

Fall 2014: Layering For Style

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Anyone can pile on the layers for warmth: a turtleneck under a sweater, a sweater under your coat in the dead of Winter, and even the [shapeless office sweater](http://abbeypost.com/blog/ditch-the-shapeless-office-sweater/) (<http://abbeypost.com/blog/ditch-the-shapeless-office-sweater/>) are looks that are more about staying warm than looking fantastic. But layering your clothes can also mean laying on the style.

Start with a long sleeved, scoop neck tee like [Tina](http://abbeypost.com/tina.html)

(<http://abbeypost.com/tina.html>). You can get loads of wear out of a solid tee.

But there are more ways to accessorize it than just adding a necklace.



Layering a light jacket or cardigan like Justine

(<http://abbeypost.com/shop/cardigans/justine.html>) on top of it adds color and dimension, but not bulk. And since both layers are light, you can wear them both indoors without feeling too hot. That kind of layering turns your everyday basics into an outfit!



(<http://abbeypost.com/blog/layering/justine-ponte-charcoal/>) (<http://abbeypost.com/blog/layering/screenshot-2014-09-02-at-3-52-58-pm/>)

The AbbeyPost Justine cardigan, Made to Measure, only \$64

The AbbeyPost Tina top, fully customizable, \$48

Stay Cool

How can you dress in layers without overheating? Terri Ghio, the CEO of Style Institute (<http://www.styleinstitute.net/>) and Stefanie Nissen, a Certified Stylist suggest letting your layers get heavier the farther away from your body they are.

“Starting with the layer directly on your body, make sure that it is the lightest material of the layers. If you’re adding a cardigan or denim button up over the top of your first layer, make sure the weight of that material is a tad heavier. Build the layers based on weight of fabric, with the last layer being the heaviest and easiest to remove.”

Wearing something that breathes (like a cotton cami) next to your skin to help you keep cool.

The Classic Twinset

The twinset is a classic example of layering for style. Terri and Stefanie say, “If you appreciate easy dressing and matching items, then it’s right for you.” When both layers are the same color, it goes perfectly with a strand of pearls and sensible flats. That’s awesome if that fits your personal style (<http://abbeypost.com/blog/find-personal-style/>), but what if it doesn’t? Most twinsets aren’t sold as a package. You can buy a shell in one color and the cardigan in another. So you can combine two layering classics in an unusual way. Wear the two layers together or apart – they’re made for layering, so they’ll go with a lot of what’s in your closet already.

Build your own twinset in matching or complementary colors with the Claire scoopneck shell (<http://abbeypost.com/shop/tops/claire.html>) and the Justine (<http://abbeypost.com/shop/cardigans/justine.html>) cardigan.



<http://abbeypost.com/shop/cardigans/justine.html>

Adventures in Layering

How can we go beyond the twinset? This is the perfect time of year to play around with layering, since all our light summer clothes are still in the closet. Wearing shorts over leggings or tights is an easy way to try out layering. I like to wear close-fitting tees under sundresses to add dimension to my outfit while concealing my bra straps.

Terri and Stefanie suggest looking at ways to layer the clothes you already own.

“Pick a few of your favorite items in your closet right now. Maybe it’s a pair of shorts that you can wear with a long sleeve button up and a cute tweed jacket with flats. Or try layering a fall sweater over a cute romper or jumpsuit and booties.”

Or how about layering a shorter wrap dress over slim pants? My personal favorite layering look for this fall is our [Rachel ponte wrap dress](http://abbeypost.com/shop/dresses/rachel.html) (<http://abbeypost.com/shop/dresses/rachel.html>) with 3/4 sleeves, in an above-knee length, layered over slim pants (not leggings!) with a chunky wedge heel.



(<http://abbeypost.com/shop/dresses/rachel.html>)

Layer our Rachel wrap dress over skinny jeans or slim pants, accentuate with chunky, on-trend accessories in suede and fringe, and you're ready for fall!

You Too Can Layer For Style

Layering for style can feel a little like advanced fashion. It's the sort of thing that ties an outfit together, so when you see someone else dressing that way, it's easy to think that you don't have the style skills to pull it off. But it's really just a matter of having the right layers in your wardrobe to begin with.

The key is having light cardigans and jackets that look great over a top, without being too bulky to wear under a coat or jacket that you'd wear outdoors for warmth.

What are your favorite ways of layering for style?

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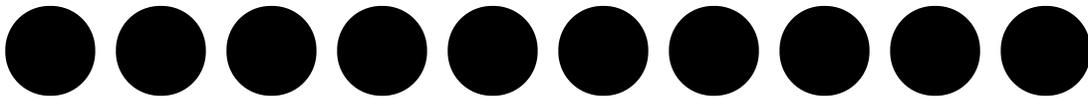
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