



# Tea Massage

## Health Care Provider's Release for Massage During Pregnancy

To: \_\_\_\_\_ (massage therapist)

\_\_\_\_\_ (patient's name) is under my supervision for prenatal health care. Her pregnancy is progressing normally. Therapeutic massage would, in my opinion, be an acceptable form of adjunctive care during her pregnancy. I have listed below any limitations in massage procedure for this patient.

Limitations:

Signed: \_\_\_\_\_, (prenatal health care provider)

Date: \_\_\_\_\_