## SCIENCE TO SAGE

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Science & Spirituality Conference

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Vancouver Island, Nanaimo Toursim Nanaimo, BC



## Crystal Tones Alchemy for the Soul

"I have always been acutely aware of the healing power of music, especially the vibrational presence of the human voice.

Music is the universal



language, and our voice, the most personal instrument, directly connected to our heart. I have been blessed to spend my life in the performing arts, enjoying an international career as a singer, teacher and creator of a successful children's foundation. No matter what the style of music, my intention is to inspire the listener to a deeper and richer

experience of sound. As a teacher, it is an honor to guide people to open, embody and anchor their authentic voice, learning to freely express their unique soul signature. I was introduced to Crystal Tones Alchemy Singing Bowls in 2008. Moved by the beauty of the crystalline sounds, I purchased a chakra set of 7 bowls, to open the voice to new resonances, to release blockages, relieve stress and create balance and harmony for myself, my family and my students. I loved the intimacy and long lingering sense of peace from the bowls. My young son loved them too. 'Mommy,' he would say as I tucked him into bed, 'please give me my sound blanket!' And I would play the alchemy bowls and sing to him. He would relax and fall into a precious, deep sleep. Just after his 13th birthday, he made the semifinals of a National Singing contest. A week before the performance, puberty set in and his voice began to drop in pitch. We used the crystal bowls every day to keep his throat open and healthy. The keys of his songs were lowered by a fourth and he sang an amazing 15 minute program. Many boys voices are unstable and awkward during this period of transition, yet the alchemy bowls gave him confidence and the ability to sing fluidly and effortlessly.



In 2017, Jeralyn Glass was the keynote musician and workshop presenter at the National Convention of 'The Compassionate Friends', worked for Beyond Words alongside

**Dr. John Gray**, and performed her high vibrational music for

Marianne
Williamson's New
Years Retreat.

In 2018, she presented the opening concert of the Los Angeles Conscious Life

Expo with Barbara Marx Hubbard.

In Concert June
15, 2018 at the
Science and Spiritually
conference which features
Gregg Braden,
Joe Dispenza,
Bruce Lipton,
Kryon and Lynne
McTaggart.



On March 27, 2015, my life changed forever when I lost my only child, my beloved 19 year old son. I never imagined that one day music would be my emotional stability through such an unimaginable loss. Traversing a path of profound grief, music is the stabilizing force embracing and transforming the anguish.

It was natural for me to gravitate to the mountains which he loved to begin my pilgrimage. I traveled first to Machu Picchu with Dr. Sue Morter, a Master of Bio-Energetic Medicine. My son guided me to her like a shooting star to face the reality of his death on this earthly plane. Through Dr. Sue's loving presence and compassionate wisdom, I began to understand the larger meaning of our souls contract. As a child he wrote to me... "mom, just remember, always let God's light shine on you and you'll see me."

### A Pilgrimage of the Heart: Connecting Beyond Dimensions.



Now he sends me messages of light, be it a rainbow, a beam of light, or a shooting star. As Dr. Sue holds my son's photo, he beams his light like a laser at the top of Huayna Picchu.

The next step of my healing journey took me to the Himalayas

on a Pilgrimage of the Heart. Totally immersed in the Buddhist culture of Northern India, my daily discipline included chanting mantras, embodiment exercises and playing the singing bowls. The sacred sound assisted me in navigating and transmuting the agony of loss. This combination was the alchemy for my soul.

Through the higher vibrations of the Crystal Singing bowls, I am now able to attune myself to an elevated dimension where there is no separation between me and my son. We are in communication in the field of infinite possibilities.

We are made of Sound Vibration and Light.

We are Heaven on Earth.



Why Quartz Crystal?

Ancient tools for our modern culture, vibrational balsam for body and soul. Each bowl is formed from 99.992% high grade pure quartz from North Carolina, then infused with semi precious gems, minerals and metals. The quartz crystal bowls amplify, store, focus, transfer and, most importantly, transmute energy. Quartz is the ultimate vehicle of communication and it's use is widespread in our daily lives.

#### A heart to heart

Beyond the comprehension of my thinking mind, the luminescent pathway transforms the darkness to radiance. Healing frequencies morph the grief to acceptance, gratitude and even joy. Understanding it is all perfect. Keeping one eye on the inside, using breath, meditation and the power of sound to recalibrate my system. Releasing. Receiving. Renewing. Evolving. Eternal.





# Why is Crystal Sound Deeply Healing?

The human body is crystalline in structure, and the quartz crystal may have a deeply healing effect on our organs, muscles, tissues, and cells. Every tone and vibration emanating from the bowls provides a benefit through frequency and sound. Every musical note corresponds to an energy center in our body, aligning and balancing our human system.

Quantum physics teaches that atoms are made of vortices of energy, each radiating its own energetic signature. From the level of an atom to the farthest reaches of the galaxy, everything in creation has a frequency. Every thought and feeling, every organ,

every part of our body has a vibration, even every illness. When the vibration is in harmony with the rest of the body, we experience health. When it lacks harmony, we experience dis-ease.



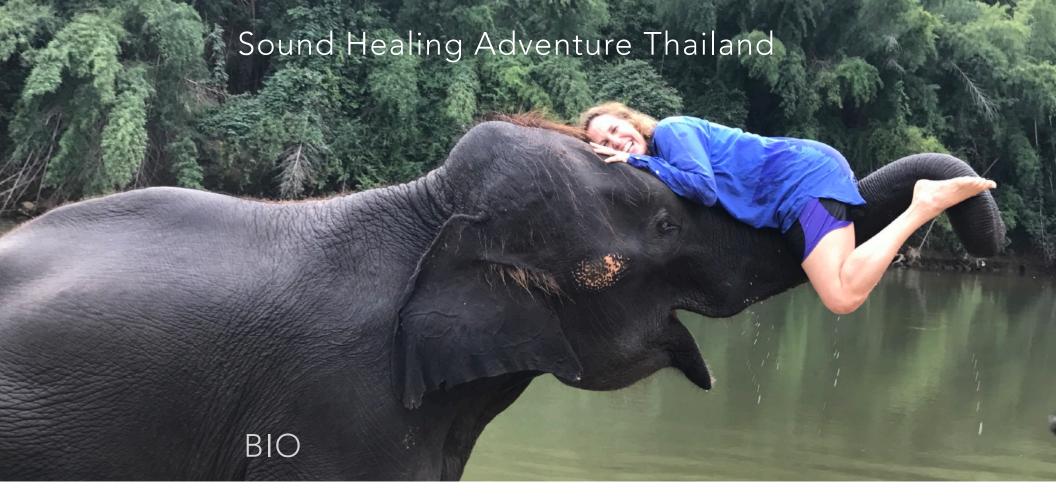
#### "Sound will be the medicine of the future" - Edgar Cayce

The healing power of sound is an ancient art used for thousands of years by the Aborigines to mend broken bones, to the ancient Egyptians for healing and rejuvenation. This lost art is experiencing a revival. Modern medicine is utilizing this modality in clinics, hospitals, hospice care and retreat centers world wide.

Alchemy Crystal Bowls have become one of the most sought after sonic tools and advocated by experts such as Andrew Weil, MD, Dr. Oz, and the late Dr. Mitchell Gaynor who used them in his Oncology practice at the Strang-Cornell Cancer Prevention Center, NY. They are profound tools for transformation and healing. Patients experience tones that open and ignite their brain waves and harmonics that raise their vibration bringing balance and harmony. The high frequency tones have the ability to transmute emotions and dissolve blockages. The crystalline harmonics open synapses and can bringing cleansing, clearing and clarity. They build the energetic circuits to house unconditional love: potent, anchored and integrated.

Jeralyn Glass grew up in a family where service was an integral part of their lives. She has been offering her popular Crystal Alchemy Singing bowl meditation for two and a half years for the national organization, The Cancer Support Community, where "no one faces cancer alone." Sound Healing is currently one of the most requested therapies. The goals include the reduction of stress and pain, deep relaxation, developing self awareness and clarifying personal values.







crystalcadence.com jeralynglass.com **Jeralyn Glass** is an internationally known Singer, Professor, Sound Healing Practitioner, and Crystal Singing Bowl Master Alchemist. She has a unique presence with her personal alchemy of classical music, meditation and high vibrational sound.

She performed on Broadway and on the Opera and Concert stages of the world, and is known as a "Mozart singer of the first order." She sang the National Anthem for over 18,000 people in her hometown of Los Angeles. Jeralyn has written and sung tributes to Kareem Abdul Jabar and Kobe Bryant as well as the former German President Horst Kohler and the former French President Valerie Giscard d'Estaing. Jeralyn established her

classical music career in Europe, singing regularly in France, Spain, Belgium, Holland and Germany. She has performed her "Music of the Heart" with her Crystal Singing Bowls across the United States, and in India, Egypt, Asia and Australia.

Passionate about Music as a tool of self discovery, Jeralyn is the founder of Crystal Cadence, a place for Sound Healing and Transformational Voice Training. She is active in the medical community, working with The Cancer Support Community in California. She is a Musician and Sound Healing Practitioner at Kamalaya, the Condé Nast Gold Wellness Sanctuary in Thailand and is a Dr. Sue Morter Energy Codes Practitioner.

#### **Testimonials**

"As the Program Director at the Cancer Support Community Redondo Beach, I frequently hear from our participants about how one of our classes has impacted them....but nothing as dynamic and passionate as the feedback I hear about Jeralyn's Crystal Alchemy Sound Bowls Class. Our participants tell me it's "magical" and "transformative". They rave about how "they are pain free for that hour", "that they can finally concentrate afterward", and "that all their anxiety and stress floats away". Our participants absolutely love this class for the calming reprieve and relief it brings to cancer."

"I am a cancer survivor of a few years, living a full life. My memory has greatly improved which was severely impacted by chemotherapy."

"I have meditated for 29 years. Nothing prepared me for today's crystal singing bowl meditation. It was unlike anything I've ever imagined. I cannot yet formulate the intensity of what I felt. I do know this. I am no longer afraid of death. I have heard the sweetness of heaven."

"I find the most profound benefit is my ability to relax. Sometimes, I've gone into the session quite stressed and upset. The music and the atmosphere have "overpowered me" even when I've fought against them and kept obsessing about my problems. I've felt myself drawn in and been unable to keep obsessing. By the end of the session, I'm relaxed, refreshed and am able to come up with ideas about how to positively deal with the situation. Thank you for your help in my healing."

"Listening to Jeralyn's singing is like nothing else. I feel things I've never felt before, and understand things I never understood before. Jeralyn is the most emotionally moving musician I've ever heard. The way she incorporates the crystal singing bowls into her music so seamlessly and aesthetically is surprising and beautiful."— Dr. Daniel J. Levitin, neuroscientist, music producer and author of the #1 international best-seller This Is Your Brain on Music

"To hear Jeralyn Glass sing is to hear the colors of sound. Every note paints a picture, an exquisite expression of the beauty in her heart. Hearing Jeralyn sing is a gift of a lifetime." - Jennifer Read Hawthorne, professional speaker, bestselling author, Chicken Soup for the Woman's Soul

Jeralyn's Crystal Cadence sessions are some of the purest and most effective form of musical healing I have ever experienced. The sounds from the bowls do not seem immediately special or powerful, but sit with the vibrations and in minutes your mind will completely shut off. Even if you enter the space with extreme anxiety, obsessive or racing thoughts, Jeralyn facilitates an almost immediate hypnosis - blink and the hour is up. When your mind returns the world feels calmer, stiller. Her professionalism and positive energy is icing on the cake." - Isaac Campbell Smith, Director of Events, Kamalaya, Koh Samui, Thailand. Conde Nast Gold List, World Spa and Wellness Winner 2017 and 2018.



In Concert

Vancouver Island, Nanaimo June 15, 2018 (Friday Evening)