

2017 SMSA/University/Classical Football Strength & Conditioning/Passing League Schedule

June 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
25	26 Lifting & Conditioning 9:30-11:00	27 Lifting & Conditioning 9:30-11:00 Passing League 4:00 vs Lewis Mills	28	29 Lifting & Conditioning 9:30-11:00 Passing League 4:00 vs CREC	30	

July 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Off	4 Off	5 Lifting & Conditioning 9:30-11:00 Passing League 4:00 vs RHAM	6 Lifting & Conditioning 9:30-11:00 Passing League 4:00 vs Granby	7	8
9	10 Lifting & Conditioning 9:30-11:00	11 Lifting & Conditioning 9:30-11:00 Passing League 4:00 vs Windsor Locks	12	13 Lifting & Conditioning 9:30-11:00 Passing League :00 vs Rockville	14	15
16	17 Lifting & Conditioning 9:30-11:00	18 Lifting & Conditioning 9:30-11:00 Passing League 4:00 vs East Hartford	19	20 Lifting & Conditioning 9:30-11:00 Passing League 7:00 vs Manchester	21	22
23	24 Lifting & Conditioning 9:30-11:00	25 Lifting & Conditioning 9:30-11:00 Passing League 4:00 vs Prince Tech	26	27 Lifting & Conditioning 9:30-11:00 Playoffs TBD	28	29
30	31 Lifting & Conditioning 9:30-11:00					

August 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Lifting & Conditioning 9:30-11:00 Playoffs TBD	2	3 Lifting & Conditioning 9:30-11:00 Playoffs TBD	4	5
6	7 Dead Week	8 Dead Week	9 Dead Week	10 Dead Week	11 Dead Week	12
13	14 Lifting & Conditioning 9:30-11:00	15 Lifting & Conditioning 9:30-11:00	16 Lifting & Conditioning 9:30-11:00	17 Lifting & Conditioning 9:30-11:00	18 Practice #1 TBD	19 Practice #2 TBD
20	21 Practice #3 TBD	22 Practice #4 TBD	23 Practice #5 TBD	24 Practice #6 4:00-6:30	25 Practice #7 4:00-6:30	26 Practice #8 TBD
27	28 Practice #9 TBD	29 First Day of School Practice 4:00-6:30	30 Practice 4:00-6:30	31 Practice 4:00-6:30		