

Sophisticated Curves

Online Plus Size Clothing Boutique

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Are Plus Size Leggings For Me?

Author: [Jen Anderson](#) • Discussion: [No Comments](#)

It's a bit silly how controversial leggings are. If you want to start a spirited debate, all you have to do is ask someone if they think leggings are pants. (Our take on that one? They're pants if you want them to be. You do you. Though we would caution you to stick with well-made leggings if that's all you're going to wear between your undies and the world. A flimsy, see-through fabric or seams that are likely to rip could betray you at the worst possible moment.)

Plus size women may worry they they're too curvy for leggings, especially if they're thinking of wearing them without a skirt or tunic over them. Again, that's a personal choice. As long as a pair of leggings fits your body without stretching the material thin, you can wear them. What if you're firmly in the leggings-aren't-pants camp? Wear them under skirts. They're warmer than tights, which makes them ideal winter wear. Pair them with boots, and no one will know you're wearing your thickest, warmest socks. When the weather warms up, pair them with sandals or flats. In the Spring, when you're just aching to wear lighter clothing but the weather won't cooperate, you can wear leggings under your favorite sundress without catching a chill.

Sejour Ponte Knit Leggings



Sejour's [Ponte Knit Leggings](#) are exactly what springs to mind when you think of leggings. They're black, stretchy and machine washable. That's the kind of comfort and convenience you want in casual wear.

They run a bit large, so be sure to order a size smaller than usual. (That's great news for women who wear a 4X – the 3X should fit you.) Like all ponte, you shouldn't put these in the dryer. Hang them to dry and they'll keep their looks through countless wearings.

Eileen Fisher Skirted Leggings

Clearly, Eileen Fisher understands women who want to wear leggings, but not as pants. These [Skirted Leggings](#) offer a great layered look. They give you the look of a mini-skirt while keeping you covered up. These leggings make it easy to look stylish – layering looks great, but some days you just don't have the time or energy to mix and match each layer.

Since the skirt and leggings are the same color, you get a polished, put together look that can go from the office to an evening out with friends.

They run large, so order down one size. They're made of rayon, which doesn't do well in the dryer. Hang them to dry to keep them looking their best.



Plus Size Leggings? Really?

Yes, really. You may not be comfortable wearing leggings as pants, but they're still a great layering piece. Leggings are a great addition to any wardrobe. How you wear them is completely up to you.