.

## **Section G: NFHS Rule books (National Federation of High School Spirit Rules)**

1. Will purchase the NFHS rule books for all towns.
2. Each town registered will receive 2 free books.
3. Each town can purchase more than the two free books through OCYCA at the current rule book price.

## **Section H: AACCA (American Association of Cheerleading Coaches and Advisors)**

1. OCYCA “may” sponsor an AACCA certification class once per year usually in June or July.
2. OCYCA will pay for the books of the towns that are registered for this class only.
3. Towns are responsible for paying the certification class rate per member.
4. Classes are available online but OCYCA will not pay for the class or the book because it is not a sponsored OCYCA class.

## **Section I: Miscellaneous**

1. No trash talking will be allowed anytime, anywhere during OCYCA sanctioned events, you never know who is listening!
2. Watch your language, you never know who is listening.
3. No cross field cheering. Please just cheer to your fans in the stands.

## **Section J: Scholarships**

1. A scholarship committee will be established at the March meeting.
2. Scholarship applications will be reviewed and any changes made during the December meeting.
3. Only towns that were members of OCYCA for the season immediately preceding the scholarship year will be allowed to apply.
4. Scholarship amounts and number of winners will be based on April’s financial report, scoring differences and number of applicants during the April meeting.

## **Section K: Athlete Eligibility**

1. All cheerleaders must participate in the program of the town they legally reside in. No cheerleaders can live in one town and participate in another towns' cheer program.
2. Any exceptions to this rule must be brought by the town before the board of directors for discussion and final approval will be made by the executive board
3. If an executive board member’s town is involved, they will not have a vote.