

where i am right now:					
	where i am right now:	where i wish i was instead:	what's stopping me from getting there:	what i can do to overcome this:	what will happen if i keep doing what i've been doing:
spiritually					
physically					
relationally					
vocationally					
economically					

Two immediate steps I will take in regards to these areas (*for example: economically: I will sit down with a Lifegroup leader tomorrow and make a monthly budget so I don't spend so much money at Starbucks; physically: starting today, I will go to the gym for 30 minutes 3 days a week to use the treadmill and to lift weights with my friends.*)

- 1) _____ :
- 2) _____ :