

Sophisticated Curves

Online Plus Size Clothing Boutique

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Which Colors Look Best on Me?

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Is this you? You find a dress you love, but then you're not sure which color to get it in, so you end up buying yet another black dress. We all know which colors we like to look at, but we're not all sure which colors look good on us. The whole thing can be so confusing. That's why we used to have our colors done – we'd get a little folder telling us which colors looked best on us as determined by an expert who hopefully got it right.

A good rule is to figure out what kind of undertones your skin has, and then wear colors that are good for that group. Your skin has one of two types of undertones: Warm or Cool. You probably know which colors are warm or cool. So all you have to do is figure out which undertone your skin has, and wear the corresponding group of colors.

Which Undertones Do I Have?

Keep in mind that skin undertones have nothing to do with your skin color. No matter how dark or pale your skin is, and no matter what your ethnicity is, that has nothing to do with your skin undertones.

Look at the veins on the underside of your wrist. Are they blue, or do they look a little green? If they're blue, your skin has cool undertones. If your veins appear green, your skin has warm undertones.

That's all you have to remember.

Which Colors Should I Wear?

If you have blue veins/cool undertones, then you should wear cool colors – like blue, green and purple. If you have green veins/warm undertones, then you should wear warm colors – like red, orange and yellow. Like any fashion rule, feel free to break this one, but know that wearing unflattering colors may make you look a bit sickly. Which is great for when you want some sympathy, but bad when you want to look your best.

Can I See Some Examples?



Mina dress in melon

Of course! Here's Shavonne Dorsey's Mina Dress in [Melon](#) and again in [Green](#). The melon looks best on women with warm skin undertones and the green looks best on women with cool skin undertones.

But wait – that's the same model. Take a close look at both pictures and try to decide which color looks better on her. The melon looks fine, but the green looks fantastic on her. Her skin has cool undertones.

Now let's look at the Bella dress on a different model, this time in [red](#) and again in [green](#). The red clearly looks better on her. So her skin must have warm undertones.



Mina dress in Green



Bella dress in red

Choose Your Side

Choose your side of the color wheel, that is. No need to worry about seasons, or what your latest hair color affects your wardrobe. Just remember to keep warm or stay cool.



Bella dress in green

Which Colors Look Best on Me? was last modified: May 14th, 2016 by Jen Anderson

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