



Thank  
you

for all the sacrifices  
you are making for the  
health of our community

o o o  
take a moment to focus on

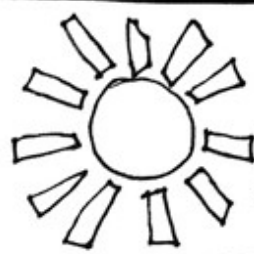
\*YOU\*  
relax • unwind • reflect  
in your

Creativity Journal

*Laurel Oak*

# Time to Plant

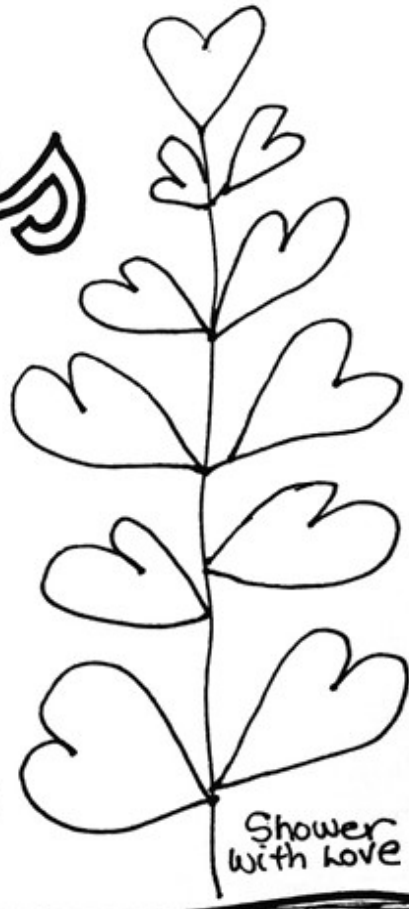
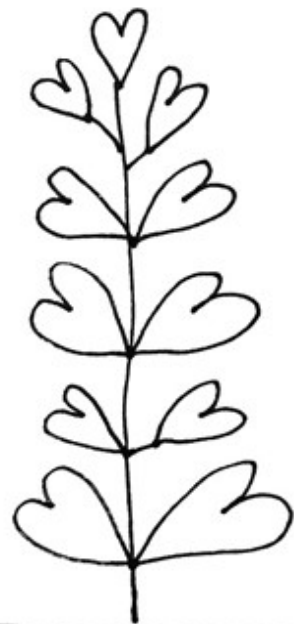
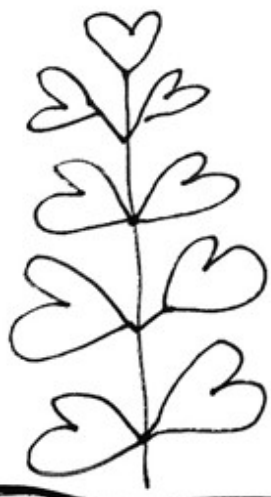
## SEEDS



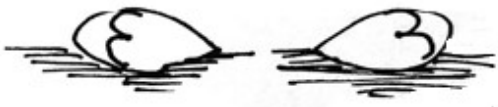
SOW MORE  
REAP MORE

PERENNIAL

## Kindness



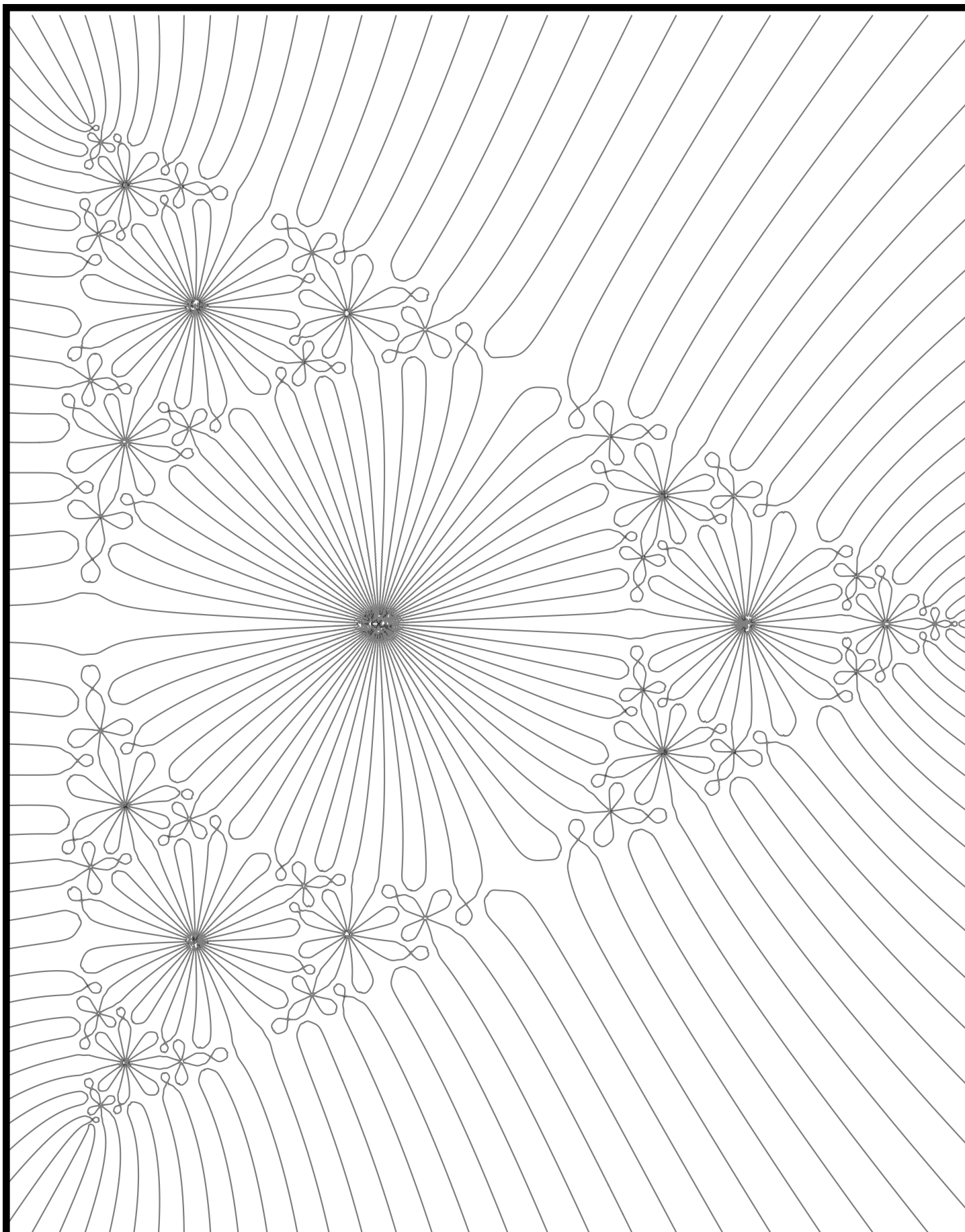
Shower  
with love



© Stone

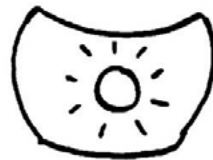
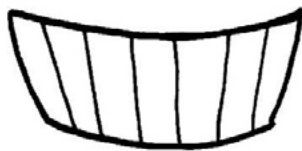
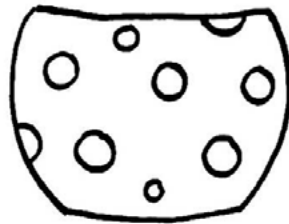
THIS LITTLE  
BIRDIE  
NEEDS SOME :  
eyes, wings,  
legs, a beak,  
maybe a fancy  
hat, or a friend,  
or some flowers -  
I wonder  
what you  
might add?





Created by Julie Barnes and Beth Schaubroeck

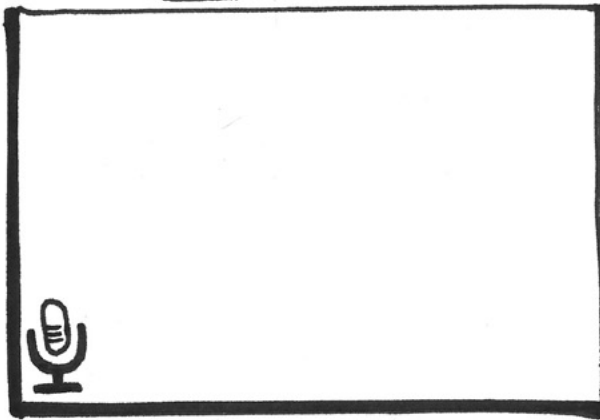
☀️ Fill each pot with a *plant* ☀️



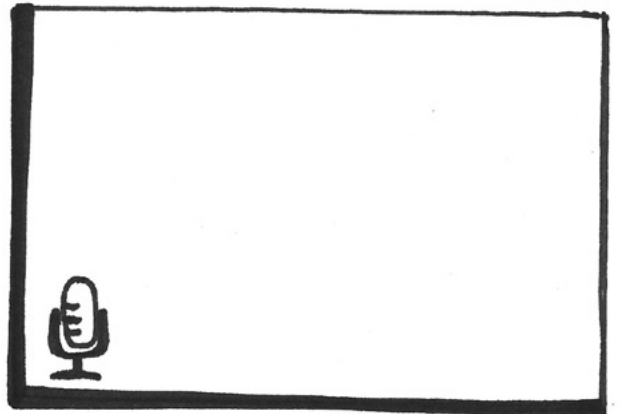
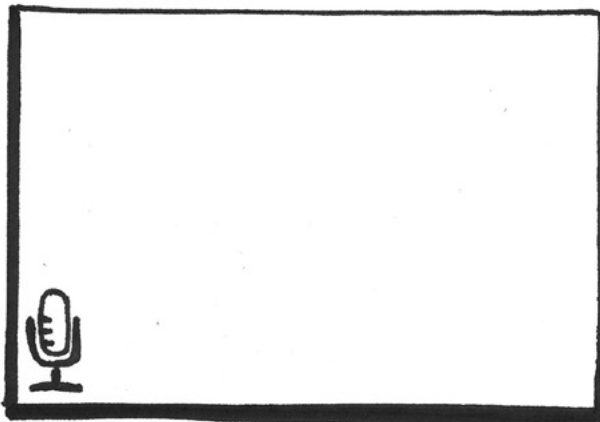
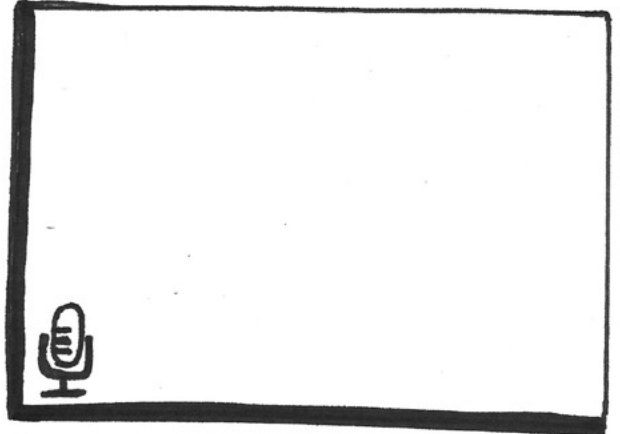
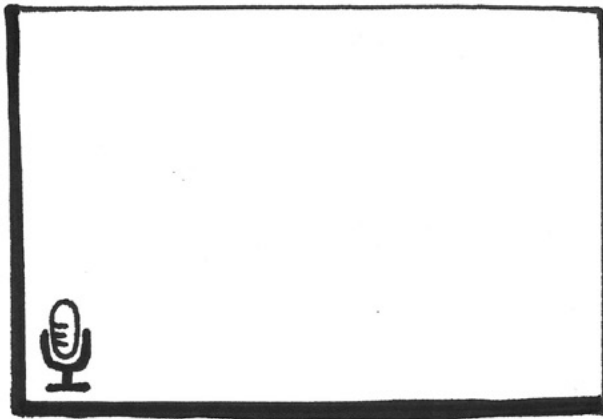
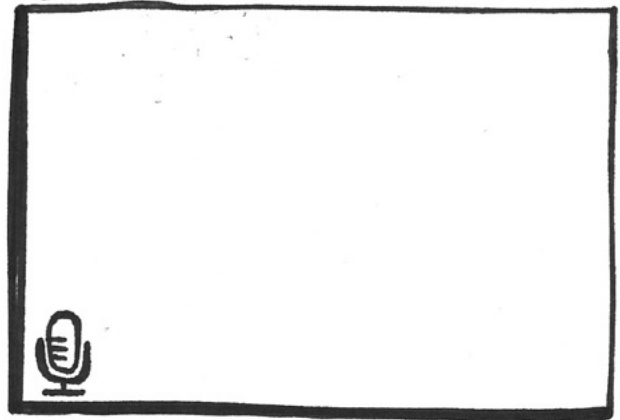
Lauren

# My Fantasy Celebrity ZOOM Meeting

 INVITE



 Manage Participants



Draw 4 things you  
will savor after "Q".



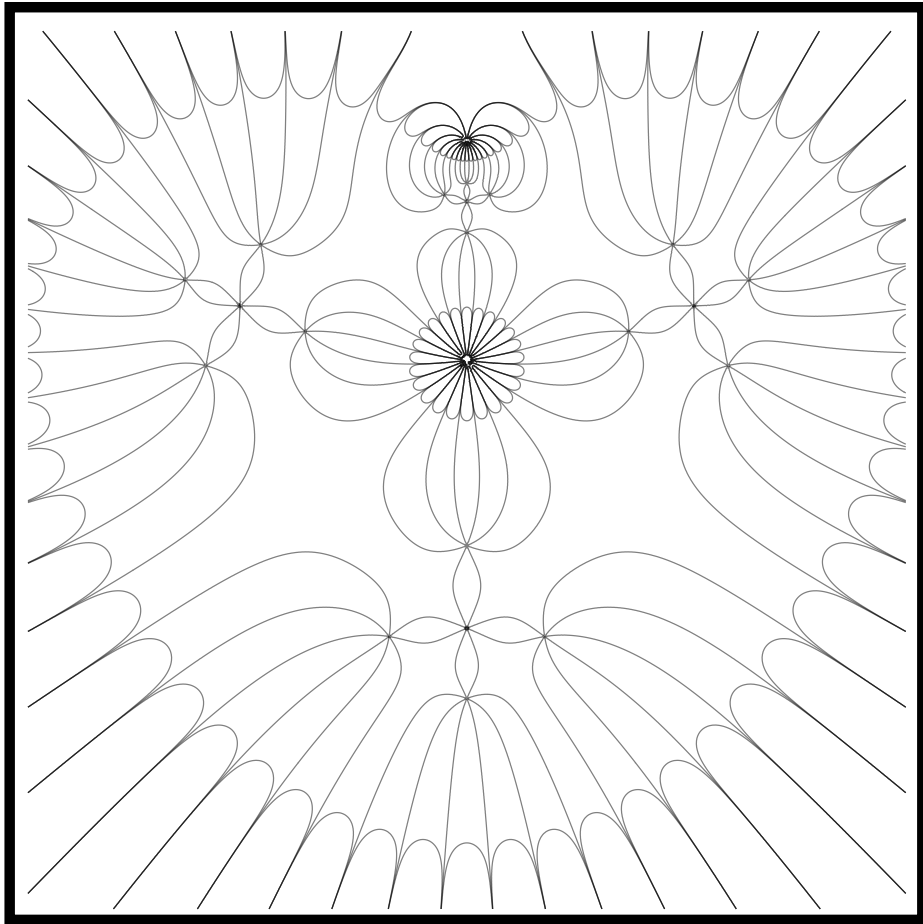
1

2

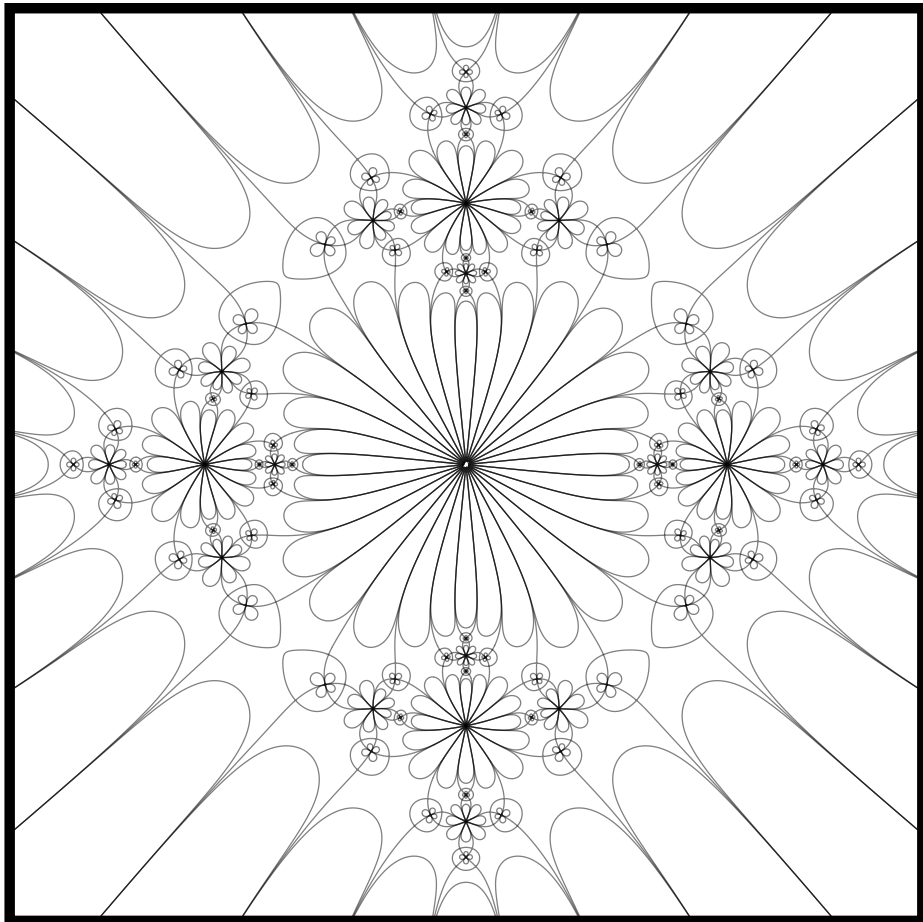
3

4

Lauren [Signature]



Created by Julie Barnes and Beth Schaubroeck







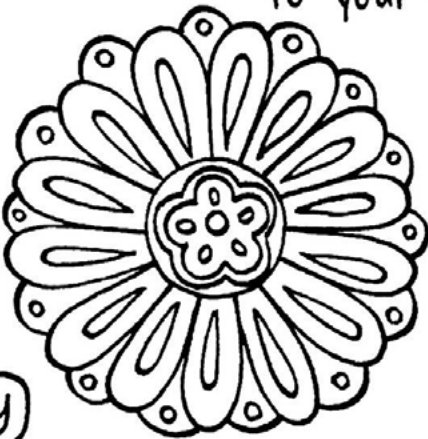
take a moment to  
*reflect on your day*

A picture of my day: ✨

Things I feel good  
about:



fill in the flower according  
to your mood



key



(color)

(mood)



Draw something that  
brings you *joy* ☀️

Lauren Delle



Thank you to artists Lauren Delk, Brandie Stonge,  
Catherine Stone, Mo Madio and Julie Barnes & Beth Schaubroeck  
for sharing your artwork for this Journal.

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Orange Yellow Blue Green



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