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CONTACT: Katie Schnack, (512) 329-5911

Couple provides unique his/her look at infertility

Authors Chris and Michelle Miller give honest, humorous dual perspective in their new book

AUSTIN, Texas – When Austin couple Chris and Michelle Miller began trying to conceive, they didn't think twice about their ability to have a baby. But as the months ticked along with no luck, they realized that if they wanted the family they had always dreamed of, something was going to have to be done. But where to start? And with all the stress, pressures and heartache that comes with infertility, would their marriage survive?

The stats say there was plenty of reason for them to be concerned. A 2013 study shows that couples who fail to conceive with their spouse are three times more likely to get a divorce. Marriage is hard enough, but when you add infertility to the mix, it can be all the more difficult. The Millers are not alone in their journey. Data from Resolve, the National Infertility Association, shows that more than seven million couples in the United States, or one in eight, struggle with infertility.

With a personal understanding of the emotional toils of infertility, the Millers set out to encourage and inform others on the difficult journey in their new book, ***Where Have All the Storks Gone? A His and Hers Guide to Infertility***, (Originato Publishing, Sept 2, 2014). The unique his-her format walks the reader through what it is like for both partners going through the infertility process.

Where Have All the Storks Gone takes readers on a personal journey from the couple's first several months with no luck, to the first visit to the doctor and finally deciding to try in vitro. Together they share an honest account of their experience, all while providing fact-based information and statistics to support couples who may be experiencing the same thing. Through it all, Chris and Michelle keep a lighthearted, humorous tone to remind couples that despite the roller coaster ride, there is still room for joy.

"Michelle and I wanted to give hope to couples experiencing challenges with infertility," Chris says. "We wanted to give them, their family members and friends an informative, insightful picture of what lies ahead."

In *Where Have All the Storks Gone?*, Michelle covers topics like first steps to take after realizing you are fertility-challenged, what to expect during tests and procedures, a list of questions to ask your OB/GYN or fertility specialists, and how to ignore all those comments you wish friends and family kept to themselves. Chris covers things from the man's perspective, touching on topics like ways to deal when your sex life suddenly becomes a baby quest, how to read the results of a semen analysis, and how to keep your sanity and stay married through all the struggles.

Where Have All the Storks Gone? includes a foreword from Dr. Thomas Vaughn, a fertility specialist based in Austin, and founder of the city's first in vitro fertilization program.

Chris and Michelle Miller live in Austin with their three children. After a long-time struggle with infertility, they are passionate about educating and encouraging other couples going through the difficult process. Chris writes screenplays, and he and Michelle are the authors of several children's books. For more information, please visit their parenting site, www.storkparenting.com

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**For more information or to request an interview,
please contact Katie Schnack at (512) 206-0229 or katie@sheltoninteractive.com.**