



# Tea Massage

## Initial Client Entrance Form

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Name

Date

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Address

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City

State

Zip

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Phone

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Date of Birth (dd/mm/yy)

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Occupation

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Emergency Contact/Relationship

Contact Phone

Have you ever received a professional massage before?  Y  N

If yes, for what reason?

Wellness /Relaxation

Clinical – To work on specific symptoms/pain relief

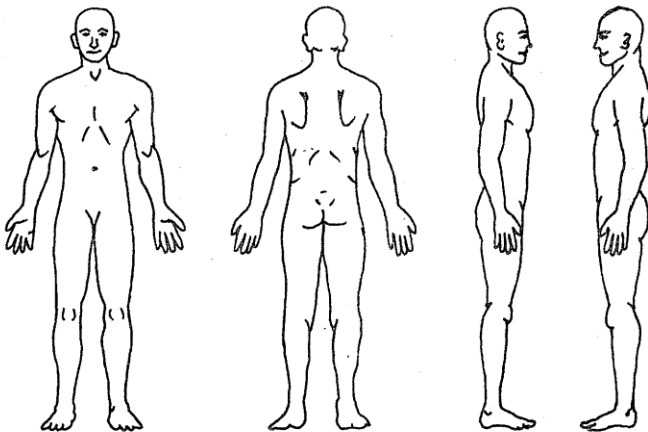
When was your last massage? \_\_\_\_\_

What are your goals for today's treatment? \_\_\_\_\_

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Are you sensitive to touch or pressure in area? \_\_\_\_\_

Please indicate areas you are experiencing pain/discomfort on the diagram below:



**Habits/Lifestyle**

- Tobacco use    high                    moderate    low    n/a
- Drug/alcohol use high                    moderate    low    n/a
- Sugar use        high                    moderate    low    n/a
- Exercise         high                    moderate    low    n/a (# of times/week)
- Sleep per night    less than 4 hours    4-6    6-8     8+

**Medical History**

- Are you currently under the care of a physician for any specific condition? Y N
- Are you currently taking any medications? Y N
- If yes, please provide type and reason \_\_\_\_\_
- Do you have any allergies? Y N
- If yes, please list \_\_\_\_\_
- Are you allergic to nut based oils? Y N
- Describe any surgeries you have had \_\_\_\_\_
- Describe any accidents you have had \_\_\_\_\_
- Any broken bones in the past two years? Y N
- If yes, which bones? \_\_\_\_\_

**Please select any of the following conditions that apply to you**

**Musculoskeletal**

- arthritis/gout
- tendonitis/bursitis
- jaw pain/TMJ
- hernia
- osteoporosis

**Respiratory**

- chest pain
- difficulty breathing
- asthma
- varicose veins

**Skin**

- bruise easily
- rash
- hives/allergies
- enlarged glands
- boils

**Eyes, Ears, Nose & Throat**

- colds/flu
- ear aches/infection/ringing
- sinus infection

**Circulatory/Cardio-Vascular**

- heart condition
- blood clots
- high/low blood pressure
- rapid/slow heart beats
- thrombosis/embolism
- swelling of ankles

**Gastrointestinal**

- irritable bowel syndrome
- bladder/kidney ailment
- Crohn’s disease
- colitis
- ulcers
- liver trouble
- gall bladder trouble

**Urinary/Reproductive**

- blood in urine
  - kidney infection
  - painful urination
  - prostate trouble
  - ovarian/menstrual problems
  - pregnant Y N
- (if yes, please fill out additional form)

**Neurological**

- pinched nerve
- paralysis
- shingles
- numbness/tingling
- dizziness
- headaches
- fainting
- chronic pain
- multiple sclerosis
- Parkinson’s disease

**Psychological**

- anxiety/stress syndrome
- depression

**Other**

- cancer/tumors
- diabetes
- Any other medical condition (s)

Please explain any of the conditions selected:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

I understand that the massage I receive is provided for the basic purpose of relaxation and relief of muscular tension. I understand that the massage I receive is based on the information provided to the massage therapist by me. If I experience any pain or discomfort during the session, I will immediately inform the therapist so that the pressure and/or strokes may be adjusted to my level of comfort. I further understand that massage should not be construed as a substitute for medical examination, diagnosis, or treatment. I understand that licensed massage therapists are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat any physical or mental illness, and that nothing said in the course of the session given should be construed as such. Because massage should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions, and answered all questions honestly. I agree to keep the massage therapist updated as to any changes in my medical profile during today's and all future sessions, and understand that there shall be no liability on the massage therapist's part should I fail to do so. I understand that all children under the age of 17 will be accompanied by an adult. Tea Massage is dedicated to providing a safe and comfortable environment for massage. Please be advised that you will be draped at all times during the massage. Upon the occurrence of any illicit or sexually suggestive behavior the massage will be immediately terminated, and there will be no refund.

I also understand that the License Massage Therapist reserves the right to refuse to perform massage on anyone whom she/he deems to have a condition for which massage is contraindicated. I agree to keep my massage therapist updated on any changes in my medical profile and understand that there is no liability on the part of the therapist should I neglect to do so.

I have read and understand the above guidelines and agree to abide by them.

Client Signature: \_\_\_\_\_ Date \_\_\_\_\_

Practitioner Signature: \_\_\_\_\_ Date \_\_\_\_\_

*Consent to treatment of Minor:* By my signature below, I hereby authorize **Tahirih Klass** to administer massage, or bodywork techniques to my child or dependent as they deem necessary.

Signature of Parent/Guardian: \_\_\_\_\_ Date \_\_\_\_\_