

Ditch the Shapeless Office Sweater

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We all keep a sweater or jacket on the back of our office chair for when we feel too cold in the air conditioning. It's black or gray so that it goes with all our outfits, and that's about all the thought that we put into it. But when we wear that sweater every day, it becomes our signature piece of clothing. We spend so much time getting dressed in the morning, and then cover up our outfit with a limp, shapeless sweater. We do the same thing when going out to restaurants. But not all plus size sweaters will ruin your outfit. We can be warm and stylish at the same time.



Why does this matter? You spend so much effort (and money) to create professional looking work outfits. And then you cover them up with something that makes you look sloppy. Or you primp and fuss getting ready to go out on date night – only to grab a sweater at the last minute without thinking about what it does to the rest of your outfit. When you spend time making yourself look nice only to sabotage yourself, that time is wasted. And you don't

have time to waste. Sweaters and jackets can make or break an outfit, so pick the right ones for you.

Think Short

A sweater that goes down to your hips is sure to hide your outfit. And if you have a [triangle shape \(http://abbeypost.com/blog/abbeypost-guide-buying-clothes-when-you-have-a-triangle-shaped-body/\)](http://abbeypost.com/blog/abbeypost-guide-buying-clothes-when-you-have-a-triangle-shaped-body/), a cardigan that's big enough to fit around your hips is going to dwarf the rest of your body. But when air conditioning makes you feel cold, it's not your hips or rear end that's chilly – it's your arms and torso. Why not get a sweater that only covers what you need it to?

Look for shrugs and cropped sweaters that stop at your waist. That length will define your waist, or create the illusion of one. It's fine to wear boxy sweaters that stop at or above your waist because they're too short to make your whole body appear boxy.

If you're not too chesty, our [Justine jacket \(http://abbeypost.com/shop/jackets/justine.html\)](http://abbeypost.com/shop/jackets/justine.html) is for you. It's short, with a clasp front. The ponte fabric won't add bulk to your silhouette, and you can

also try it with a matching top underneath for a polished, yet updated “sweater set” look.



(<http://abbeypost.com/shop/jackets/justine.html>)

Justine Jacket, from AbbeyPost. Available in 11 colors, for only \$64.

Or Go Long

If a long sweater is fitted so that it gets smaller at the waist and wider at the hips, it can pull your outfit together. For this you want something that goes down past your hips so that the sweater’s natural curves are apparent. A

long sweater is better than shrugs for women with inverted triangle (<http://abbeypost.com/blog/best-clothes-for-inverted-triangle/>) shapes – the length adds volume where you need it.

The Joy wrap jacket with peplum (<http://abbeypost.com/shop/jackets/joy.html>) has enough length to pull an outfit together, and sits close enough to the body that it flatters your figure instead of hiding it.



(<http://abbeypost.com/shop/jackets/joy.html>)

The Joy jacket from AbbeyPost, available in 12 colors. Made to measure for only \$78!

A draped cardigan isn't fitted at the waist but the drapey, open front gives it enough shape that it doesn't make you look like you're wearing a sack. They've stayed in style because they're so flattering and comfortable. Leave the [Jada tie front jacket \(http://abbeypost.com/shop/jackets/jada.html\)](http://abbeypost.com/shop/jackets/jada.html) open for a drapey look, or tie the front for a more fitted effect.



(<http://abbeypost.com/shop/jackets/jada.html>)

The Jada jacket from AbbeyPost, available in 14 colors. \$54

Mix It Up

Any of these jackets would be perfect for draping over the back of your office chair all year long. But why restrict yourself to just one? Switch it up every few weeks, or even every day depending on your outfit. It takes a little extra effort, but the results are well worth it.

Are you ready to accept the challenge and ditch your shapeless office sweater?

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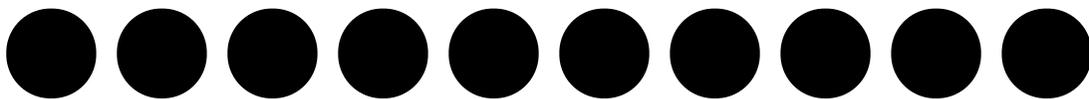
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