

# FEAST & FOREST

TUES-FRI 7AM-3PM  
SAT BRUNCH 9AM-2PM  
FEASTANDFOREST.COM  
FRESH PASTA ON FRIDAYS

BAKERY

CAFE

COFFEE

## BREAKFAST (7AM-2PM)

### BUTTERMILK BISCUIT \$3+

Made fresh daily. Build your biscuit: bacon, sausage, cheddar, scrambled eggs, avocado, tomato, homemade jam

### HOUSE MADE BAGELS \$4

sesame bagel with your choice of chive cream cheese, plain cream cheese or butter and jam (add salmon \$3)

### GRANOLA PARFAIT \$6

housemade *gluten free* granola and fresh fruit, served with greek yogurt, milk or almond milk

### AVOCADO TOAST \$10

sliced avocado, scrambled egg, marinated sweet peppers, chive cream cheese, everything spice blend on pain de mie

### BREAKFAST SANDWICH \$10

locally made ham, cheddar, valentina sauce, scrambled egg on brioche bun w/grits or salad

### QUICHE \$9

spinach, mozzarella, bacon served w/ salad or grits (soup after 11)

### -A LA CARTE- (AVAILABLE UNTIL 11)

Two eggs any way(\$3), bacon (\$2), sausage (\$2.5), grits (\$2) toast+jam (\$2.5), sliced tomatoes (\$1)

## PASTRY CASE

FILLED DAILY WITH HANDMADE TREATS

COOKIES

CROISSANTS

POP-TARTS

BARs AND BROWNIES

BAByCAKES

CAKES BY THE SLICE

## LUNCH (11AM-2PM)

### SAVORY PIE - 'CORNISH PASTY' \$11

hand pies filled with all natural brisket, spinach, and carrots served with pepper jelly dipping sauce and side salad

### KALE CAESAR SALAD \$10

local tuscan kale, shaved butternut squash, caesar dressing pepitas, garlic bread crumbs, pecorino

roasted chicken - \$2  
smoked salmon - \$3  
avocado - \$2

### VEG PLATE-EARLY FALL \$11

'five spice' roasted eggplant, haricot vert, arugula, chickpeas, quinoa, feta, piquillo vinaigrette

### SMOKED SALMON BAGEL \$10

house smoked salmon, whipped feta, radishes, salsa verde on house made bagel with soup cup or salad

### CHICKEN FLATBREAD SANDWICH \$11

bok choy, papalo, roasted scallions, creme fraiche, served on sourdough flatbread

### SOUP OF THE DAY \$3/6

## COFFEE + DRINKS

EXCEPTIONALLY ROASTED BY DAPPER & WISE

DRIP \$2.5

ESPRESSO \$2.5

AMERICANO (HOT OR ICED) \$3.5

MACCHIATO \$3.5

CORTADO \$3.5

CAPPUCCINO \$3.5

LATTE (HOT OR ICED) \$4

SYRUPS : CARAMEL/CHOCOLATE/VANILLA

ALMOND MILK AVAILABLE

CHAI (HOT OR ICED) \$4

HOT TEA \$3

EARL GREY, ENGLISH BREAKFAST, TURMERIC GINGER, PEACH, MINT

HOUSEMADE ROSEMARY LEMONADE \$3